



# GOVERNMENT COLLEGE KASARAGOD

VIDYANAGAR, KASARAGOD, KERALA, 671123

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NAAC 3RD CYCLE ACCREDITATION

## FACILITIES FOR WOMEN ON CAMPUS



# GOVERNMENT COLLEGE KASARAGOD

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## 7.1: INSTITUTIONAL VALUES AND SOCIAL RESPONSIBILITIES

### FACILITIES FOR WOMEN ON CAMPUS

#### Rest Room for Girls



#### Girls Rest Room

Name and Signature of the Principal  
**Dr. Ananthapadmanabha A.L.**

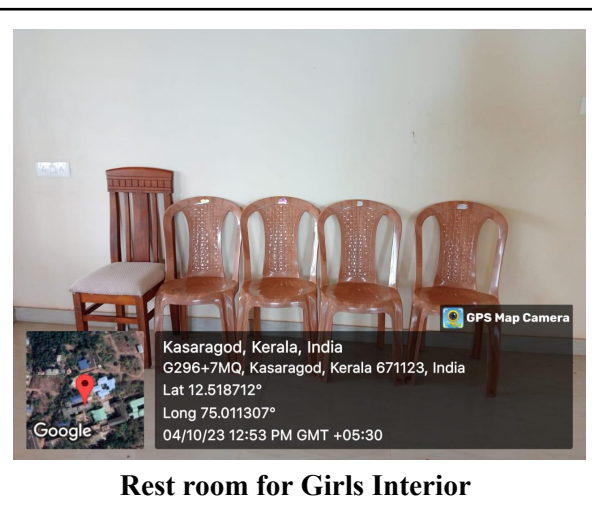


The Girls' Restroom of Government College is designed to provide a clean, comfortable, and safe environment for female users. It is strategically located within the premises for easy accessibility.

Inside, you'll find a row of well-maintained and hygienic toilet facilities and two beds and few chairs as provision to rest. The restroom also features sinks with running water for handwashing, along with soap dispensers.

For added convenience, there are waste disposal bins, sanitary napkin disposal units, sanitary napkin vending machine, and incinerator in designated areas. The restroom is regularly cleaned and maintained to ensure cleanliness and hygiene standards are met.

Overall, our girls' restroom facility is designed to provide a pleasant and hassle-free experience for all users, prioritising comfort, hygiene, and privacy.





Name and Signature of the Principal  
**Dr. Ananthapadmanabha A.L.**

## Sanitary Napkin Vending Machine and Napkin Incinerator

A sanitary napkin vending machine and napkin incinerator are essential facilities provided to promote menstrual hygiene and ensure the well-being of female users.

### Sanitary Napkin Vending Machine:

Our sanitary napkin vending machine is strategically placed within the facility to offer easy access to menstrual hygiene products. The vending machine is regularly stocked and maintained to ensure that users have access to these essential products at all times.

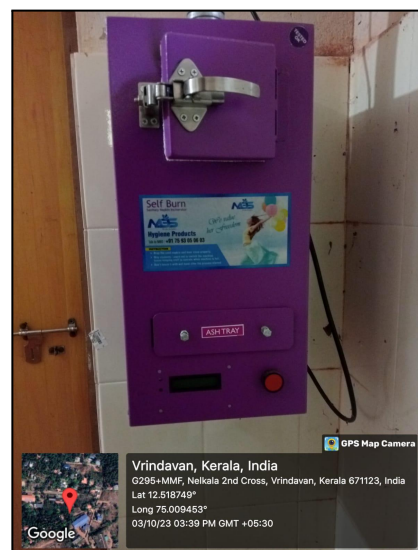
### Napkin Incinerator:

In addition to the vending machine, we have installed a napkin incinerator to facilitate the safe disposal of used sanitary napkins. This incinerator is designed to efficiently and hygienically burn used napkins, reducing the environmental impact and eliminating the need for manual disposal methods. It operates at high temperatures to ensure complete combustion, and the resulting ash is easy to manage and dispose of in an environmentally friendly manner. The incinerator is maintained regularly to ensure its optimal functioning and cleanliness.

Together, these facilities contribute to a comfortable and hygienic environment for our female users, promoting menstrual hygiene and convenience. We are committed to providing essential amenities that prioritise the well-being and dignity of all individuals using our facilities.



Sanitary Napkin Vending Machine



Napkin Incinerator



Name and Signature of the Principal  
**Dr. Ananthapadmanabha A.L.**



## Girls Hostels

There are two Hostels functioning under Government College Kasaragod. The old block of the Lady's Hostel of Government College Kasaragod was established in the year 1969. It was inaugurated on 1st January 1969 by Field Marshal Cariappa. The new block of the Lady's Hostel, established in the year 2016, was inaugurated by Sri. N.A. Nellikkunnu (The then MLA of Kasaragod Assembly Constituency).

The girls' hostels at our college are designed to offer a safe and comfortable living environment for female students pursuing their education. Here's a description of our hostel facility:

**Accommodation:** The hostel provides spacious and well-ventilated rooms that are designed for both privacy and comfort. Each room is furnished with beds, study desks, chairs, and ample storage space for personal belongings.

**Security:** The safety and security of our residents are of utmost importance. The hostel is equipped with modern security systems, including surveillance cameras and secure access controls. Trained security personnel are stationed at the entrance to ensure a safe living environment.

**Dining Facilities:** The hostel has a dedicated dining area where nutritious and hygienic meals are served. We accommodate dietary preferences and ensure that students receive balanced and wholesome food.

**Hygiene and Cleanliness:** We place a strong emphasis on hygiene and cleanliness. The hostel is regularly cleaned and sanitised, and laundry facilities are available for the convenience of residents.

Our girls' hostels are committed to providing a nurturing and supportive environment where students can focus on their academic goals while enjoying a sense of community and safety. We prioritise the well-being and comfort of our residents and continuously strive to enhance their living experience.



  
Name and Signature of the Principal  
Dr. Ananthapadmanabha A.L.





New Block of Girls Hostel



Old Block of Girls Hostel

### Women Cell Complaint Box



Name and Signature of the Principal  
**Dr. Ananthapadmanabha.A.L**

PRINCIPAL  
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KASARAGOD



## JEEVANI - Centre for Student Wellbeing

College life provides a variety of experiences to the students which help in their personal growth and identity achievement. It is the time they start enjoying their rights and freedom, celebrating love and friendship and also become aware about their responsibilities. College days give memories to be passionately cherished and loved. Youngsters with enthusiasm and motivation find their own ways during this period, when they are tested and moulded for the booming future. College life broadens one's horizon, expands social circle and opens the door to find themselves.

However, during this exciting journey, students usually experience stress, which might disrupt their health and well-being. Stepping into the college, the students experience many changes. This transition might pose a significant challenge to their mental health, which involves our emotional, psychological, and social well-being. Mental health can affect the way we think, feel and act. It also helps determine how we handle stress, relate to others, and make choices. All the success that we dream for, comes our way when we think and act with a clear and healthy mind. However, the stress encountered by the students may have a negative influence on their physical, social, emotional, and academic states. The help of a psychologist would be very valuable at this stage. Here comes the relevance of the project Jeevani by the Department of Collegiate Education, Government of Kerala, which focuses on the mental well-being of the students in the government colleges in Kerala.

Project Jeevani intends to improve awareness and promotion of mental health among college students along with ensuring early identification of psychological issues among these students. Addressing age appropriate psychological and social factors are essential in building young people's lives. It is vital to focus on helping young people to develop the skills necessary for managing their conditions. Attending to the issues of these students is of great importance, as it is the period that paves way to the successful lives of the students. The Jeevani counsellor will be with the students in their journey in college, sharing their joys and sorrows, helping them with their pains. Such a psychosocial help would definitely prove to be of immense benefit to the students. This will be a milestone as far as the state of Kerala is concerned, and this can also be a model for other states in the area of mental health.



  
Name and Signature of the Principal  
**Dr. Ananthapadmanabha A.L.**





Display boards of Jeevani Center



Jeevani Center



*[Signature]*

Name and Signature of the Principal  
**Dr. Ananthapadmanabha.A.L**

