



GOVERNMENT COLLEGE KASARAGOD

VIDYANAGAR, KASARAGOD, KERALA, 671123

www.gck.ac.in



NAAC 3RD CYCLE ACCREDITATION

**REPORT OF EXTENSION ACTIVITIES
CONDUCTED DURING 2020-21**



GOVERNMENT COLLEGE KASARAGOD

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Extension and Outreach Programmes conducted by the institution - 2020-21

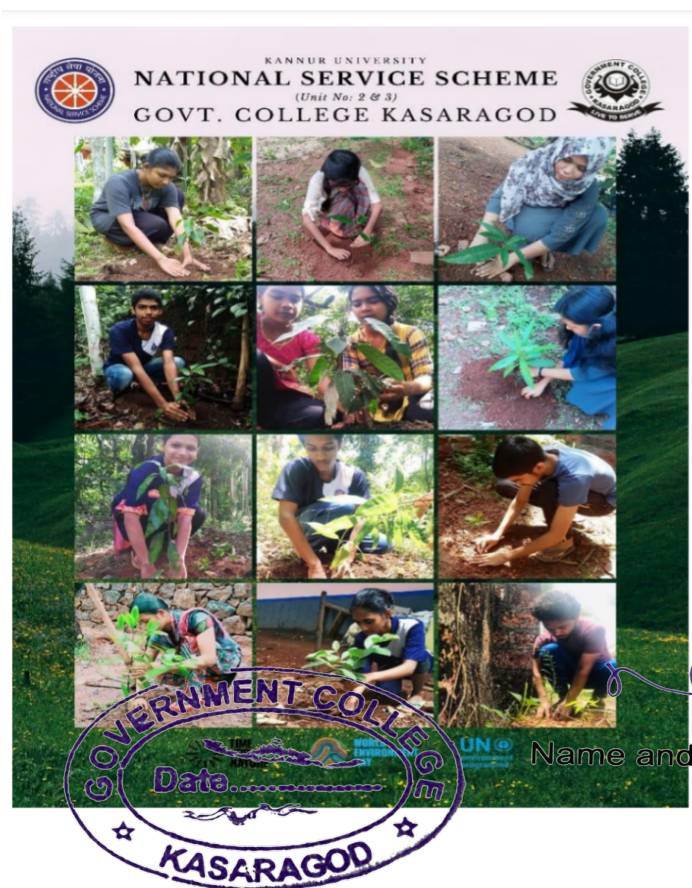
NSS ACTIVITIES ANNUAL REPORT OF 2020-2021

JUNE 2020

05/06/2020

ENVIRONMENT DAY OBSERVED

As part of celebrating world environment day, NSS units of our college organised a tree planting program including the volunteers. Considering the present scenario, the volunteers planted trees in their home surrounding itself.



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19/06/2020

READING DAY OBSERVED

NSS units 02 & 03 of Government College Kasaragod observed the Reading day by organising an online debate competition for the students of our college. The topic of debate was Pros and Cons of online education. The debate was really helpful to understand the current scenario and to suggest the way forward. Many of the participants supported the online education system in the background of the outbreak of COVID-19. But they also came up with constructive criticism since the right to education is a fundamental right and shall not be denied to anyone under any circumstances.

21/06/2020

INTERNATIONAL YOGA DAY OBSERVED

NSS units 02 & 03 of our college cordially celebrated the international yoga day by conducting various programs. Under the Fit India campaign we conducted a one month lasting yoga training in our college during January of this year. By then, our volunteers were practising yoga as their daily routine. Other than this, we also conducted an online webinar based on the importance of Yoga in everyday life. The webinar was led by Smt Vrinda, a research faculty in Central University, Periya.



NATIONAL SERVICE SCHEME
UNIT NO: 2 & 3
GOVT. COLLEGE KASARAGOD

**YOGA DAY
WEBINAR**

ON
INTERNATIONAL DAY OF YOGA!

Vrinda
AYURVEDIC PHYSICIAN
YOGA THERAPIST

JUNE 21, 2020

GOVERNMENT COLLEGE KASARAGOD

Date:

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Dr. Ananthapadmanabha A.L.

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26/06/2020

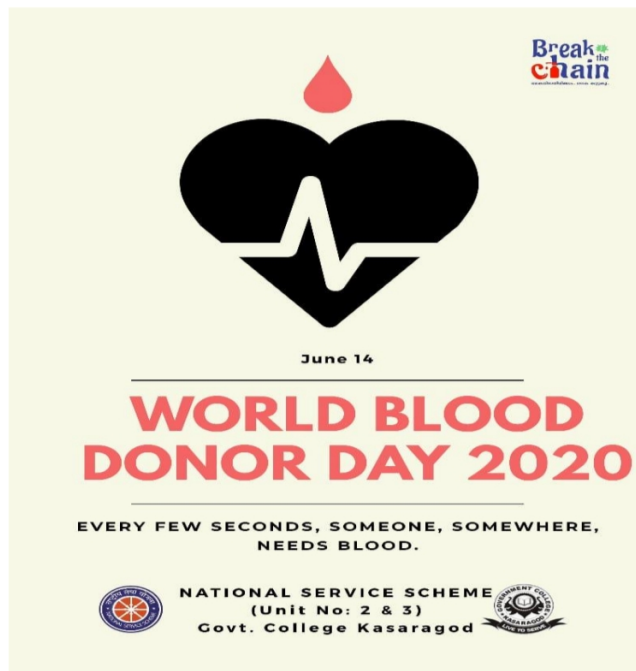
ANTI DRUG DAY OBSERVED

As part of World Anti Drug Day observation, NSS units of our college organised an awareness program regarding the adverse impacts of substance abuse. Volunteers made placards which raise voices against drugs and put them as their whatsapp and Instagram status. Along with this, a cartoon drawing competition was also organised on the topic – substance abuse during pandemic.



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JULY 2020

	
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AUGUST 2020

15/08/2020

INDEPENDENCE DAY CELEBRATED

As part of celebrating the 74th independence day of our nation NSS Units 02 & 03 of Government College Kasaragod organised a face painting competition for the students of Kannur university. Participants enthusiastically painted the faces with tricolour and sent their photographs to the NSS.



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19/08/2020-22/08/2020 & 19/09/2020-23/09/2020

SANNADHASENA ONLINE TRAINING

Volunteers from our college enrolled their name in the Sannadhasena to take up various social responsibilities and to help the people at the time of disaster and crisis through voluntary works. As part of this training from the experts in disaster and crisis management were provided to the volunteers by the Sannadhasena on the above dates. Volunteers were given online classes about CPR, improvised devices, and emergency kit .



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SEPTEMBER 2020

24/09/2020

NSS DAY CELEBRATED

As part of celebrating the NSS Day, NSS Units 02 & 03 of Government College Kasaragod organised a blood donation drive in the district blood bank. Around 20 volunteers came forward to donate their blood in this stressed situation of a pandemic outbreak. The District blood bank of Kasaragod Government Hospital authorities appreciated our drive amid a pandemic awe and also thanked us since they were going through a shortage of blood donors due to the unexpected virus.

26/09/2020

ANTI SUICIDE AWARENESS PROGRAM

In association with the Nila foundation, an awareness class regarding how to get rid of suicidal thoughts were organized by the NSS Units 02 & 03 of Government College Kasaragod. The program started with lighting a candle near the window, because most of the person who is going through suicidal thoughts spends 1 or 2 minutes in the window by looking outside prior to the attempt of suicide. So we just wanted to light up our windows and symbolically light up our lives and look forward. State Transgender Justice Board Member Smt Surya Ishan joined the online session as the chief guest.

OCTOBER 2020

02/10/2020

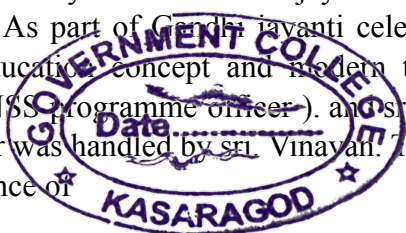
WEBINAR ON LOCKDOWN ACTIVITIES.

Kannur university NSS cell organised a university level webinar showcasing the various activities carried out by NSS volunteers belonging to various colleges during the lockdown. The webinar appreciated all those little things that are done during such a situation which was unprecedented. The webinar also provided time for experience sharing sessions by the university and state award winners of this year.

02/10/2020

GANDHI JAYANTI OBSERVED

Celebrating 151 years of Gandhi jayanthi by NSS Units 02 & 03 of Government College Kasaragod. As part of Gandhi jayanti celebration WEBINAR was conducted on the topic ' Gandhi's educational concept and modern times'. Welcome speech was delivered by Smt. Sujatha s (NSS programme officer -), and Sri. Asif Raza Kulkarni (NSS programme officer). The webinar was handled by Sri. Vinayan. T (Best NSS officer state award winner), conveyed life importance of



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03/10/2020

NATURE DAY OBSERVED

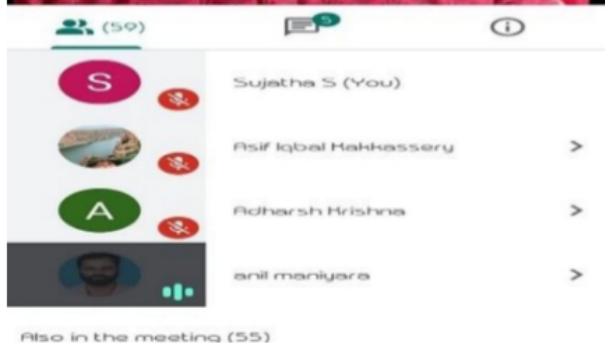
NSS Units 02 & 03 of Government College Kasaragod celebrated nature day by organising an inauguration session of the programme 'oru thadam natti' (organ forming at house). Welcome speech was delivered by Adharsh krishna (Nss secretary). The programme was presided by sri. sri iqbal Kakkasey (NSS programme officer). Inauguration was done by Sri Anil manojra (lecture DICT maynadi) Within the limited time the Principal could convey about different varieties of crops. Vote of thanks was delivered by Anahga. K



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(Nss secretary). Smt Sujatha. S (NSS programme officer) with many volunteers participated in the online inauguration session. Within the limited facilities of online platform sir could convey about different varieties of crops. Vote of thanks was delivered by Anagha. K (NSS secretary). Smt Sujatha. S (Nss officer with many volunteers participated in the online inauguration session.





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05/10/2020

WORLD TEACHERS DAY OBSERVED

NSS units 02 and 03 of government college Kasaragod celebrated world teachers day. Volunteers of different departments conveyed their wishes through posters for being a way to their goal.



06/10/ 2020

ARDRAVANI REGISTRATION

Volunteers of nss units 02 & 03 of government college Kasaragod registered in Ardravani, a covid defence data collecting programme through phone calls. About 35 volunteers were willing for this data collection programme

07/10/2020

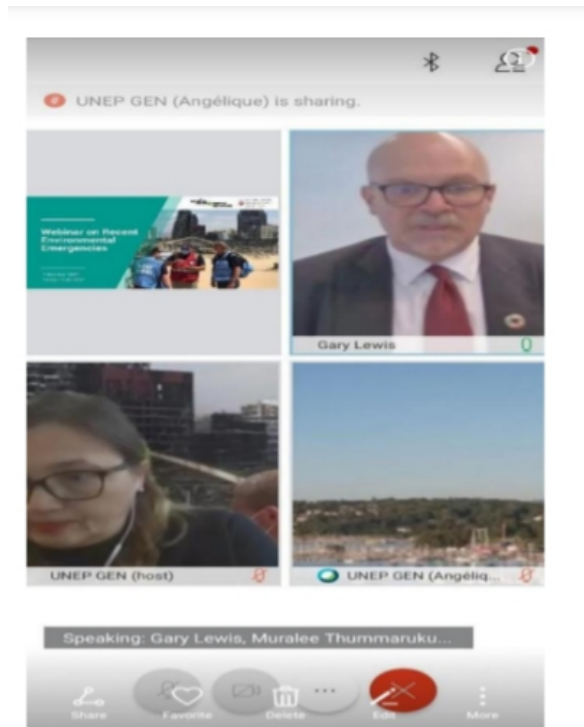
WEBINAR ON RECENT ENVIRONMENT EMERGENCY

NSS units 02 & 03 of government college Kasaragod participated in a webinar conducted by the UN environment programme on the topic 'Recent environmental emergencies in beirut and mauritius'. About 15 volunteers participated in the online session, which also discussed environmental challenges of covid-19 pandemic.



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08/10/2020

NSS HELP DESK

Nss units 02 & 03 of government college Kasaragod created a help desk on behalf of UG Kannur university admission. The help desk is working from 9.30 to 4.00 with two volunteers from 08/10/2020 - 21/10/2020




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10/10/2020

WORLD MENTAL HEALTH DAY CELEBRATED

Nss units 02 & 03 of government college Kasaragod celebrated world mental health day by conducting a webinar on the topic physio psycho impact on covid 19. The programme was presided by Smt. Sujatha. S(Nss programme officer). The webinar was handled by Dr. Nivil Md(AY), (Nss programme officer vishnu ayurveda college Shornur). Sir made us aware of the symptoms and after effect of covid 19. About 72 volunteers participated in the online session. Along with sri. Asif Iqbal kakkassery(Nss programme officer). Vote of thanks was delivered by sushama(Nss volunteer)



10/10/2020

WORLD MENTAL HEALTH DAY CELEBRATED

Nss units 02 & 03 of government college Kasaragod along with college of agriculture Padannakkad celebrated world mental health day by organising a webinar and online quiz on the topic mental health. Welcome speech was delivered by Navya Mohan (Nss volunteer), the programme was presided by sri. Asif Iqbal kakkassery(Nss programme officer). The session was handled by Dr. Rahmathulla. k (medical officer). with in the limited facilities of online platform sir made us aware about various mental disorder and its symptoms. At the end of the session the winners were congratulated. Along with this an interactive session was organised. vote of thanks was delivered by Adarsh Krishnan. A (NSS volunteer). About 100 Volunteers from government college Kasaragod and college of agricultural Padannakkad along with Smt. Sujatha S (Nss programme officer) participated in an online webinar.



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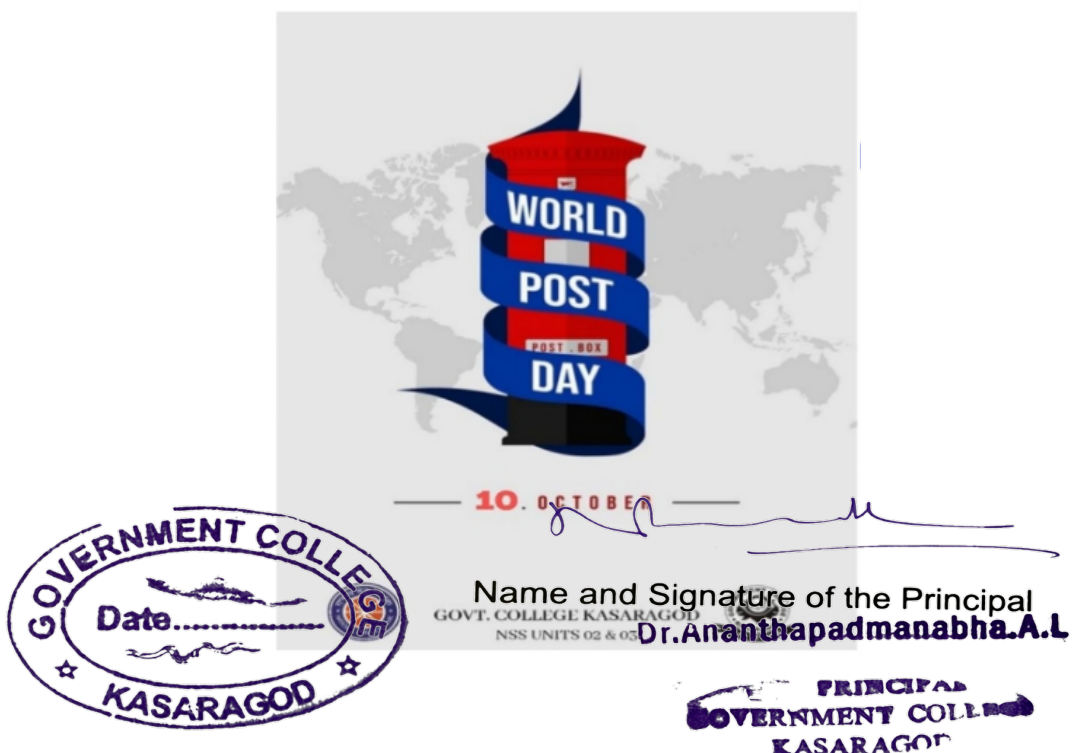
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10/10/2020

WORLD POSTAL DAY CELEBRATED

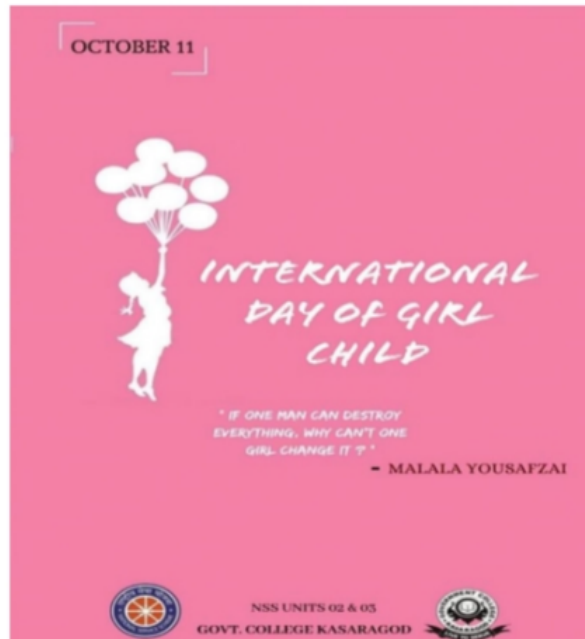
Nss units 02 & 03 of government college Kasaragod celebrated national postal day. The volunteers were asked to write a letter to their beloved once and take a photo when the letter is being posted. About 60 volunteers sent letters.



11/10/2020

INTERNATIONAL DAY OF GIRL CHILD

Nss unit 02 & 03 of government college Kasaragod celebrated International day of girl child by showing film hidden figures through online platform telegram. Volunteers were asked to write the review of the film through google form.



15/10/2020

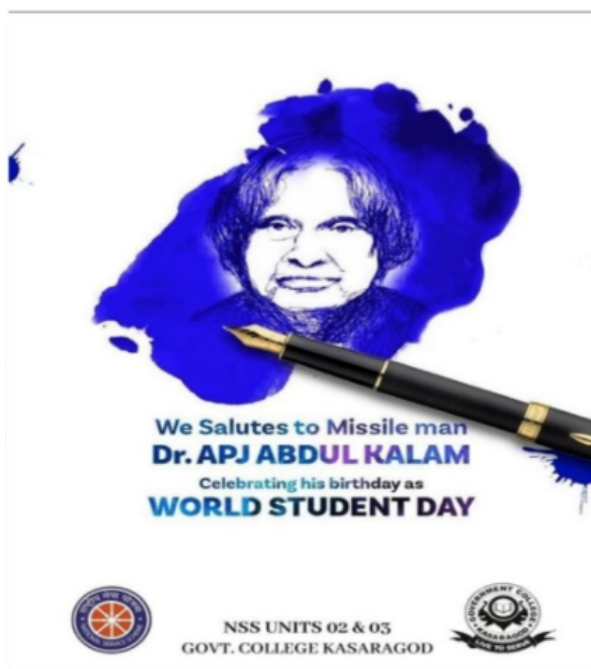
WORLD STUDENTS DAY CELEBRATED

Nss units 02 & 03 of government college Kasaragod celebrated world students day by conducting an awareness class on the topic influence of covid 19 in society and education. The programme was presided by sri. Asif Iqbal kakkassery(nss programme officer). Welcome speech was delivered by Smt. Sujatha. S(nss programme officer). The class was handled by sri. Nirmal Kumar(2018 state award winner for best teacher). It was an interactive session about the changes in life during covid pandemic. He discussed the covid lifestyle of the common people in our society by sharing so many stories. Which really inspired the volunteers. About 75 volunteers participated in the session. Vote of thanks was delivered by sneha krishna(nss volunteer).



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16/10/2020

WORLD FOOD DAY CELEBRATED

NSS Units 02 & 03 of Government college Kasaragod celebrated world food day. The volunteers were asked to prepare posters on the topic of food safety and were asked to take photos.

17/10/2020

NATIONAL POSTAL DAY CELEBRATED

NSS Units 02 & 03 of Government College Kasaragod celebrated national postal day on 10/10/2020. The volunteers were asked to write a letter to their beloved once and take a photo when the letter is being posted. About 25 volunteers sent letters.

20/10/2020

WORLD CHEF DAY OBSERVED

NSS UNITS 02 & 03 of Government College Kasaragod celebrated world chef day by conducting a cooking competition among the volunteers on the topic '*nadan vibhavam*' and were asked to shoot the video of cooking. About 11 Volunteers participated in the competition. The winners were Sibha. V and Vinaya. R. Signatures of the winners were congratulated.



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24/10/2020

UNITED NATIONS DAY OBSERVED

NSS UNITS 02 & 03 of Government College Kasaragod celebrated United Nation day by conducting a quiz. Along with this a cleansing session was also conducted in the college. Many volunteers participated in the cleaning and quiz competition. The winner is Sneha. M was congratulated along with the participants.

25/10/2020

NATIONAL ARTISTS DAY CELEBRATED

NSS Units 02 & 03 of Government College Kasaragod celebrated national artists day by conducting a competition among volunteers. The volunteers were asked to prepare art using vegetables only. About 11 Volunteers participated. The winners Akhila. M and Anagha. M were congratulated along with the participants.

28/10/2020

VIGILANCE AWARENESS WEEK CELEBRATED

NSS UNITS 02 & 03 of Government College Kasaragod celebrated vigilance awareness week. The volunteers were asked to send a photo of pledging the pledge and video was released by using these photos.

31/10/2020

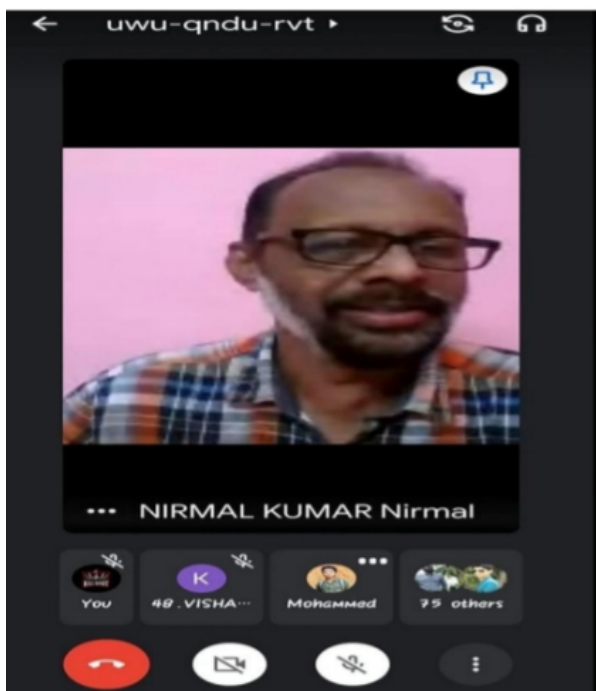
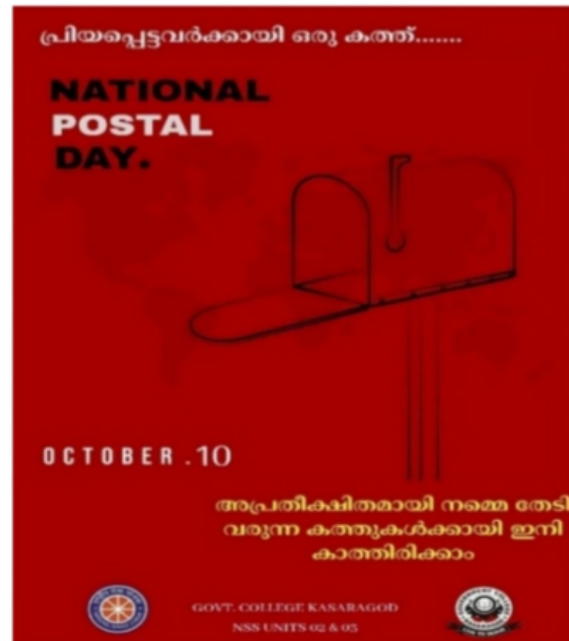
NATIONAL UNITY DAY AND NATIONAL PLEDGE DAY OBSERVED


NSS Units 02 & 03 of government college Kasaragod celebrated national unity day and pledge day. On behalf of the death anniversary of Indira Gandhi, 2 minutes silence was observed and pledged the pledge in google meet and on behalf of birth anniversary of Sardar valabhai Patel the volunteers were asked to send a photo of pledging the pledge of national unity day. About 32 Volunteers participated.1.



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POST A LETTER CHALLENGE

10/10/2020
ശനി


പ്രിയരേ,

കുതുകൾ കാണാമറയത്തായ കാലത്ത് വീണ്ടും ഒരു തപാൽ ദിനം. വാട്സ്ആപ്പ് ന്റെയും ഫേസ്ബുക് ന്റെയും വരവോടെ കുതുകൾ കാണാമറയത്തയെങ്കിലും പഴയ ഇൻലൻഡ് സ്മരണകൾക്ക് ഇപ്പോഴും പുതുഗന്ധം. ചുവന്ന പെട്ടിയെ ഓർക്കാൻ ഒരു ദിനം.

നഷ്ടപ്പെട്ടു തുടങ്ങിയ കത്തെഴുത്തിന്റെ കാലത്തിലേക്ക് നമുക്കൊരിക്കൽ കൂടി തിരിച്ചു പോകാം . എഴുതാം നമ്മുടെ പ്രിയപ്പെട്ടവർക്കായി ഒരു കത്ത്.

ഒരു ആഴ്ചക്കുള്ളിൽ കത്തെഴുതി നിങ്ങളുടെ പ്രിയപ്പെട്ടവർക്ക് അയക്കുക. അപ്രതീക്ഷിതമായി നിങ്ങളെ തേടിവരുന്ന കുതുകൾക്കായി ഇനി കാത്തിരിക്കാം.

എന്ന്
സസ്മേഹം



NSS UNITS 02 & 03
GOVT. COLLEGE KASARAGOD





UN-DAY QUIZ COMPETITION

WINNER



SNEHA M
2ND BSC BOTANY



NATIONAL SERVICE SCHEME
UNITS NO 02 & 03
GOVT. COLLEGE KASARAGOD



#COOKING COMPETITION

Winner

1ST PRIZE



SIBINA.V
2ND BA MALAYALAM

2ND PRIZE



VINAYA.K
2ND BSC PHYSICS



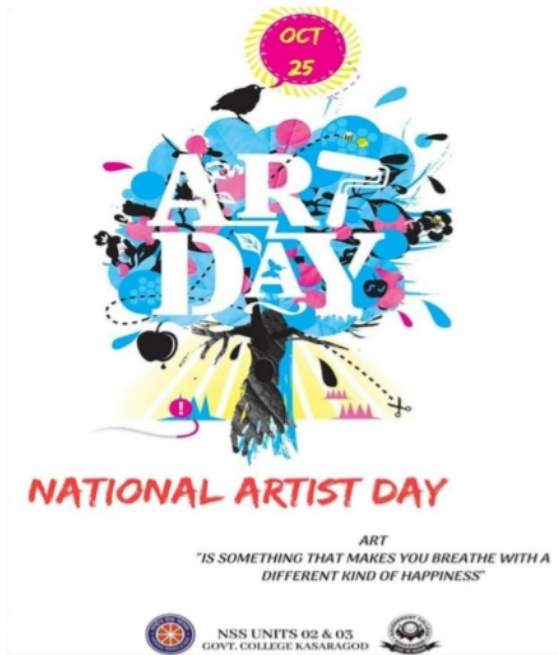
NSS UNITS 02 & 03
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NOVEMBER 2020

01/11/2020

64th KERALA PIRAVI DAY CELEBRATED

NSS Units 02 & 03 of Government College Kasaragod celebrated Kerala Piravi Day by asking the volunteers to prepare a description about different historical places in Kerala as ppt. About 100 volunteers participated.

04/11/2020

30TH DAY CELEBRATION OF ORU THADAM NATTI

On behalf of nature day an innovative house farming programme was conducted. About 58 volunteers participated.

05/11/2020

WORLD TSUNAMI DAY OBSERVED

NSS Units 02 & 03 of Government College Kasaragod celebrated world tsunami day by conducting a poem writing competition on the topic '*Kadal Kavarnna Swapnangal*'. About 14 volunteers participated and the winners Vismaya.P.P. and Vidyakumari. N were congratulated along with the participants.

07/11/2020

NATIONAL CANCER AWARENESS DAY CELEBRATED

NSS Units 02 & 03 of Government College Kasaragod celebrated national cancer awareness day by conducting a webinar. The webinar was handled by Sri. Dr karthik K.S(consultant surgical oncologist) discussed different types of cancer and treatment. There was an interactive session at the end. About 72 Volunteer participated in the online session.



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09/11/2020

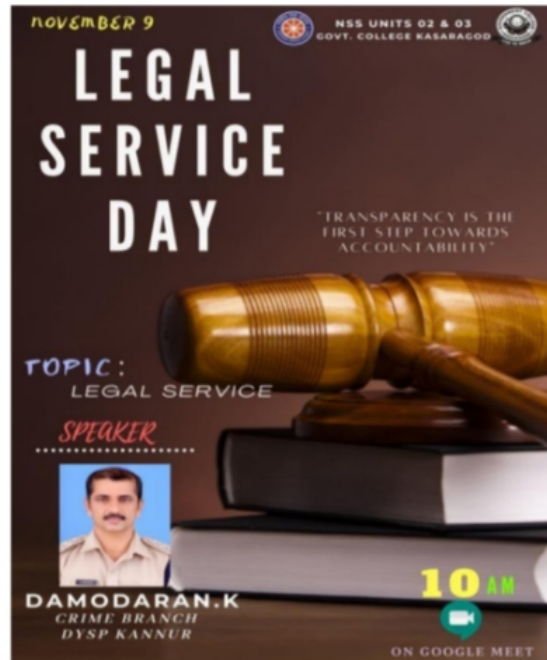
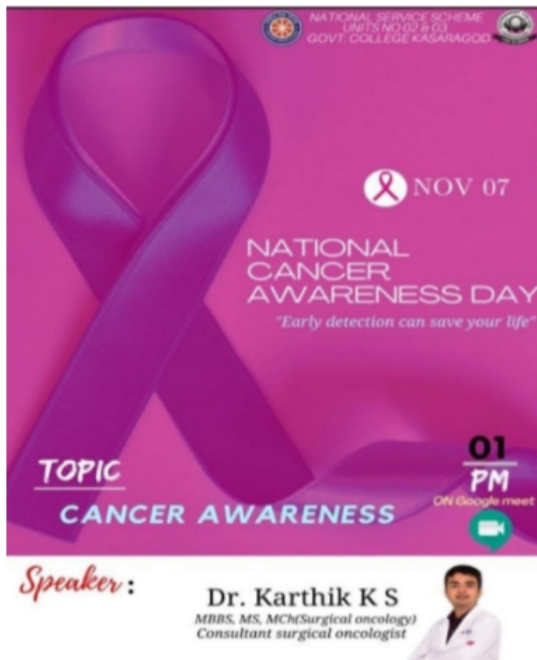
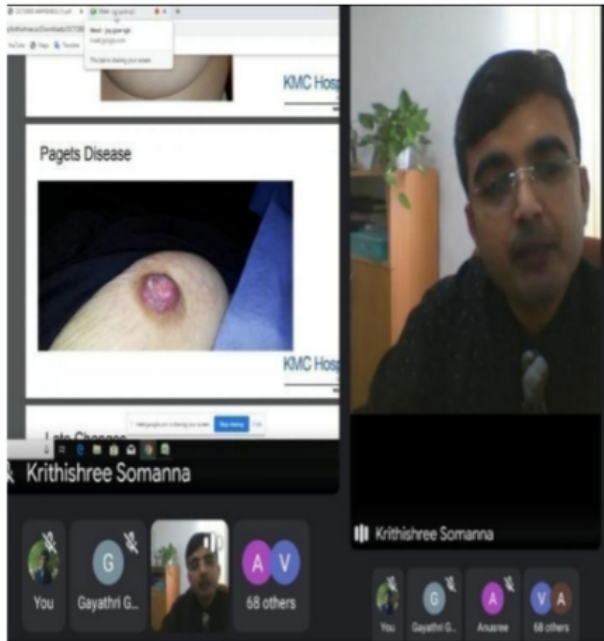
LEGAL SERVICE DAY OBSERVED

NSS Units 02 & 03 of Government College Kasaragod celebrated legal service day by conducting an awareness class on the topic 'Legal Service' by Kannur crime branch DYSP Sri. Damodaran. Within the limited facilities of online platforms, sir made us aware about the importance of legal service day. About 72 volunteer participated.



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12/11/2020

UTTARAM QUIZ COMPETITION

An online quiz competition for college students was conducted by Kerala AIDS control society on 11/11/2020. Volunteers of NSS units 02 & 03 of Government College Kasaragod participated and got first prize in district level competition and was selected for state level. Sneha. M and Mohammed Inas were congratulated for the achievement.



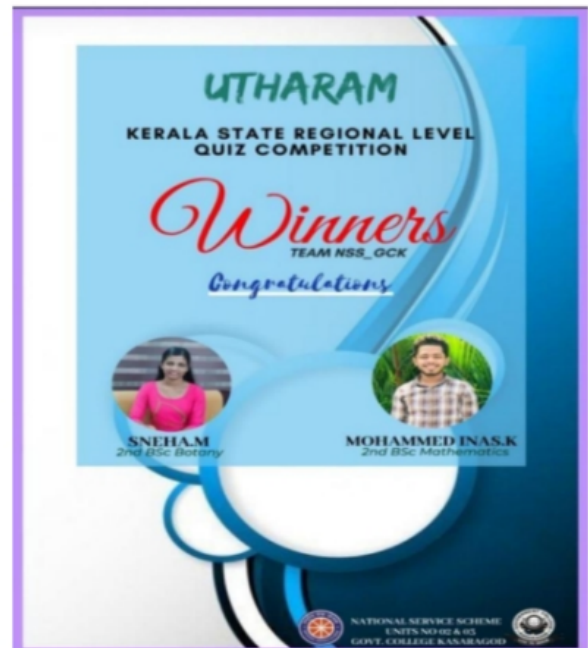
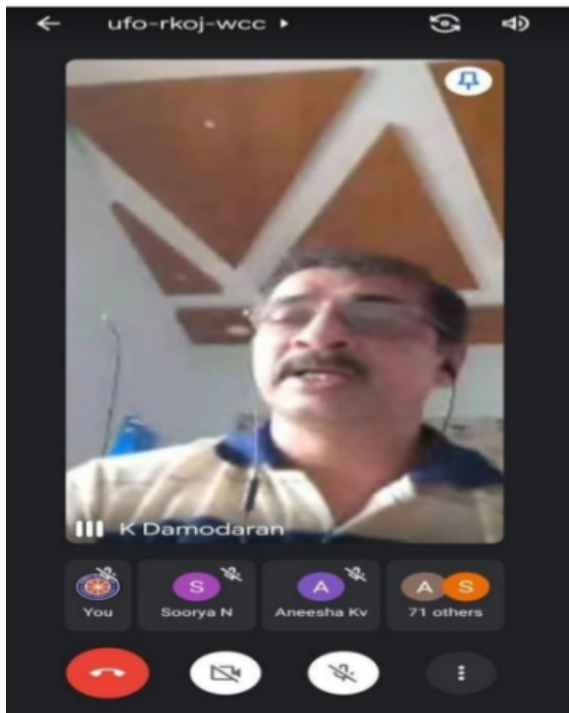
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14/11/2020

CHILDRENS DAY CELEBRATED

NSS Units 02 & 03 of Government College Kasaragod celebrated Children's Day by conducting a competition for children up to 10 years old. The children who were interested were asked to send a video of singing songs up to 2 minutes.



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18/11/2020

NAMUKKU KAIKORKKAM PROGRAMME WAS CONDUCTED

NSS Units 02 & 03 of Government College Kasaragod collected money for the treatment of the father of Athira, a 3rd year student of Government College Kasaragod who is suffering from cancer.

21/11/2020

WORLD TELEVISION DAY CELEBRATED

On behalf of world television day NSS Units 02 & 03 of Government College Kasaragod volunteers were asked to take a video of reading news by making reports on topics such as blood donation campaigns 'oru thadam natty', 'changathi' programme held at collectorate Kasaragod. About 20 volunteers participated.

23/11/2020

HAIR DONATION CAMPAIGN

NSS Units 02 & 03 of Government College Kasaragod conducted a hair donation drive at the college auditorium. About 20 people along with the volunteers donated their hair. These hairs were donated to the people suffering from cancer through the Hair Bank.

25/11/2020

INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN CELEBRATED

NSS Units 02 & 03 of Government College Kasaragod celebrated International day for elimination of violence against women. The volunteers were asked to prepare a pluck card and take a photo under the light of a candle. A webinar was conducted by Kannur university NSS cell at 7 pm on the topic '~~linga padaviyum adhikramangalude samoochika manashasavum~~' The webinar was handled by Smt. Dr. Sujatha Susan George



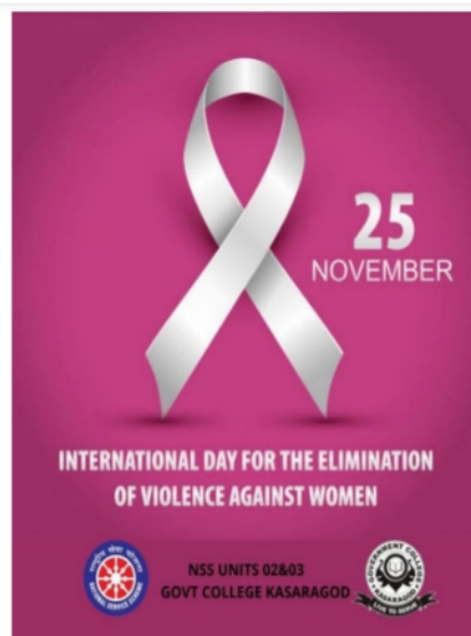
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26/11/2020

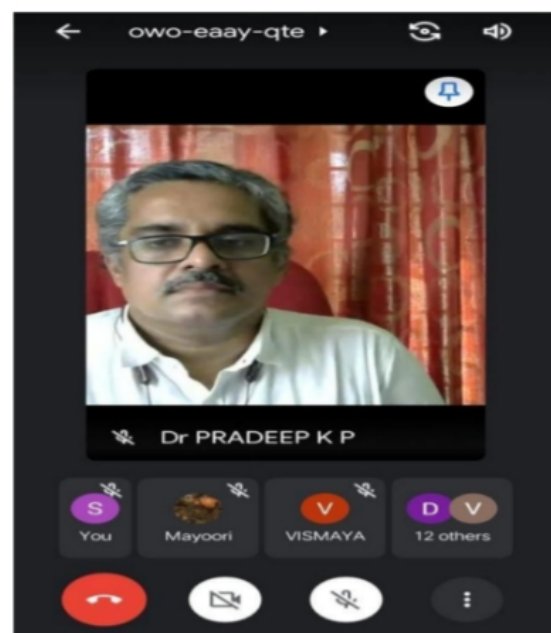
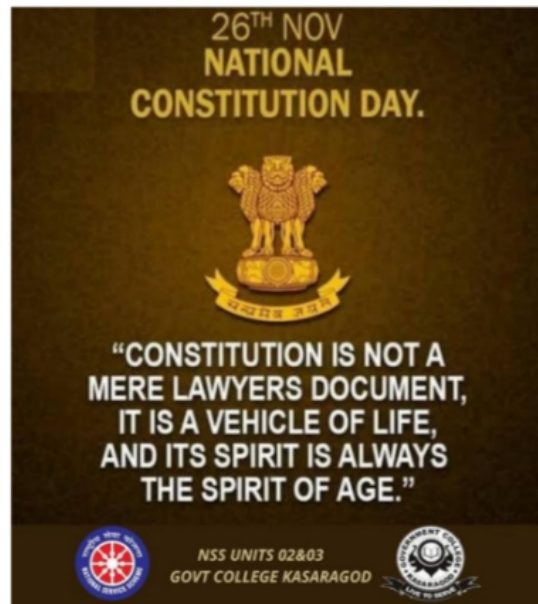
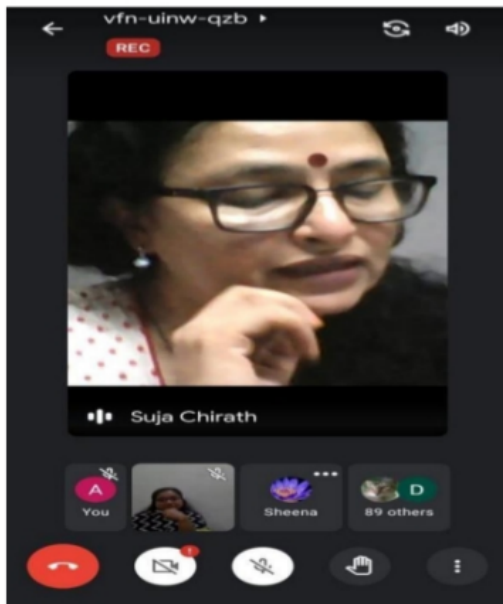
NATIONAL CONSTITUTION DAY OBSERVED

NSS units 02 & 03 of Government College Kasaragod along with District legal service authority Kasaragod and Govinda pai memorial Government college, Manjeshwar celebrate constitution day by conducting a webinar on the topic 'constitutional value and fundamental principles of the Indian constitution'. The webinar was handled by Dr. pradeep.k.P, (Advocate, High Court of Kerala).Sir conveyed the importance of the constitution along with its principles. About 100 volunteers participated in the webinar.



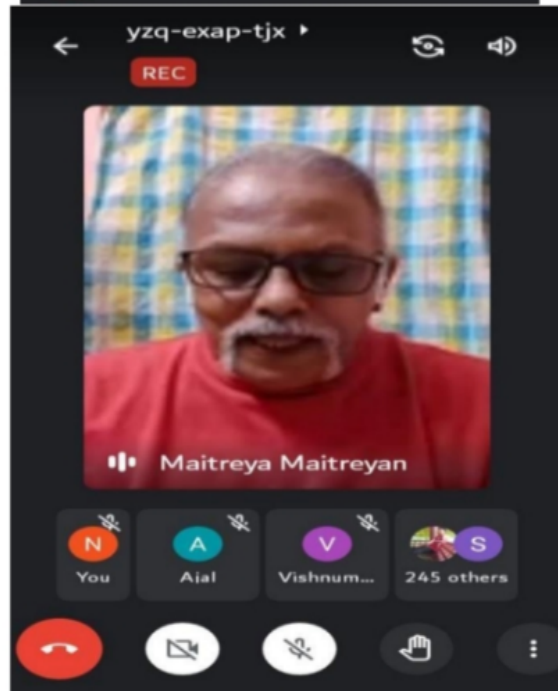
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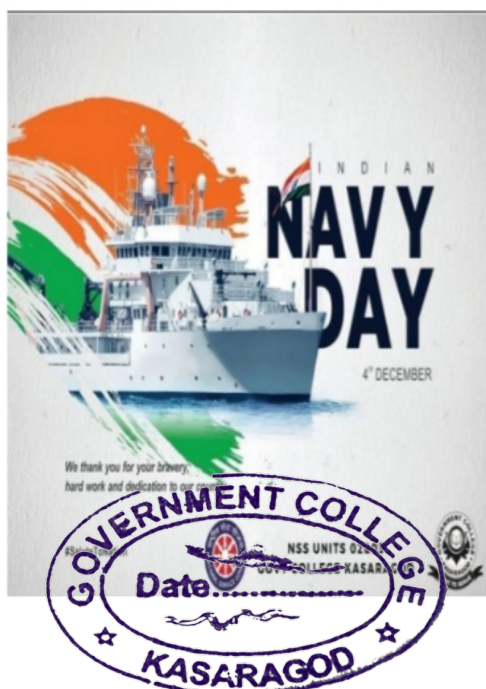
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DECEMBER 2020

01/12/2020

WORLD AIDS DAY OBSERVED

NSS Units 02 & 03 of Government College Kasaragod observed world AIDS day by conducting an AIDS day awareness class. The class was handled by Sri. Mohanan Mangad (director health line Kasaragod). Sir made us aware about AIDS and its control measures.



INTERNATIONAL VOLUNTEER DAY



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02/12/2020

NATIONAL POLLUTION CONTROL DAY OBSERVED

NSS Units 02 & 03 of Government College Kasaragod observed national pollution control day by asking the first year volunteers to make a cloth bag using clothes.

03/12/2020

60th DAY OF ORU THADAM NATTI

NSS Units 02 & 03 of Government College Kasaragod celebrated 60th day of ORU THADAM NATTI by asking the volunteers to take photos of the vegetable garden that they have planted.

10/12/2020

HUMAN RIGHTS DAY OBSERVED

NSS Units 02 & 03 of Government College Kasaragod celebrated human rights day by asking the first year volunteers to prepare a pluck card about human rights and send photo by catching the pluck card.

13/12/2020

ELECTION DUTY

Volunteers of NSS Units 02 & 03 of Government College Kasaragod worked for the proper coordination of the election held at Kasaragod from 13/12/2019 to 14/12/2020. About 30 volunteers volunteered at different schools of Kasaragod.



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18/12/2020

GREEN MANGALPADY

NSS units 02 & 03 of Government College Kasaragod participated in 'Green Mangalpady' Programme held at civil station Kasaragod. Awareness class was handled by Sri. Krishnan sir.



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Sir made us aware about the different types of plastics and its proper management and its recycling and reuse. There was a field visit to Mangalpady. About 25 volunteers participated.

22/12/2020

GREEN MANGALPADY

NSS Units 02 & 03 volunteers conducted a survey about the waste management in Mangalpady. About 25 volunteers participated.

23/12/2020

GREEN MANGALPADY

NSS Units 02 & 03 of Government College Kasaragod volunteers collect information about the waste management in Mangalpady.

24/12/2020

GREEN MANGALPADY

NSS Units 02 & 03 of Government College Kasaragod conducted a feedback session about the work at Mangalpady in civil station Kasaragod.

29/12/2020

UNIVERSITY AWARD ANNOUNCED

NSS Units 02 & 03 of Government College Kasaragod got kannur university best NSS unit award and kannur university best programme officer award for Prof.t Sujatha. S and Kannur university best NSS volunteer award for Ancy C.A.



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**PRINCIPAL
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JANUARY 2021

04/01/2020

ORU THADAM NATTY

NSS Units 02 & 03 of Government College Kasaragod harvested the vegetable garden after 3 months . This innovative programme aimed to produce organic gardens with a disease free generation .

12/01/2021

YOUTH WEEK CELEBRATION

NSS Units 02 & 03 of Government College Kasarag celebrated youth week from 12/01/2020 to 19/01/2020 . The celebration was inaugurated by Sri Hari Kurup (principal in charge Government College Kasaragod). A photography contest was also conducted on the topic '*nattellu valanja youvathwam*' .

13/01/2021

YOUTH WEEK CELEBRATION

On 13th the second day of youth week celebration an orientation class was handled by Sri . Valsan Pilicodel writer) on the topic ' Life of Vivekananda Sir conveyed the importance of the present education system

14/01/2021

YOUTH WEEK CELEBRATION

On the 14th, a speech competition was conducted for NSS volunteers .

15/01/2021

YOUTH WEEK CELEBRATION

On 15th , a campus cleaning was conducted and different parts of the college was done plastic free on the basis of green protocol and these plastics were collected for recycling . About 70 volunteers participated

15/01/2021

WE DESERVE



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NSS Units 02 & 03 of Government College Kasaragod along with Kasaragod District Collectorate conducted 'we deserve' at the college auditorium which was inaugurated by St.Dr.D.Saith Babu IAS Collector Kasaragod). The welcome speech was done by Sri Asif Iqbal Kakkasery (NSS programme officer And the programme was presided by Sri.Dr.A.L Ananthapadmanabha (principal Government College Kasaragod). An awareness class was taken by James About 82 volunteers who participated in the session was subjected to covid antigen test

15/01/2021

YOGA

NSS Unit 02 & 03 of Government College Kasaragod conducted yoga class which started on 15/01/2020 The class was handled by Sri.Rajith Sir taught about 'suryanamaskaram' and its importance About 20 volunteers participated

16/01/2021

SCUBA DIVING CAMP

Volunteers of NSS Units 02 & 03 of Government College . Kasargod participated in the Scuba Diving Camp organised by Kerala State Youth Welfare Board held at National Adventure Academy Devikulam from 16/01/2020 to 22 / 01 / 2020.The camp aims to make the volunteers to be capable of taking action plan against disaster management through 7 day coaching. 10 NSS volunteers participated as the ambassador of KVVAF. The volunteers got trained for scuba diving, swimming, river crossing , rock climbing, first aid etc.

16/01/2021

WE DESERVE

NSS Units 02 & 03 volunteers of Government College Kasaragod participated in the we deserve camp held at Chengala panchayat . The volunteers collected data to provide a disability certificate .

17/01/2021

YOUTH WEEK CELEBRATION

On 17th , a pen drawing competition was conducted on the topic 'lahari ' .

18/01/2021

BLOOD DONATION DRIVE



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On 18th a blood donation campaign was done at Government General Hospital Kasargod . About 13 units of blood were donated.

19/01/2021

YOUTH WEEK CELEBRATION

On the 19th , the last day of youth week celebration ended with the valuable words of Sri . Dr AL Anandhpatmanabha principal Government College Kasaragod) . On this day a video was released by the volunteers about the life of Vivekananda through their drawings , and a Mashup dance video was also released.

19/01/2021

WE DESERVE

Volunteers participated in the camp held at west Eleri . They become part of data collection by providing tokens and also by working as the assistant of doctors .

21/01/2021

WE DESERVE

About 30 volunteers of NSS units 02 & 03 of Government College Kasaragod participated in the camp held at Manjeshwara which aimed to provide help and appropriate facilities in the form of disability certificate to the differently abled ones.

23/01/2021

WE DESERVE

Volunteers participated in the camp held at Uduma . The volunteers became part of the camp by issuing disability certificates.

24/01/2021

NATIONAL GIRL CHILD DAY

NSS Units 02 & 03 of Government College Kasaragod celebrated national girl child day by asking the volunteers to prepare ppt on womens who achieve in different fields.

25/01/2021

NATIONAL VOTERS DAY



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As part of the Kasaragod District Election Division , national voters day was celebrated on 25/01/2021 at 11 am at Government College Kasaragod in presence of college NSS volunteers . The event was inaugurated by District collector Dr. D Sajith Babu IAS . After the inauguration session there was a programme of the mind illusionist Yadhunath Palliyath . About 100 volunteers participated .

25/01/2021

WE DESERVE

Volunteers participated in the madhur . About 30 volunteers participated as members of the entire team.

26/01/2021

REPUBLIC DAY CELEBRATED

NSS Unit 02 & 03 of Government College Kasaragod along with NCC cadets celebrated 72 Republic day by hoisting flag by Dr. A I Anandhapadmanabha (principal Government Kasaragod) . A cleaning session was held at different parts of the college About 50 volunteers participated .

28/01/2021

WE DESERVE

Volunteers participated in the camp held at Valiyaparambu worked as part of data entry and data collection for providing disability certificates.

30 /01/2021

WE DESERVE

Volunteers participated in the camp held at Kasaragod Municipality at Government College Kasaragod auditorium.



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FEBRUARY 2021

01/02/2021- 27/02/2021

UBHAYA-Yoga Class

The yoga class Ubhaya started from the month of January, handled by PK Rejimon. He taught volunteers about different types of Asanas. It improved volunteers' concentration and relief from stress and strain.

01/02/2021

WE DESERVE

NSS units 02 & 03 of Government College Kasaragod participated in 'we deserve' camp held at Kanhangad Municipality.

03/02/2021

WE DESERVE CAMP

NSS units 02 & 03 of Government College Kasaragod participated in 'we deserve' camp held at Vorkady panchayat.



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05/02/2021

MANI NADHAM

NSS Units 02 & 03 of Government College Kasaragod along with Kerala Yuvajana Kshema Board conducted state level *nadanpattu* competition. Many participants showcased their talent.

06/02/2021

WE DESERVE CAMP

NSS units 02 & 03 of Government College Kasaragod participated in 'we deserve' camp held at East eleri panchayath.

10/02/2021-17/02/2021

VIRTUAL CAMP

NSS units 02 & 03 of Government College Kasaragod conducted virtual camp, which was inaugurated by Soni T.L (Best NSS programme officer National award winner) in the presence of Principal Government College Kasaragod and Programme officer Sujatha S. The conclusion ceremony was held on 17/02/2021 at auditorium which was inaugurated by principal Government College Kasaragod Dr A D Ananthapadmanabha and along with this bottle booth inauguration was also done.



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11/02/2021

WE DESERVE CAMP

NSS units 02 & 03 of Government College Kasaragod participated in the camp held at Neeleswaram municipality.

12/02/2021

WE DESERVE CAMP

NSS units 02 & 03 of Government College Kasaragod participated in the camp held at Mogral panchayath.

12/02/2021

SPEAK YOUNG

NSS units 02 & 03 of Government College Kasaragod participated in a speak young programme held at Government college kasaragod. The programme proposed different innovative ideas that could be brought at Kasaragod.

16/02/2021

WE DESERVE CAMP

NSS Units 02 & 03 of Government college Kasaragod participated in the camp held at kuttikol panchayath.




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18/02/2021

WE DESERVE CAMP

NSS units 02 & 03 of Government college kasaragod participated in the camp held at meenja panchayath.

20/02/2021

WE DESERVE CAMP

NSS Units 02 & 03 of Government college Kasaragod participated in the camp held at Thrikarippur panchayath.

22/02/2021

WE DESERVE CAMP

NSS Units 02 & 03 of Government college Kasaragod participated in the camp held at paivalike panchayath.

23/02/2021

CAMPUS CLEANING

NSS units 02 & 03 of Government College Kasaragod conducted campus cleaning to make the campus free from plastic pollution

24/02/2021

DRUG AWARENESS CLASS

NSS Units 02 & 03 of Government College Kasaragod participated in drug awareness class. It made volunteers aware about the different aspects of drugs.

24/02/2021

WE DESERVE CAMP

NSS units 02 & 03 of Government college Kasaragod participated in the camp held at Bellur panchayath.



25/02/2021

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SVEEP

NSS Units 02 & 03 of Government College Kasaragod participated in voter ID registration held at Kasaragod Collectorate named as SVEEP. The program was inaugurated by District Collector of Kasaragod Dr. D Sajith Babu IAS. About 30 volunteers participated and became part of the signature campaign, inauguration of selfie corner. MY VOTE MY PRIDE hashtag was also published along with this and a seven colour balloon was raised to the sky.




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26/02/2021

ORU THADAM NATTY

NSS Units 02 & 03 of Government College Kasaragod conducted 'oru thadam natty' programme on behalf of nature day was harvested on 26/02/2021. It aimed to produce a healthy future.

26/02/2021

WE DESERVE CAMP

NSS units 02 & 03 of Government College Kasaragod participated in the camp held at mangalpady panchayath.

27/02/2021

SPACE FOR HUMANITY

NSS Units 02 & 03 of Government College Kasaragod participated in the program space for humanity through Webex meet. Even though through the online form volunteers could grasp the essence of the class.




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MARCH 2021

01/03/2021

WE DESERVE CAMP

NSS units 02 & 03 of Government College Kasaragod participated in the camp conducted at Kayyoor Cheemeni panchayat.

03/03/2021

WE DESERVE CAMP

NSS units 02 & 03 of Government College Kasaragod participated in the camp held at Karadukka panchayath which aims to provide disability certificates to specially abled children.

06/03/2021

WE DESERVE CAMP

NSS units 02 & 03 of Government College Kasaragod participated in the Farewell Ceremony 2021 held at Kanhangad in which Dr.D Sajith Babu IAS (District Collector Kasargod) was the chief guest.A work was held at Government College Kasaragod Campus in order to make the campus plastic free and waste free a compost bin was built.

08/03/2021

WOMENS DAY CELEBRATED


NSS units 02 & 03 of Government College Kasaragod celebrated International Women's Day by conducting an interactive session with 'Transgender Activist' Isha Kishor .Mam conveyed the importance of womens day with her experience and sufferings.About 87 volunteers and Sujatha .S (Programme Officer) and Asif Iqbal Kakassery(Programme Officer) participated in the session. Pencil drawing competition was also conducted on the topic 'Each for Equal'.

10/03/2021

NERVAZHI

NSS units 02 & 03 of Government College Kasaragod participated in the Nervazhi programme conducted by the State Probation Office in which Sri Joy Joseph (Excise Circle Inspector) was the chief guest. About 25 volunteers participated.




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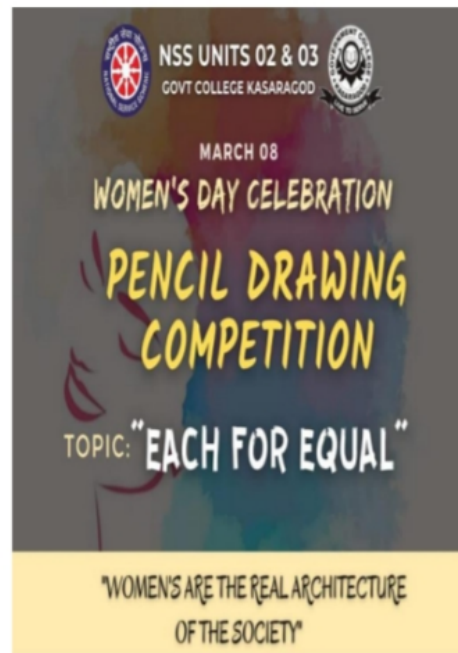
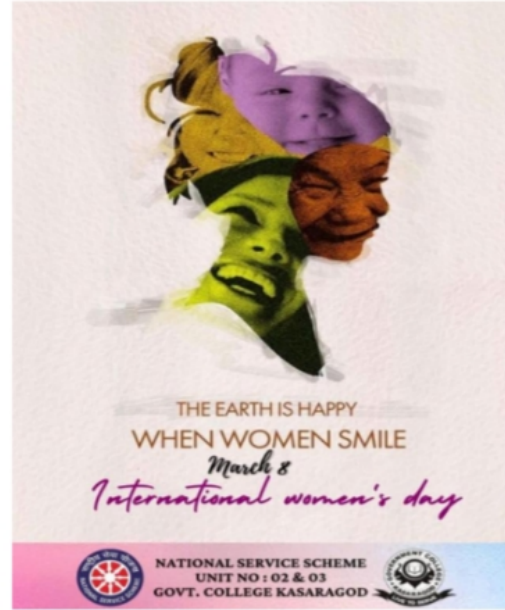






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11/03/2021

SNEHA THANEERKUDAM PROGRAMME

NSS units 02 & 03 of Government College Kasaragod conducted the programme Sneha Thaneerkudam programme which aims to provide water for the life beings around us. Volunteers visit thaneerkudam at their house.



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15/03/2021

WATER CONSERVATION

NSS units 02 & 03 of Government College Kasaragod along with Shuchithwa Mission of Kasaragod conducted flash mob and street play in front of Government College Kasaragod, on the topic 'water conservation'. Smt. Lakshmi (shuchithwa mission coordinator) and Sri.prem Raj (shuchithwa mission coordinator) along with Asif Iqbal Kakassery(NSS programme officer) participated in the programme



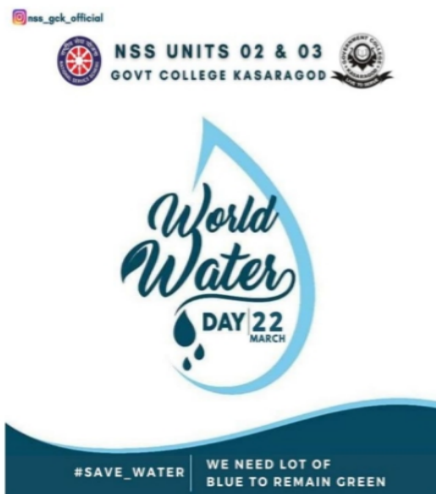
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20/03/2021

INTERNATIONAL DAY OF FORESTS CELEBRATION

NSS units 02 & 03 of Government College Kasaragod along with Kerala Forest and Wildlife Department, a Rally was conducted in the name 'WALKATHON' from Vidyanagar to Uliyathadka, as part of International Day Of Forests Celebration. About 40 volunteers participated.




27/03/2021

BOOTH CLEANING

NSS units 02 & 03 of Government College Kasaragod cleaned the booth at Government College Kasaragod for the smooth functioning of the election.




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29/03/2021

SVEEP

NSS Units 02 & 03 of Government College Kasaragod participated in the voters awareness programme called SVEEP organised by Election commission of India at Government College Kasaragod auditorium. The programme began by conducting a rally to make the people aware about the right to vote to select better candidate



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APRIL 2021

06/04/2021

ELECTION DUTY

NSS Units 02 & 03 of Government College Kasaragod Volunteers volunteered in the election conducted by Election Commission as 'Special Police Officer' for two days. About 34 volunteers participated.

14/04/2021

POTHICHOR VIDHARANAM

NSS units 02 & 3 of Government College Kasaragod distributed 'pothichor' among peoples who are suffering in the streets. In occasion of Vishu in the Covid era, the food was collected from volunteers and distributed to the people at places like Kasaragod bus stand, railway station.



15/04/2021

SHARE THE HAPPINESS

NSS units 02 & 03 of Government College Kasaragod conducted a new programme named 'Share The Happiness' to help differently abled children in their studies. The programme was inaugurated by Dr. Ramesh M (Principal Government College Kasaragod).



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21/04/2021

JAGRATHA

NSS units 02 & 03 of Government College Kasaragod conducted a programme named 'Jagratha'. The programme aimed to provide awareness about the vaccination and its registration and its importance to the public through volunteers.



22/04/2021

WORLD EARTH DAY CELEBRATED

NSS units 02 & 03 of Government College Kasaragod celebrated 'World Earth Day' by distributing hand made paper bags among the public to save the earth and to say bye to plastic.

23/04/2021

WORLD BOOK DAY CELEBRATED

NSS units 02 & 03 of Government College Kasaragod celebrated World Book Day by conducting a programme named 'PUNCHIRI'. Books were distributed among children to encourage them and make them aware about the importance of the book.



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25/04/2021

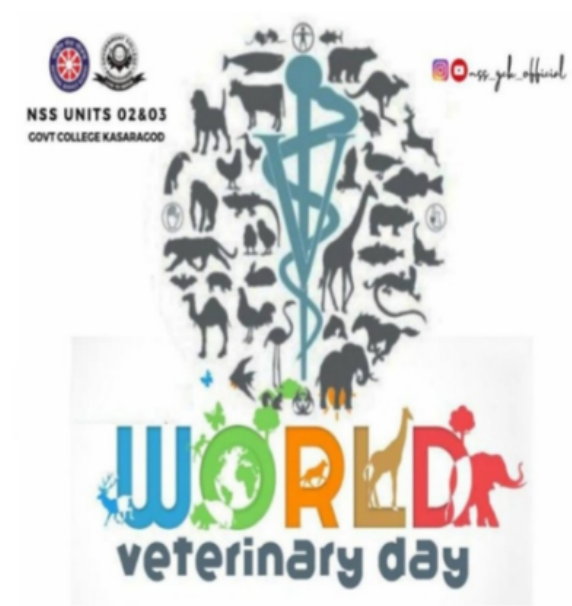
WORLD MALARIA DAY OBSERVED

NSS units 02 & 03 of Government College Kasaragod observed World Malaria Day by cleaning the surrounding place of house to make the world free from the pandemic Malaria in this present situation of Covid-19.



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26/04/2021

60th DAY OF ORU THADAM

NSS units 02 & 03 of Government College Kasaragod conducted 'Oru Thadam' programme in which volunteers cultivated vegetables at their houses in order to create disease free society.



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28/04/2021

DONATE BEFORE VACCINATION CAMPAIGN CONDUCTED

NSS units 02 & 03 of Government College Kasaragod conducted Blood Donation campaign. The Campaign which started from 28/04/2021 aims to donate blood before vaccination as after vaccination blood donation is not possible for 60 days which would create shortage of blood.



29/04/2021

WORLD DANCE DAY CELEBRATED

NSS units 02 & 03 of Government College Kasaragod celebrated World Dance Day by creating a dance mashup video for the campaigning of 'Donate Blood Before Vaccination'.

29/04/2021

COVID CONTROL ROOM

NSS units 02 & 03 of Government College Kasaragod worked as part of Covid Control Room Cell and Vaccination Centre. Volunteers collected data of Covid patients at different parts and helped to find the total number of patients and their health condition and also helped in the registration of covid vaccination.



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MAY 2021

06/05/2021

COVID CONTROL ROOM CELL

Volunteers worked as part of covid control room cell at primary health centres in Periya, Kanhangad, Muliya, which aim to the smooth functioning of the control room, set up for the data collection of covid patients. The cell worked up to 31/05/2021



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09/05/2021

MOTHERS DAY CELEBRATED

NSS Units 02 & 03 of Government College Kasaragod celebrated mother's day by conducting a letter writing competition to mothers in the name 'Ammakoru Kath'. The winners Chithra T and Mayoore M. R were congratulated along with other participants.



16/05/2021

NATIONAL DENGUE DAY OBSERVED

NSS Units observed national Dengue day by conducting an awareness class which was handled by Dr. Mohan .E (Deputy State Medical Officer). Sir explained the mode of destruction and prevention of dengue fever in the present situation of Covid-19 pandemic . Along with this a pre-monsoon cleaning was conducted to prevent other types of contagious diseases.



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16/05/2021

CONDOLENCE TO SAJITH SIR

Volunteers along with NSS programme officers of different college and regional head of different states participated in the condolence programme of Sri. G.P Sajith Babu (NSS Regional Director).

26/05/2021

SNEHA SALLAPAM

Volunteers of NSS units 02 & 03 of Government College Kasaragod became a part of the programme organised by District Collector of Kasaragod Dr. D Sajith Babu IAS named 'Sneha Sallapam', which aim to encourage peoples in the old age home at the present situation of Covid-19.

23/05/2021

ONLINE WEBINAR CONDUCTED

JCI Palakkad conducted an online webinar on the topic 'Are you an Sisyphian' which was handled by Sri. A. V. Vamankumar.



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28/05/2021

ORIENTATION CLASS CONDUCTED

An orientation class was conducted for the volunteers to equip them for the registration for Covid -19 for disabled people.

28/05/2021

NOOPURA

NSS units 02 & 03 of Government College Kasaragod launched a new programme named NOOPURA which aimed to encourage volunteers in the present stress of Covid -19 through cultural programmes. The programme was inaugurated by Dr.Rema.M (principal Government College Kasaragod). Competitions like poem writing ,essay writing, digital painting ,troll making were conducted on the topics 'vetta' , 'coronanandhara vidhyabyasathinte bhavi', 'covid warriors', year 2021 respectively.




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28/05/2021

SANNADHASENA REGISTRATION

NSS units 02 & 03 of Government College Kasaragod participated in the orientation class. The class was handled by Athira Mohan (Sannadhasena Master Trainer. Kasaragod District) and Varun Vinay (Sannadhasena Master Trainer Kasaragod District), which made volunteers know about Sannadhasena and its mode of working. The trainers also showed the way of registration and also their activities to overcome the present situation of the pandemic. About 70 volunteers participated.

29/05/2021

NOOPURA DAY – 2

The day- 2 of NOOPURA was engaged with competitions like Rise your mic, dance competition and doodle art, cartoon competition, singing, dancing with topics ‘vaccination’, ‘together we can’.

30/05/2021

NOOPURA DAY - 3

The day – 3 was enjoyed with competitions like essay writing competition, photography contest, pencil drawing and paper craft competition on the topics India and world after Covid-19, Anna, Lockdown life .



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31/05/2021

NOOPURA DAY – 4

The last day was engaged with competitions like story writing, poem writing, waste material art, clay art on the topics Vaccination, together we can.



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31/05/2021

WORLD TOBACCO DAY

World tobacco day was observed by conducting an online webinar on the topic ,‘Commit to Quite’. The class was handled by N G Raghunathan (Excise Preventive Officer Kasaragod). Sir explained the bad and ill effects of tobacco through the experience of his Service.



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