



GOVERNMENT COLLEGE KASARAGOD

VIDYANAGAR, KASARAGOD, KERALA, 671123

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NAAC 3RD CYCLE ACCREDITATION

**REPORT OF EXTENSION ACTIVITIES
CONDUCTED DURING 2018-19**



GOVERNMENT COLLEGE KASARAGOD

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Extension and Outreach Programmes conducted by the institution - 2018-19

NSS ACTIVITIES

CAMPS AND TRAINING PROGRAMMES DURING 2018-19

19-08-2018

TRAUMA CARE TRAINING CAMP & VOLUNTEERSHIP CLASS

The NSS unit in association with Trauma care Kasaaragod conducted a trauma care training camp and volunteership class in the college auditorium. The volunteership class includes first aid class, leadership class and a road safety class. These classes were led by doctors, motor vehicle inspector and resource persons.

07-09-2018 to 09-09-2018

NATURE STUDY CAMP AT BEDRAMPALLA, PERLA

NSS unit in cooperation with Bhoomithrasena Club had conducted a three day nature study camp at Bedrampalla, Perla. The camping programme includes trekking, planting of saplings, water conservation & environmental classes.

Prof.Unnikrishnan.P, Prof.Divya.M, Dr.Jijo.P.U, Prof.Manoharan.A, Prof.Sujatha.S, Dr.Vinayan.T and many other College lectures visited the camp and taken various sessions belonging to the importance of nature conservation. The NSS unit had also observed World Literacy Day in the camp by conducting various writing programmes and language skill development programmes. The volunteers left for their home by taking the oath that they would not destroy nature.



Name and Signature of the Principal
Dr.Ananthapadmanabha.A.L

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17-09-2018

PALLIATIVE CARE PROGRAMME

The NSS unit in association with the District Palliative care society had conducted palliative care training class for college students and volunteers of NSS unit at college auditorium.

The District Panchayat President Sri.A.G.C.Basheer inaugurated the programme. The class was taken for a crowd of 200 people including volunteers. After the class the volunteers were divided into several groups in accordance to the six block level palliative care and carried out discussions. The innovations and new ideas arrived from the groups were presented at the end of the programme.

18-12-2018

SIGN LANGUAGE CLASS

The NSS unit in association with Jeevanam programme Nileschwaram conducted a sign language class for the NSS volunteers of our college. Principal Dr. Aravind Krishnan.K inaugurated the programme. State level sign language interpreter Sri.Rajeev Kumar had taken the class. Sri.Divakaran Kadinjimoola (Jeevanam programme), Dr.Vinayan.T, Prof.Sujatha.S were present in the programme.

22-02-2019 to 25-02-2019

KERALA VOLUNTARY YOUTH ACTION FORCE(KVYAF) - THREE DAY TRAINING CAMP AT MUNNAR, IDUKKI

After the flood happened in the previous year, Govt. of Kerala had formed 'Kerala youth voluntary action force'. It aims to mold youth who are vulnerable to disaster management. Fifty NSS volunteers from our college had become the part of Kerala youth voluntary action force. Volunteers participated in the 3 day camp held at Munnar and successfully enrolled in the force after participating in the passing out parade held at Thiruvananthapuram.




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03-03-2019

‘CAKE MAKING & DESIGNING’ AND PRANIC HEALING CLASS

The NSS unit had conducted a cake making and designing programme, and Pranic healing class at Pandyala port. The cake making and designing programme was led by Smt.Shamseera.S and Smt.Irfana.K. They had demonstrated making and designing of different types of cakes in front of volunteers. The programme was also in association with the Kudumbasree units of Pandyala port. It will help them to start an entrepreneurship on cake making and make profit. NSS unit also arranged a class on Pranic healing for the volunteers at Pandyala port. The class was led by Sri.Rajeevan who was a Pranic healing trainer. Dr.Vinayan.T inaugurated the programme.

14-03-2019 to 16-03-2019

COMMUNITY EXTENSION ACTIVITY

By using the NAAC fund for the extension activities, the NSS unit in co- operation with Bhoomithrasena club had conducted a three days residential camp at Bedrampalla, Perla.

Volunteers cleaned a pond in Perla and made it usable for water conservation. NSS unit conducted a socio-economic survey at Nedubayal colony in Perla. Koragas (a tribal community seen in Kasaragod district) are living in the Nedubayal colony. Volunteers enquired about their living conditions and economic status by using a questionnaire that was exclusively made for this survey. These tribal people are marginalized by our society. The camping programme includes trekking, study of nature and ecosystems. Prof.Haneef took a class on ‘Environment Preservation’.



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PLANTATION PROGRAMMES DURING 2018-19

WORLD ENVIRONMENT DAY

The NSS unit in association with the Kerala Forest Department celebrated World Environment Day. The programme was inaugurated by Sri.A.G.C.Basheer (District Panchayat President). The programme was presided over by District Collector Sri.Jeevan Babu.I.A.S. Sri.Sugathan.E.V (District Information Officer), Dr.Aravind Krishnan.K (College Principal), Prof.Sujatha.S, Prof.Muhammed Ali.K (Co- Ordinator, Bhoomitrasena Club) attended the programme. Sri.Biju.P (Asst. Forest Conservator, Social Forestry) delivered welcome speech and the Dr.T.Vinayan, expressed vote of thanks.

23-06-2018

REGULAR WORK- PLANTATION

Maintained RET and fruit garden. Saplings were planted in both gardens.

07-07-2018

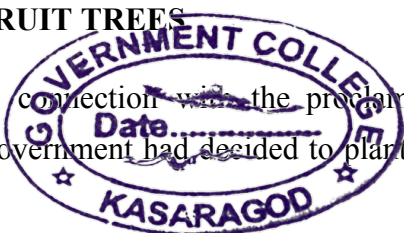
VANA MAHOLSAVAM- CONCLUDING FUNCTION

The Volunteers were divided into three groups and sent to fruit, RET and vegetable gardens for plantation and beautification work. Afternoon was the concluding function of 'Vanamaholsava' that had been conducted during this week. Forest Officer Sri.Biju inaugurated the function by planting trees in the RET garden. Prof.Muhammed Ali.K (Co-ordinator, Bhoomitrasena Club), Prof.Sujatha.S, Dr.T.Vnayan, Dr.A.L.Ananthapadmanabha (HOD of Geology) were present at the function.

14-07-2018

DISTRICT LEVEL INAUGURATION OF PLANTATION OF ONE LAKH JACK FRUIT TREES

In connection with the proclamation of jackfruit as Kerala State's official fruit, Kerala Government had decided to plant one lakh jackfruit trees all over the state. This programme



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was inaugurated by Sri.N.A.Nellikunnu, Hon.M.L.A of Kasaragod, by planting a jackfruit tree in the college campus. Former NSS Programme Officers Sri.Srinatha and Prof.Muhammed Ali.K, Dr.T.Vinayan and Prof.Sujatha.S were present in the function. Ninety three volunteers grouped into five groups and decided to plant those jackfruit trees in the evenings of the upcoming days.

30-09-2018

MANGROVE FORESTATION IN MADAKKAL

The NSS unit conducted a mangrove afforestation programme at Madakkal in the southern part of Kasaragod District. The programme was conducted in cooperation with the Jeevanam programme Nileshwaram and Ragam Madakkal club. The thousand mangrove plants including four varieties of species are freely given by Sri.Divakaran, the founder of Jeevanam programme. The programme was inaugurated by The District Panchayat President Sri.A.G.C.Basheer by planting a mangrove plant in the river side. Sri.Hakeem (Ward Member), Prof.Sujatha.S, Dr.Vinayan.T, Sri.Mahesh.V.K, Sri.Amal.E were present in the programme.The NSS volunteers visited the nearby mangrove forest and taken an oath to protect the Mangrove forest.



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BLOOD DONATION PROGRAMMES DURING 2018-19

19-06-2018

BLOOD DONATION CAMP

The NSS unit observed the World blood donors day by conducting a blood donation camp in our College. Sixty persons including students and teachers donated their blood. The blood donation camp was organised by the NSS unit in association with Blood Donors Kerala-Kasaragod (BDK) and TRACK Kasaragod. District Govt.Pleader and Public Prosecutor Adv.P.V.Jayarajan inaugurated the function. Dr.T.Vinayan presided over the function. Dr. Aravind Krishnan.K (College Principal), Prof.Sujatha.S, Sri.Balakrishnan Kookal (Trauma Care), Sri.Noushad Kannampalli, Smt.Sajini Sheri were present.

01-10-2018

BLOOD DONATION CAMP AT POLICE STATION

Kasaragod town Police Station had conducted blood donation camp in co- operation with the NSS unit. About fifteen NSS volunteers donated their blood in the camp.

The programme was inaugurated by Kasaragod M.L.A Sri.N.A.Nellikunnu. Kasaragod S.P Sri.A.Sreenivas.I.P.S, Kasaragod C.I. Sri.Abdul Raheem, S.I. Sri.Ajith Kumar also participated in the camp by donating their blood. Janamaithri Police Station Coordinator Sri.Rajeev and Station P.R.O. Sri.Venugopal also participated.

14-11-2018

BLOOD DONATION CAMP

The NSS unit conducted Blood Donation Camp in association with Blood Donors Kerala & Janamaithri Police Kasaragod.

The blood donation camp was inaugurated by Kasaragod D.Y.S.P. Sri.M.V.Sukumaran. College Principal Dr.Aravind Krishnan.K presided over the function. Kasaragod Sub Inspector of Police Sri.Ajith Kumar.P, Dr.T.Vinayan and Prof.Sujatha.S were present in the camp.



**Name and Signature of the Principal
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08-02-2019

BLOOD DONATION CAMP AT COLLECTORATE

In connection with Traffic day, Kasaragod Traffic Police conducted a blood donation camp at Collectorate. Ten NSS Volunteers from the unit had participated in the camp and donated blood.

27-02-2019

BLOOD DONATION CAMP

The NSS unit conducted Blood Donation Camp in association with the Blood Donors Kerala-Kasaragod and Rudhirasena Kasaragod. About 60 people donated their blood.

HEALTH / EYE-INSPECTION CAMP DURING 2018-19

21-07-2018

FREE EYE INSPECTION CAMP

NSS Unit conducted a free eye inspection camp in our College in association with Ahalya Eye Care Centre, Kanhangad. The programme was inaugurated by Kasaragod Municipality Chairperson Smt. Beefathima Ibrahim. Dr.Rajesh had consulted the patients. More than hundred people, especially the people from Nelakkala colony utilised this facility.

HAIR DONATION CAMPS DURING 2018-19

24-09-2018

HAIR DONATION CAMP - NSS DAY CELEBRATION

NSS unit celebrated 49th year of formation of NSS by conducting a different programme in the college. Female volunteers donated their hair to the cancer patients to make wig. Twenty two (22) volunteers donated their hair. The day was a remarkable one in the history of the NSS unit of Govt. College Kasaragod. The programme was inaugurated by Kasaragod A.S.I. Sri.Venugopalan. Vice Principal Dr.Bema.M, Dr.Shereena (Blood Bank Medical Officer),



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Smt.Sajini Sheri (Blood Donors Kerala), Dr.Jijo.P.U (IQAC Coordinator), Prof.Sujatha.S, Dr.Vinayan.T, Kum.Athulya.M.C were also felicitated the programme.

14-11-2018

HAIR DONATION CAMP & VIG HANDOVERING

Hair bank Thrissur gave a vig to the NSS unit as a result of request from an NSS volunteer whose mother is suffering from cancer. Kasaragod C.I Sri.Manoj.V.V handovered the vig to the student. Also ten person (including NSS volunteers) donated their hair to make vig for cancer patients. Kasaragod S.I Sri.Ajith Kumar.P handovered the certificates for the hair donors. Smt.Sajini Sherry (BDK), Dr.T.Vinayan, Prof.Sujatha.S were present in the programme.

AWARENESS PROGRAMMES/ RALLIES/ CAMPAIGNS DURING 2018-19

27-06-2018

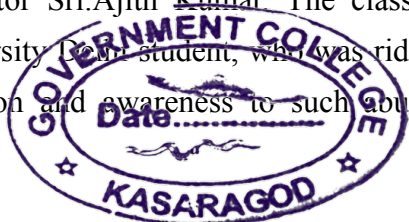
ANTI-DRUG RALLY

In connection with International Drug Abuse Day, NSS Unit had conducted an awareness rally about the harmful effects of drug abuse. The College Principal, Dr. Aravind Krishnan.K flagged off the rally. Volunteers along with students carried placards and walked to Vidyanagar junction with catchy slogans. The volunteers succeed in catching the attention of the public.

28-06-2018

WELCOMING THE BICYCLE RALLY OF AL AMEEN

In association with Childline Department, NSS Unit had conducted an awareness class about the sexual harassment against children. The function was inaugurated by Kasargod town Sub Inspector Sri.Ajith Kumar. The class was taken by Mr.Al Ameen, Jamiya Mila Central University. A student, who was riding in a bicycle from Kashmir to Kanyakumari to raise attention and awareness to such abuses. Dr.T.Vinayan, Prof.Sujatha.S, Dr.Jijo.P.U, IQAC



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Coordinator) and Mr.Sujith were present in the programme. Mr. Anoop.M delivered a vote of thanks to the function.

04-07-2018

WELCOMING ANTI-DRUG CYCLE RALLY

NSS unit had given welcome to the Anti-Drug rally led by the Kasaragod District Police Superintendent Dr.S.Sreenivas from GHSS Udinur to Govinda Pai Memorial Govt.College, Manjeshwaram.

The motto of the rally was 'Yes to life, no to drugs'. Kasaragod Town Sub Inspector Sri.Ajith Kumar, Sri.Sibi Thomas and many other Civil Police Officers attended the programme. Prof.Sujatha.S, NCC Care Taker Sri.Gopinathan Nair profusely conveyed their wishes to cycle rally.

16-07-2018 to 19-07-2018

AWARENESS ABOUT PUBLIC HEALTH

In connection with 'Nava Kerala Mission' issued by Kerala Government considering public health, the NSS Unit conducted an awareness survey in nearby Nelakkala colony. NSS volunteers had given guidelines about public health, hygiene, waste disposal etc. They received good responses from the colony.

11-08-2018

HRPM SOCIAL AWARENESS CLASS

The NSS volunteers had attended a social awareness class conducted by Human Rights Protection Mission (HRPM) and District Legal Service Authority Kasaragod. The class was conducted at municipal town hall Kasaragod. The class was taken by Sri.Philip Thomas (the Sub Judge) and DLSA secretary.



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03-11-2018

PAPER PEN MAKING

NSS unit made a session to train the NSS volunteers to make paper pens. More than eighty volunteers participated in the training session. NSS leader Mr.Yashavantha led them to make paper pens by using old newspapers.

26-11-2018

AWARENESS CLASS ON CONSTITUTION DAY

The NSS Volunteers had attended an awareness class on the topic 'Indian constitution and human rights' in the District Court Kasaragod. About 45 volunteers participated.

01-12-2018

AIDS DAY RALLY

The NSS unit organised an AIDS awareness rally on the AIDS day. College Vice Principal Dr.Rema.M flag off the rally. The rally began from college and lasted to Vidyanagar. About ninety volunteers participated. Volunteers made placards with catchy slogans to catch the attention of the public.

05-12-2018 to 18-12-2018

ASHWAMEDHAM HEALTH SURVEY

The NSS volunteers engaged in the 'Ashwamedham survey' conducted by the Govt. of Kerala Health department for the eradication of leprosy from our society. The survey lasts about 2 weeks in Kasaragod. Volunteers were splitted into many groups and collected authentic information from the people. Volunteers' work was appreciated by the General Hospital Kasaragod




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07-02-2019

WORLD TRAFFIC DAY- AWARENESS PROGRAMME

The NSS unit had conducted a road awareness programme on world traffic day. The volunteers were divided into two groups and stood at either side of the road. Volunteers stopped and checked two wheeler travellers whether they are travelling by obeying all traffic rules or not. Volunteers gave sweets for the people obeying all rules, otherwise volunteers handed them a letter containing traffic rules. The programme was inaugurated by College Principal Dr.Aravind Krishnan.K. Dr.Vinayan.T, and Prof.Sujatha.S were present.

DAY OBSERVATIONS DURING 2018-19

05/06/2018

WORLD ENVIRONMENT DAY

The NSS unit in association with the Kerala Forest Department celebrated World Environment Day. The programme was inaugurated by Sri.A.G.C.Basheer (District Panchayat President). The programme was presided over by District Collector Sri.Jeevan Babu.I.A.S. Sri.Sugathan.E.V (District information Officer), Dr.Aravind Krishnan.K (College Principal), Prof.Sujatha.S, Prof.Muhammed Ali.K (Co- Ordinators, Bhoomitrasena Club) attended the programme. Sri.Biju.P (Asst. Forest Conservator, Social Forestry) delivered welcome speech and the Dr.T.Vinayan, expressed vote of thanks.

21-06-2018

INTERNATIONAL YOGA DAY

In connection with International Yoga day, NSS Unit in association with Nehru Yuva Kendra-Kasaragod had conducted a yoga demonstration in the college auditorium. Sri.Unnikrishnan had taken the Yoga class. Smt.T.M.Annamma, Prof.Sujatha.S, Dr.Vinayan.T, Sri.A.Gopinathan Nair, Smt.M.Misira, Sri.T. Naveen Raj were present. After the yoga session NSS Unit had conducted a Yoga rally to spread the importance of Yoga among the public.



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22-06-2018

READING WEEK CELEBRATION

As part of the reading week celebration, the NSS unit conducted a news reading competition. Kum.Sruthi Mohan, Kum.Lavanya, Kum.Savya won first prize in Malayalam, Kannada and in English categories respectively. The function was very successful and well appreciated. NSS Programme Officer distributed prizes to the winners.

09-08-2018

HIROSHIMA & NAGASAKI DAY

The NSS unit conducted a documentary presentation at the college seminar hall. Projected two documentaries which have thirty minutes duration. The documentary show conveyed the ill effects and the destructive nature of wars and nuclear weapons. Mr.Sarath Krishnan.R.B addressed the gathering with an introduction about the nuclear bomb attack in Hiroshima and Nagasaki.

15-08-2018

INDEPENDENCE DAY

NSS unit observed 72nd Independence Day. College Principal Dr.Aravind Krishnan.K hoisted the national flag and shared the Independence Day message among students. Also organised a special programme associated with the Independence Day. Volunteers planted 72 fruit trees in memory of 72nd Independence day. This programme was organised with the co-operation of Sri.Divakaran Kadinjimoola founder of 'Jeevanam programme' and he is also a Kerala State Vanamithra award. Sri. N. A. Nellikkunnu, Hon.M.L.A of Kasaragod inaugurated the programme by planting trees in RET garden. Dr.Vinayan.T, Prof.Sujatha.S, Prof.Muhammed Ali.K were present in the programme.



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19-09-2018

OZONE DAY

The NSS unit in cooperation with the Bhoomithrasena Club observed World Ozone Day. As part of this, conducted a class on 'Ozone Preservation'. The class was taken by Dr. Manoharan.A (Assistant professor in Geology). Also conducted an essay writing competition on 'Ozone Depletion' in Malayalam, English and Kannada languages. Principal Dr. Aravind Krishnan.K inaugurated the function. Dr.Vinayan.T, Prof.Sujatha.S, Bhoomithrasena club Co-ordinator Prof.Muhammed Ali.K, College Union Chairman Mr.Shuhaib were present in the programme.

24-09-2018

NSS DAY CELEBRATION-HAIR DONATION CAMP

NSS unit celebrated 49th year of formation of NSS by conducting a different programme in the college. Our female volunteers donated their hair to the cancer patients to make wig. Twenty two (22) volunteers donated their hair. The day was a remarkable one in the history of the NSS unit of Govt. College Kasaragod. The programme was inaugurated by Kasaragod A.S.I. Sri.Venugopalan. Vice Principal Dr.Rema.M, Dr.Shereena (Blood Bank Medical Officer), Smt.Sajini Sheri (Blood Donors Kerala), Dr.Jijo.P.U (IQAC Coordinator), Prof.Sujatha.S, Dr.Vinayan.T, Kum.Athulya.M.C were also felicitated the programme.

26-11-2018

CONSTITUTION DAY- AWARENESS CLASS

The NSS Volunteers had attended the awareness class on the topic 'Indian constitution and human rights' in the District Court Kasaragod. About 50 volunteers participated.

01-12-2018

AIDS DAY RALLY



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The NSS unit organised an AIDS awareness rally on the AIDS day. College Vice Principal Dr.Rema.M flag off the rally. The rally begins from college and last to Vidyanagar. About ninety volunteers participated. Volunteers made placards with catchy slogans to catch the attention of the public.

10-12-2018

HUMAN RIGHTS DAY

NSS Unit in association with Human Rights Protection Mission (HRPM)- Kasaragod conducted an awareness rally from Kasaragod press club to New bus stand. Volunteers also conducted a canvas writing programme in connection to Human Rights Day.

14-01-2019

PALLIATIVE DAY

The NSS unit had observed Palliative Day in association with Human Rights Protection Mission (HRPM)-Kasaragod. The programme was inaugurated by Sri.Kookkal Balakrishnan (H.R.P.M. district president). After the inauguration, a class was taken on the importance of palliative care in our society. Palliative care is a selfless service that we give to others who are painful within their life. The volunteers had taken an oath that conveyed the importance of palliative care.

26-01-2019

REPUBLIC DAY

The NSS unit had celebrated the 69th Republic Day. Principal in charge Dr.A.L.Ananthapadmanabha hoisted the flag and shared the Republic Day message to the volunteers. After the flag hoisting, volunteers cleaned the college surroundings. Volunteers performed 'thiruvathira' in a competition held at Municipal Stadium in connection to the District Republic Day Parade event and bagged first prize.



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04-02-2019

WETLAND DAY

The NSS Unit conducted a class on the 'WetLand Conservation, importance & preservation'. The class was taken by Smt.Rajasree.M (Lecturer in Department of Geology).

07-02-2019

WORLD TRAFFIC DAY


The NSS unit had conducted a road awareness programme on world traffic day. The volunteers were divided into two groups and stood at either side of the road. Volunteers stopped and checked two wheeler travellers whether they are travelling by obeying all traffic rules or not. Volunteers gave sweets for the people obeying all rules, otherwise volunteers handed them a letter containing traffic rules. The programme was inaugurated by College Principal Dr.Aravind Krishnan.K. Prof.Sujatha.S and Dr.Vinayan.T were present.

08-03-2019

WOMEN'S DAY CELEBRATION

The NSS unit conducted an interacting session with Adv.P.P.Shyamaladevi who was the former Kasaragod District Panchayat President. The debate was based on the topic 'Issues facing by women in our society'. Prof.Sujatha.S (Asst.Professor in Kannada) was present in the programme.




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ORIENTATION CLASSES DURING 2018-19

20-07-2018

ORIENTATION CLASS

An orientation class of Ist year volunteers. Prof.Sujatha.S and Dr.Vinayan.T had taken the orientation class and conveyed the primary lessons about NSS.

03-08-2018

ORIENTATION CLASS

An orientation class was given to the newly enrolled volunteers. The class was taken by the former NSS Programme Officer Prof.Muhammed Ali.K. He talked about the importance of NSS, aim, prayer and the social commitment of NSS in every context and programmes.

15-09-2018

ORIENTATION CLASS

Former NSS Programme Officer Prof.Muhammed Ali.K had taken an orientation class for the first year volunteers.

CAREER GUIDANCE CLASS DURING 2018-19

10-11-2018

JOB ORIENTATION SEMINAR

NSS unit in association with the Lions club Kasaragod had conducted a job orientation seminar for youths in the college auditorium. Many students inside and outside of the college utilised this facility to achieve their goal.



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SWACH BHARATH ABHIYAN PROGRAMMES DURING 2018-19

02-06-2018

PRE-MONSOON CLEANING

NSS unit conducted pre-monsoon cleaning in college campus, in accordance with the green protocol initiated by Govt. of Kerala. Volunteers sorted the wastes into bio- degradable and non-biodegradable.

23-06-2018

REGULAR WORK- CLEAN CAMPUS

Volunteers cleaned the college campus and separated the plastics and other removable wastes.

18-08-2018

REGULAR WORK- CLEANING

Volunteers cleaned the college and surroundings.

15-09-2018

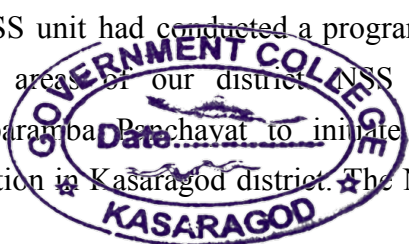
REGULAR WORK- CLEANING

Volunteers cleaned the place where the district collection centre for floods was working. Collected plastic wastes from the college campus and sorted.

07-10-2018

CLEANING AT COASTAL AREAS

The NSS unit had conducted a programme 'Swacha Theeram Haritha Theeram' to clean the coastal areas of our district. NSS unit choosed *Padne kadappuram* coastal area of Valiyaparamba Panchayat to initiate the programme. Valiyaparamba is a main tourist destination in Kasaragod district. The NSS unit also made a Lake Conservation programme.



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Volunteers collected plastics and other wastes. Valiyaparamba Panchayat President Sri.Abdul Jabbar inaugurated the function. Dr.Vinayan.T, Mr.Maneesh Kumar.C, Smt.Pushpa.K, Sri.Ratheesh were also felicitated in the function. About fifty NSS volunteers had cleaned the coastal area with immense energy.

19-10-2018

REGULAR WORK-CLEANING

The volunteers were divided into groups and cleaned the college campus.

03-03-2019

COASTAL CLEANING

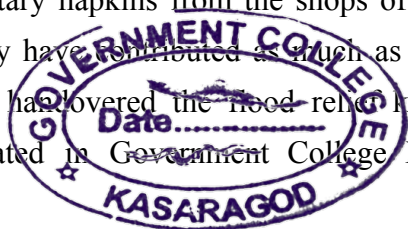
The NSS unit had conducted a coastal cleaning programme at Trikaripur Kadappuram in Valiyaparamba Panchayat. The programme was inaugurated by the Valiyaparamba Grama Panchayat Member Sri.Prasanna.P. Volunteers cleaned the Pandiyala port which is a tourist destination at Trikaripur Kadappuram (sea shore) and sorted the plastic wastes into biodegradable and non-biodegradable. Forty volunteers were participated in the programme.

OTHER PROGRAMMES DURING 2018-19

AUGUST, 2018

FLOOD RELIEF ACTIVITIES

Kerala State faced one of the biggest floods in this century. Many people lost their life and properties. A large number of people who survived the flood are accommodated in the relief camps. In order to overcome this adverse situation, NSS unit also worked and contributed for the relief and rehabilitation activities. The NSS unit with the effort of volunteers collected many essential things needed for the relief camps especially dresses, medicines, food items, sanitary napkins from the shops of Kasaragod town and among the students of the college. They have contributed as much as they can. Volunteers packed the items in separate boxes and handovered the flood relief kit to the collecting centre of the Missionary situated in Government College Kasaragod. Dr.Vinayan.I, Prof.Sujatha.S and the NSS



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volunteers handovered collected items to the Deputy Tahsildar of Kasaragod. The collected goods worth approximately Rs 60,000. With the responsibility of District Collector Kasaragod, Government College Kasaragod was selected as one of the collecting and storing centres for essential materials needed for the flood relief camps. With the help of NSS Volunteers, they had stored, sorted and packed up the materials to the flood relief camps. The volunteers performed their best during these two weeks in the collecting and storing centre under district missionary. NSS unit also collected approximately Rs.25000/- for the relief fund.

12-09-2018

MUSHROOM CULTIVATION CLASS

In association with the Botany department of our college, NSS unit conducted a mushroom cultivation class by targeting the unemployed people. The programme was inaugurated by Govt.College Kasaragod Principal Dr.Aravind Krishnan.K. Botany department H.O.D Dr.Anilkumar, Vice Principal Dr.Rema.M, Dr.Jijo.P.U, Dr.Vinayan.T, P.T.A. Secretary Prof.Suhail.P.K also participated in the programme. Sri.Panduranga from Krishi Vijyan Kendra Kasaragod had taken the class.

15-11-2018

DEBATE ON 150th BIRTH ANNIVERSARY OF MAHATHMA GANDHI

NSS unit in association with Nehru Yuvakendra Kasaragod had conducted a debate in accordance with the celebration of 150th birth anniversary of Mahatama Gandhi on the topic of 'The current relevance of Gandhian things'. Dr.K.C.Muraleedharan, Principal St.Joseph College Pilathara, presented a paper on the topic. Sri.Padmanabhan Kavumbai (Programme Coordinator of NSS, Kannur University) addressed the gathering. Dr.Rema.M, Dr.Jijo.P.U, Dr.Vinayan.T, Prof.Sujatha.S, Mr.Shuhaib.K.V (College Union Chairman), Sri.Anil Kumar, Sri.Shafi Saleem, Sri.Naveen Raj were present in the function.

20-12-2018

HANDOVERED THE MEDICAL FUND FOR NIKHIL



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The NSS unit had collected a medical support fund for the treatment of Mr.Nikhil, a student of our college who is suffering from cancer. Municipal ward councillor Smt.Savitha teacher handovered the amount to the College Principal Dr. Aravind Krishnan.K in the presence of the NSS Programme Officer and volunteers.

05-12-2018 to 18-12-2018

ASHWAMEDHAM HEALTH SURVEY

The NSS volunteers engaged in the ‘Ashwamedham survey’ conducted by the Govt. of Kerala Health department for the eradication of leprosy from our society. The survey lasts about 2 weeks in Kasaragod. Volunteers were splitted into many groups and collected authentic information from the people. Volunteers' work was appreciated by the General Hospital Kasaragod.

10-01-2019

DISABILITY SURVEY BY DISTRICT MISSIONARY (ACCESSIBLE INDIA CAMPAIGN)

The Kasaragod District Missionary has launched an innovative Programme to create authentic data of disabled persons in our district. It was associated with the Accessible India campaign. The primary inauguration of this programme was held in our college in cooperation with the NSS unit. The programme was inaugurated by Kasaragod District Collector Dr.Sajith Babu.I.A.S. Dr.Vinayan.T, Prof.Sujatha.S, Dr.A.L.Anandapadmanabha, Sri.Jisho (Co-ordinator K.S.S.O), Prof.Muhammed Ali.K were present in the programme. The NSS volunteers had done a great job sorting the disabled people’s data on the basis of Panchayats in Kasaragod District. The volunteers had worked consecutively for three days and sorted the data successfully from our college. After that, NSS volunteers went to Municipal town hall Kasaragod to upload data digitally.

10-02-2019

MEDICAL CAMP, ACCESSIBLE INDIA CAMPAIGN, VOLUNTEER DUTY



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As part of 'Accessible India Campaign', 30 NSS volunteers had participated in the medical camp held at Cherkala of Chengala Panchayat.

12-02-2019

MEDICAL CAMP – 'ACCESSIBLE INDIA CAMPAIGN' VOLUNTEER DUTY

As part of 'Accessible India Campaign', 30 NSS volunteers had participated in the medical camp held at Neerchal of Badiadka Panchayat.

15-02-2019

MEDICAL CAMP – 'ACCESSIBLE INDIA CAMPAIGN' VOLUNTEER DUTY

As part of 'Accessible India Campaign', 30 NSS volunteers had participated in the medical camp held at Town Hall, Kasaragod Municipality.

'CHANGATHI' SURVEY PROGRAMME

The Kerala Literacy mission had initiated a programme named 'Changathi' which aims to teach Malayalam for the workers who are coming to Kerala from other states of India. NSS unit also co-operated with the programme with the Kerala Literacy mission. Our volunteers had splitted into teams and taken surveys at nearby Panchayats to know the details of workers who don't know Malayalam. Volunteers surveyed at Chengala Grama Panchayat in Kasaragod municipality. Finally NSS volunteers submitted the survey report to the literacy mission. As part of this, in April & May our volunteers are taking the responsibility to teach Malayalam to the workers from the other states in Kerala.

'BE CONFIDENT' FREE TUITION PROGRAMME FOR CLASS 10 STUDENTS OF NELAKKALA COLONY VIDYANAGAR

The NSS unit had given a free tuition programme for the students studying in class 10 of the Nelakkala colony. NSS unit initiated the programme two weeks before the SSLC



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examination. In the first session NSS volunteers gave a motivation class to the students. The students were able to clarify their doubts regarding their examination. In the following classes NSS volunteers took classes for different subjects as they considered the toughness of subjects from the students. NSS volunteers, namely, Mr.Ahammad Manzoor.A, Mr.Adarsh Chandran.P.P, and Mr.Sarath Krishnan.R.B handled the classes on the subjects Mathematics, Chemistry and Physics.

22-02-2019 to 25-02-2019

KERALA VOLUNTARY YOUTH ACTION FORCE (KVYAF) - THREE DAY TRAINING CAMP AT MUNNAR, IDUKKI

After the flood happened in the previous year, Govt. of Kerala had formed 'Kerala youth voluntary action force'. It aims to mould youth who are vulnerable to disaster management. Fifty NSS volunteers from our college had become the part of Kerala youth voluntary action force. Volunteers participated in the 3 day camp held at Munnar and successfully enrolled in the force after participating in the passing out parade held at Thiruvananthapuram.

ASAP COMMUNITY ASPIRATION SURVEY

With the ASAP programme of our college the NSS unit had conducted ASAP community aspiration surveys in 6 Grama Panchayats and a municipality of Kasaragod District. The survey lasts about 2 weeks.

NATIONAL YOUTH PARLIAMENT- DISTRICT LEVEL SCREENING

The NSS unit organised the district level screening of National youth parliament in Govt.College Kasaragod. The winners were selected by their performance and sent them to participate in the higher levels.



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NSS ANNUAL SPECIAL CAMP 2018 -19 AT GLPS KAVUGOLI (MOGRAL PUTHUR GRAMA PANCHAYAT)

21-12-2018 to 27-12-2018

The Annual Special Camp of the NSS unit of Govt. College Kasaragod was conducted at GLPS Kavugoli of Mogral Puthur Grama Panchayat. The camp was organised with the slogan of 'HEALTHY ENVIRONMENT FOR FUTURE INDIA'. The NSS unit undertook the following programmes during the camp.

- ROAD WORK AT KORUVAIL TEMPLE.
- NEW ROAD CONSTRUCTION FROM SANNA KUDULU TO KELUGUDE
- CHANNEL CLEANING
- CONSTRUCTION OF TEMPORARY BUNDS TO ENRICH THE UNDERGROUND WATER
- EDUCATION CLASSES, AWARENESS PROGRAMMES, CULTURAL EXCHANGE PROGRAMMES, COMMUNITY CONTACT PROGRAMMES.
- SWACH BHARATH ABHIYAN AT VARIOUS PARTS OF MOGRAL PUTHUR GRAMA PANCHAYAT



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NSS ACTIVITIES

NATIONAL CADET CORPS - GOVERNMENT COLLEGE KASARAGOD ANNUAL REPORT 2018-2019

The NCC unit of Govt.College Kasaragod, 2/32 troop functioning under 32 Kerala Battalion NCC Payyannur has a total enrolled strength of one caretaker and 52 cadets. Out of 52 cadets, 26 are SD cadets 26 are SW cadets. Sri. Gopinathan Nair is NCC caretaker and Sibin Raj of third year Bsc Computer Science, the Senior Under Officer.

During this training year 17 regular parades were held in the college and covered all aspects in the training syllabus through various lectures and practical sessions and equipped the cadets to appear for NCC 'B' & 'C' certificate examinations.

Apart from the regular parades the NCC unit conducted various activities during the training year and a short description of the events are as follows.

05/06/2018.

WORLD ENVIRONMENT DAY

The world environment day was celebrated on 5th June 2018. The program was inaugurated by Mr Jeevan Babu(district collector, Kasaragod) in the presence of various other units of the college. The NCC unit planted about 20 saplings and was protected by net coverings. SUO Sibin Raj gave instructions to the cadets about planting and protecting trees. After planting, the NCC unit cleaned the college premises. The program came to an end by 12:45 pm.

21/06/2018.

INTERNATIONAL YOGA DAY CELEBRATION

The yoga day program was conducted by NCC and NSS units with the support of Nehru Yuva Kendra, Kasaragod. It was inaugurated by Sri.N.Devidas(ADM, Kasargod). The yoga class instructions were given by Sri.Madhu(yoga trainer) and a class about yoga was presented by Sri.Lenikrishnan master. It was a healthy program.



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26/07/2018.

19th KARGIL VICTORY DAY CELEBRATION

The 19th Kargil victory day was celebrated on 26th July 2018. The program was started by lighting the candles for the soldiers who passed away in the Kargil war. Mr.Gopinathan Nair, NCC caretaker delivered the welcome speech. The program was inaugurated by Mr K. Vijayan, retired chief petty officer and Mr.Gopinath KV, ex- subedar. They shared their glorious experience in the army and Mr K Vijayan shared his experiences about the operations in which he took part including operation 'Talwar'. As a token of respect, NCC caretaker Mr.Gopinathan Nair presented them a memento. A chart exhibition and an interactive session with the chief guests also took place later in the day. Sibin Raj, senior under officer delivered the vote of thanks. Including NCC cadets, there were 60 people present in the program. As a part of this day, 4 of our cadets took part in the district level function held at Collectorate. After the program, a quiz competition based on the topic Kargil war was held for the cadets. In that quiz competition, CPL Akhila, CPL Darsana, LCPL Navya secured first, second and third prize respectively.

15/08/2018.

INDEPENDENCE DAY CELEBRATION

As the day of commemorating nations independence from British rule, College NCC unit took part in the district level Independence day celebration held at Kasaragod municipal stadium on 15th August 2018. The chief guest, honourable minister of revenue Shri E Chandrashekar hoisted the flag. District collector- in-charge, district superintendent of police, officers and other people were present in the stadium. As a part of the celebration, our NCC contingent consisting of 31 cadets under SUO Sibin Raj attended the ceremonial parade in the stadium and won first prize for drill competition. The chief guest handed over the trophy to SUO Sibin Raj.

19/08/2018.

TRAUMA CARE CLASS




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The TRACK volunteer training program was held on 19th August 2018 under the leadership of Rotary club and College NCC and NSS unit. The program was inaugurated by Sri MV Sukumaran, DYSP kasaragod. After that various classes were held. Dr. Shibi P Vargees, homeo medical officer took class on first aid. The leadership class was taken by Ravikumar, HRD trainer V Vaikundan, AMUI took class on road safety. After the classes, Sri Ajith Kumar, SI of police distributed the volunteer card. 20 cadets of third year and one cadet of second year attended the program. The program came to an end by 4 pm.

25/09/2018

CLASS ON CAREER OPPORTUNITIES IN AIR FORCE

A class was conducted on employment opportunities in Indian Air Force under the leadership of college NCC unit on 25 th September 2018. The classes were taken by warrant officer Jaiswara. Career opportunities for both men and women were explained through slide presentation. And they also said about various aircrafts used by Indian Airforce. About 75 students of the college took part in the program. The program came to an end by 1pm.

29/09/2018

WORLD HEART DAY CELEBRATION

As part of world heart day, a marathon was conducted under the leadership of Lions club Kasargod and Government College Kasaragod NCC unit on 29th September 2018. The marathon was flagged off from the college gate and came to an end at the municipal stadium. 2 cadets of third year, 7 second years and 19 first years took part in the marathon. The program came to an end by 9:30am.

01/10/2018

FELICITATION CEREMONY FOR TSC CAMP 2018 PARTICIPANT

One of our cadets, Cadet K. Aranya C.D brought the fame of our NCC unit and our college in the heights of glory attending the TSC camp in Delhi. A function to felicitate the cadet was organised on 1st October 2018 at college auditorium. The program started at



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10:30am. Dr. Manoharan, caretaker in charge of NCC delivered the welcome speech. The presidential address was given by Dr. Aravinda Krishnan, Principal of Government College Kasaragod. The program was inaugurated by Mr. Kunhikrishnan.M, inspector of police headquarters Kasargod. The chief guest handed over the memento and cash prize to cadet Sharanya. After that cadet Sharanya shared her glorious camp experience. Principal Aravinda Krishnan handed over the momento to Corporal Athira Bhaskar B for her commentable performance at the Annual Training Camp held at Thomapuram. On behalf of the NCC unit, Government College Kasaragod, Principal handed over the best performance award for Sgt. Sudheesh.K and lcpl Sreehari.M. Mr Shuhaib felicitated the function. Vote of thanks was delivered by senior officer Sibin Raj. 21 cadets of first year, 10 cadets of second year, 21 cadets of third year, other students and teachers attended the program. The program came to an end by 12pm.

02/10/2018

GANDHI JAYANTHI CELEBRATION

As a part of Gandhi jayanthi, we had a class in the collectorate. The class was taken by Unnikrishnan sir. After the tea break, we had a quiz competition in which all the first three positions were secured by our NCC cadets. The first position was secured by cadet Harshavardhan, second by cadet Vishnu and third by cadet Ashwin. Three cadets of third year, two second years and 17 first year attended the program. The program came to an end by 12:45pm.

10/10/2018

DEFENCE SERVICE JOB ORIENTATION SEMINAR FOR YOUTH

On behalf of Lions club International, Lions club Kasargod in association with NCC, NSS unit GCK and We Ex servicemen league Uduma and Dronacharya Defense Coaching centre Kanhangad, a defence service orientation seminar was held in the college auditorium on 10th October 2018 at 9am. Special guest for the occasion Havildar Jhons Mathew was felicitated and has shared his experience in the kargil operation. The class was taken by the chairman of Dronacharya Mr. vijayan K. Later a medical checkup was conducted as part of the program.



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11 cadets of third year, 7 cadets of second year and 15 cadets of first year were present on the occasion. A total of 33 cadets were present. The program came to an end by 12 pm.

25/11/2018

THE MINI CAMP

The mini camp began on 25th November 2018 at 8:40am. The first day began with the regular parade supervised by Subedar major Ranjit Dutta. Company wise survey was held in the nearby colonies to bring awareness about conservation of electricity. Games were held in the evening session. Company wise badminton competition was conducted among both boys and girls. The dinner was prepared together and the first day came to an end by 9pm.

The second day of the camp began with PT from morning 5:30 to 7 am. After the breakfast, a regular parade was held till 12pm which was supervised by Naik subedar Ravindra Khot. Later lecture class was taken by officer Dilip Damodar. After lunch, a movie named 'Hacksaw Ridge' was shown which pictured the real life story of Dosemond Doss. Company wise football competition was held in the evening. At night, cultural programs were set up including a campfire. The programs came to an end by 10pm.

The third day of the camp began with PT from 5:30 to 7 am followed by the regular parade supervised by Havildar Rajeev Chakravarthi. After lunch break, lecture class was taken by the same sir. Finals for football and badminton were held in the afternoon, in which alpha company backed first position for badminton (girls), bravo company for badminton (boys) as well as football. All the cadets of third year, 7 cadets of second year and 21 cadets of first year attended the camp. The camp came to an end by 4pm.

30/11/2018

AIDS DAY OBSERVATION

As part of AIDs day, a rally was organised from government hospital Kasargod to new bus stand Kasargod at 6pm. Cadets held the pluck cards and candles in the rally. The program was inaugurated by sketching the symbol of AIDs. The collector along with the panchayat president attended the program and gave a speech on AIDs day. 5 cadets of third year, 8 cadets



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of second year and 15 cadets of first year attended the program. The program came to an end by 7:15pm.

26/01/2019

REPUBLIC DAY CELEBRATION

The college NCC unit took part in the district level republic day celebration held at Kasaragod municipal stadium. The chief guest, honourable minister of revenue Shri.E.Chandrasekharan hoisted the flag. District collector, District superintendent of police, officers and a lot of people were present in the stadium. A contingent of 30 cadets led by SUO Sibin Raj participated in the ceremonial parade and backed first position. The whole Republic day parade was initiated by Mrs.Shilpa D IPS. The chief guest handed over the trophy to SUO Sibin Raj. Later the cadets returned to the college. And the program came to an end by 12 pm.



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