



GOVERNMENT COLLEGE KASARAGOD

VIDYANAGAR, KASARAGOD, KERALA, 671123

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NAAC 3RD CYCLE ACCREDITATION

**REPORT OF EXTENSION ACTIVITIES
CONDUCTED DURING 2021-22**



GOVERNMENT COLLEGE KASARAGOD

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Extension and Outreach Programmes conducted by the institution - 2021-22

NSS ACTIVITIES

JUNE 2021

05/06/2021

CELEBRATED WORLD ENVIRONMENT DAY

NSS units of 02 & 03 of Government College Kasaragod celebrated world environment day by planting a total of 555 trees in their houses in the memory of Sri. G P Sajith Babu.

05/06/2021 – 15/06/2021

HELP DESK FOR VACCINATION

Volunteers participated in the help desk for the easy registration for vaccination from their houses. Also A help desk for the registration of vaccination was held from 09/06/2021 - 15/06/2021 in the Collectorate to help for the easy registration of vaccination.

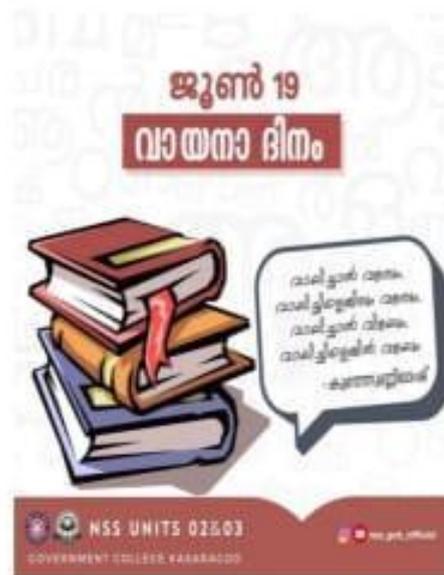
12/06/2021

AWARENESS CLASS

Volunteers participated in the campaign 12 awareness class about anaemia. The class was handled by Smt. Dr. Seleena V. She made volunteers aware about anaemia and its symptoms and causes.



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Dr. Ananthapadmanabha.A.L



14/06/2021

BLOOD DONOR DAY CELEBRATED

Blood donor day was celebrated by collecting information about all blood donors in Kasaragod district through google form. Using the information groups was formed which would create easy availability of blood donors.



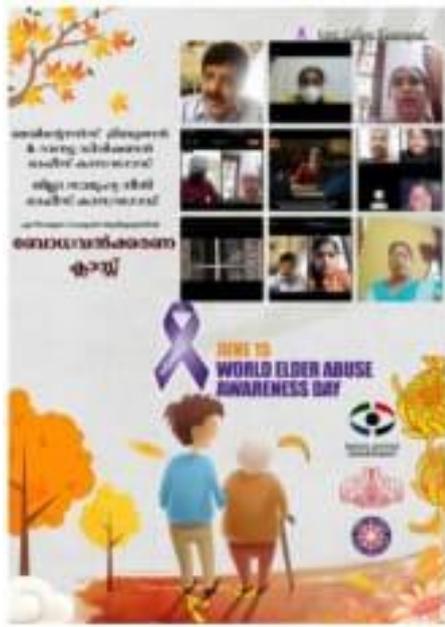
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15/06/2021

ELDER ABUSE AWARENESS DAY

The day was observed by conducting an awareness class about the issues related to the elders and their protection which was handled by Baby Balakrishnan (District panchayat president) on the topic ‘Access To Justice’. A short film named ‘The Sound Of Age’ was presented to the volunteers that showcased the hurdles faced by the elders.



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15/06/2021

OORJITHA PRADHIRODHA YAJNAM

An awareness class was conducted by vanitha shishu kshema vakuppu in the name ‘*oorjitha pradhirodha yajnam*’ which was inaugurated by Sri. Asif Iqbal Kakassery (NSS programme officer, Government College Kasaragod). The class was handled by Shelgia Sanilkumar (Nursing Tutor JPHN training School Kasaragod).

19/06/2021 – 25/06/2021

VAYANA VARAM CELEBRATED

Vayana varam was celebrated by conducting interactions with writers.

20/06/2021

VAYANA VARAM CELEBRATED

The second day of *vayana varam* was celebrated by conducting an interactive session with Sri. Balachandran Kottodi (2021 JC Daniel Excellency Award winner).

21/06/2021

WORLD MUSIC DAY AND YOGA DAY CELEBRATED

World music day was celebrated by conducting a music competition for adults with age above 30 in the name ‘*Kavile pattu malsaram*’. Yoga day was celebrated by releasing the poster of volunteers doing Yogasanas.

21/06/2021

VAYANA VARAM CELEBRATION

The third day of *vayana varam* was celebrated by conducting an interactive session with writer as well as journalist Sri. Abhy Kuttyanam.

22/06/2021

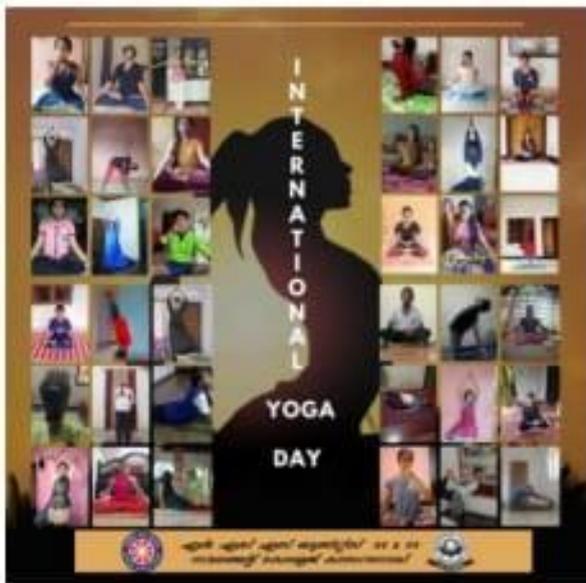
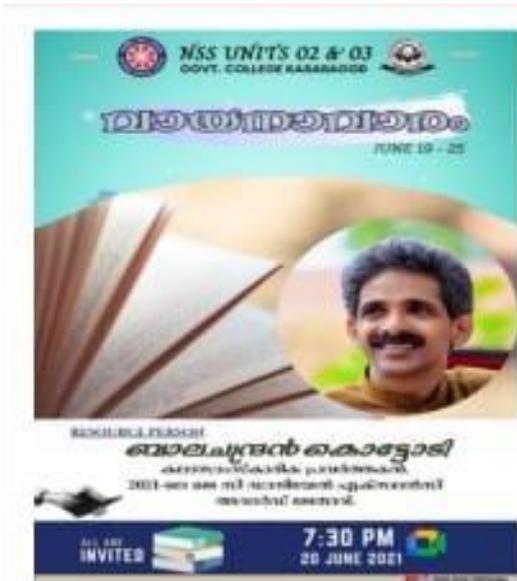
VAYANA VARAM CELEBRATION

Winners of online fest Noopura were declared and the winners and other participants were congratulated. Along with this online *pusthaka charcha* was also conducted on the occasion of *vayana varam*.



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25/06/2021

VAYANA VARAM CELEBRATION

Last day of *Vayana varam* was celebrated by conducting an interactive session with Sri. Shylendran M V teacher of Jawahar Navodaya Vidhyalayam.



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27/06/2021

TOGETHER FOREVER

Volunteers showcased their activities and talents through google meet to get rid of the mental stress.

JULY 2021

04-07-2021

TOGETHER FOREVER

Volunteers of Government College Kasaragod showcased their talent through online platform Google meet.

09-07-2021

WEBINAR CONDUCTED

NSS units 02 & 03 of Government College Kasaragod along with Build Up Kasaragod conducted a webinar on the topic 'Face Challenges In Life Like a True Champion', which encouraged volunteers a lot.



12-07-2021

TOGETHER FOREVER AND FAREWELL TO Dr.D SAJITH BABU IAS

Volunteers conducted online cultural programmes to lessen the loneliness due to Covid-19. The last day as District Collector of Kasaragod was officially released by him, certificates were distributed to volunteers for their service in the help desk.



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14-07-2021

UNIVERSITY AWARD

Kannur University awards were declared in which Government College Kasaragod NSS volunteers got Best NSS volunteer university awards. Akash. P and Anagha k was congratulated.

15-07-2021

BOOK DONATION DRIVE

Volunteers collected books from neighbours and along with Nila foundation these books were collected to create a library for Adivasi students in Kollam district in the present situation of Covid -19 pandemic.



17-07-2021

GENDER SENSITIZATION CAMPAIGN

Department of Women and child development ,District Women and Child Development Kasaragod, Mahila Shakthi Kendra Kasaragod, ICDS project Kasaragod in association with NSS units 02 & 03 of Government College Kasaragod organised a GENDER SENSITISATION programme which was inaugurated by Shanavas Paathoor and the sessions was handled by Mohan Das V U (Founder ,Better life) on the topic 'Gender Relations' and Adv. V. Sree Krishnan on the topic 'Gender and Law'.



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18-07-2021

TOGETHER FOREVER

Volunteers of Government College Kasaragod conducted online cultural programmes along with games.

21-07-2021

WEBINAR CONDUCTED

Volunteers participated in the webinar conducted by JCI Golden dreams on the topic 'Sthreedhanam Nirodhanam Niyamashinte Sadhyatha'. Volunteers could know more about Dowry prohibition in the present situation.



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22-07-2021

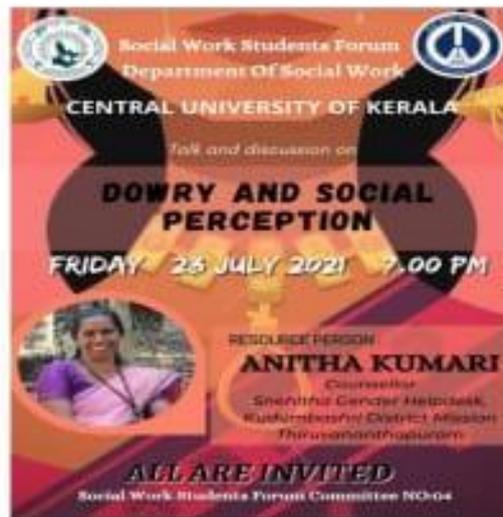
NOOPURA 2.0

NSS units 02 & 03 of Government College Kasaragod Conducted Noopura 2.0 to collect creations for the magazine. Competitions were conducted and the best creations were selected and the winners were congratulated.

23-07-2021

WEBINAR CONDUCTED

NSS units 02 & 03 of Government College Kasaragod along with Social Work Student Forum organised and interactive session on the topic 'Dowry And Perception' which was handled by Mrs. Anitha Kumari (Counsellor, Snehitha Gender Help desk).



25-07-2021

TOGETHER FOREVER

Volunteers showcase their talents through an online platform. A presentation was also conducted by Mahatma Gandhi National Council Of Rural Education and Ministry of Education, Government of India on covid related activities. Secretaries of NSS units as well as programme officers participated in the session.



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30- 07 2021

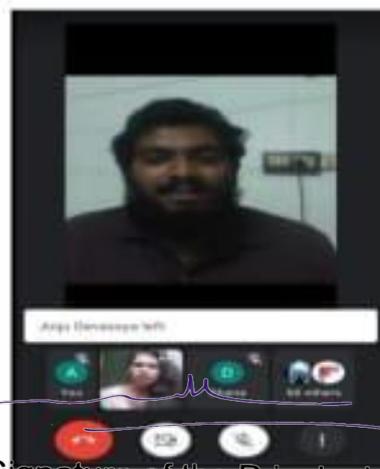
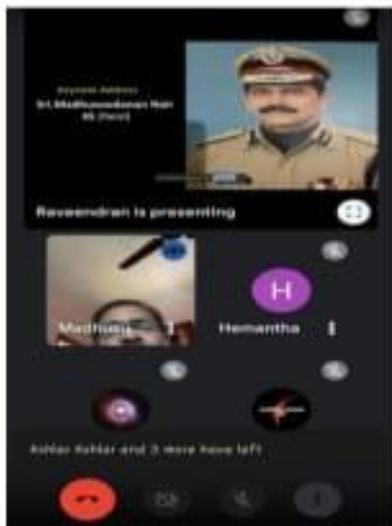
WEBINAR CONDUCTED

Volunteers participated in the webinar on the topic IAS As Career Option which was inaugurated by Sri. Rishi Raj Singh IPS, DGP.The keynote address was done by Sri. Madhusoodhanan IPS (Retd).The class was handled by Sri Kanmarudeen MA,MBA (knowledge management consultant).

30-07-2021

WEBINAR CONDUCTED

Volunteers participated in the programme Talk and Discussion on Violence and Bullying Faced by LGBTQIA + Community. The session was handled by Ms. Esha Kishore (Trans gender activist) and Mr. Anagh (Queer activist).



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AUGUST

01/08/2021

NOOPURA 2.0

NSS units of Government College Kasaragod conducted Noopura 2.0 , in order to collect creations for the magazines through competition . The best creation was selected , winners and participants were congratulated.

01/08/2021

TOGETHER WE CAN

Volunteers organised cultural programmes through google meet to come out of the stress.

02/08/2021

LIFE SKILL TRAINING

Volunteers participated in a life skill training programme which was handled by Mr. Abdul Gafoor to entertain students.

03/08/2021 - 05/08/2021

PHYSICAL ASSESSMENT AND SCREENING CAMP(RVY)

Volunteers of NSS units 02 & 03 of Government College Kasaragod participated in physical assessment and screening camp conducted by Bharath sarkar, ALMICO Bangalore, Jilla Bharanakoodam Kasaragod, held at Chinmaya Vidhyalaya, Vidhyanagar on 03/08/2021 and Christ CMI Public School, Kanhangad on 04/08/2021 and GHSS Pilicode on 05/08/2021 for the distribution of equipment for disabled people.

06/08/2021

TALK AND DISCUSSION

The social work students forum, Department of Social Work, Central University of Kerala organised a talk and discussion on the topic ' Is Virtual Schooling Contributing to Mental Health Issues For Students ' which was handled by Dr. Mercy Thomas (psychologist and family counsellor, academic counsellor IGNOU, Cochin. Student Counsellor, motivator.



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07/08/2021

WORLD BREASTFEEDING WEEK CELEBRATED

World Breastfeeding Week was celebrated by the NSS units 02 & 03 of Government College Kasaragod by preparing a placard and video which conveyed the importance of breastfeeding for the children.

07/08/2021

AWARENESS CLASS CONDUCTED

On behalf of the 12th anniversary of SPC an awareness class was organised on the topic ‘sthreedhana nirodhana niyamam’, which is a relevant topic in the present scenario.



08/08/2021

TOGETHER WE CAN

Cultural programmes were organised on the weekend for volunteers in order to showcase their talents.




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09/08/2021

LET US SING THE NATIONAL ANTHEM VENTURE

Volunteers become the part of let us sing the national anthem by uploading the video of singing the national anthem which was done to celebrate Independence day. Certificates were also obtained.

12/08/2021

INTERNATIONAL ELEPHANTS DAY CELEBRATED.

International Elephants day was celebrated by conducting a webinar by Kerala Vanam – Vanya Jeevi Vakuppu which was handled by Dr. Arun Sathyan.



15/08/2021

INDEPENDENCE DAY CELEBRATED

Independence day was celebrated by hoisting the flag at Government College Kasaragod. The flag was hoisted by principal of Government College Kasaragod Dr. Rema M in presence of NSS and NCC students.

16/08/2021

TOGETHER WE CAN

Volunteers showcased their talents through online platform google meet.




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20/08/2021

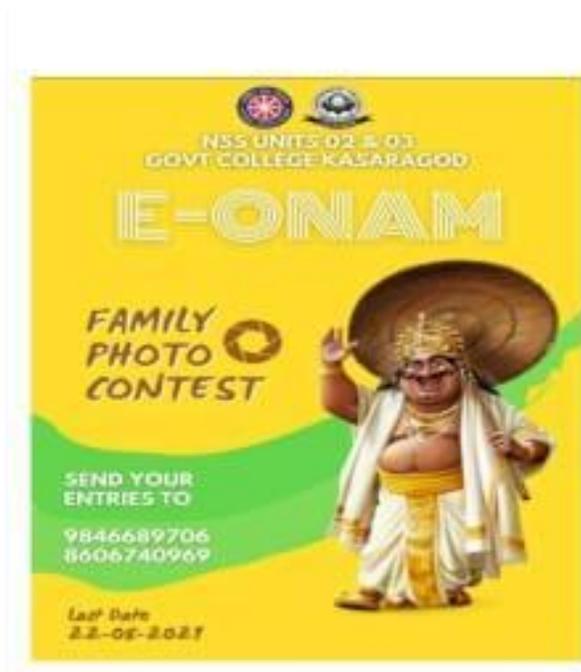
E- ONAM CELEBRATION

On behalf of Onam celebration a family photo contest was conducted.

21/08/2021

ONAM CELEBRATED

Volunteers of NSS units 02 & 03 of Government College Kasaragod and Central university of Kerala MSW students on the occasion of Onam collected money and provided dress for small children who live in a collapsed house.



22/08/2021

TOGETHER WE CAN

Volunteers showcased their talents through cultural programmes and games.

27/08/2021

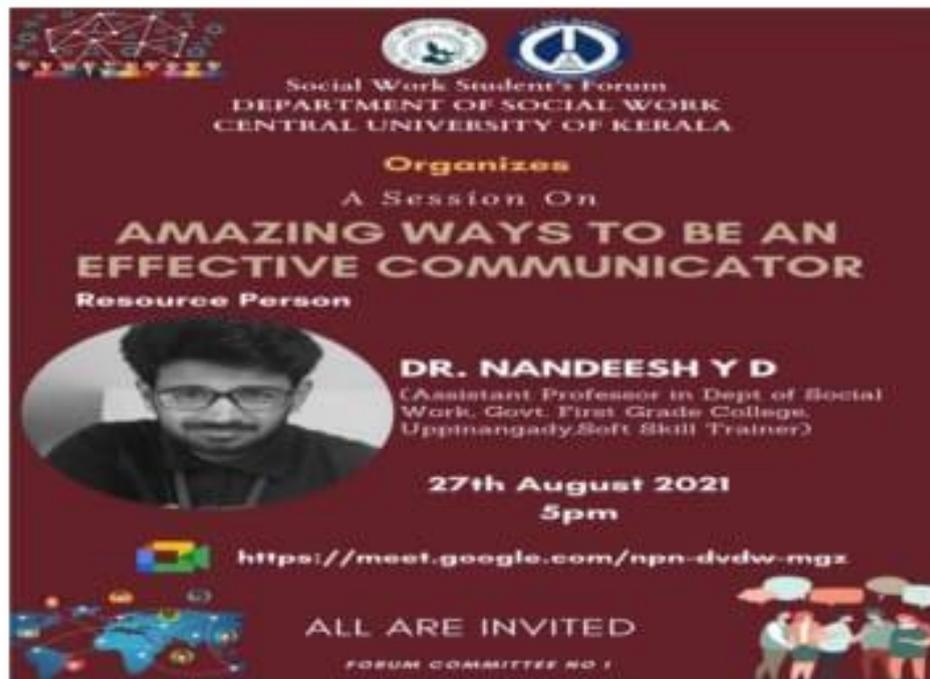
INTERACTION ORGANISED

Volunteers participated in the interactive session organised by Social Work Students forum on the topic 'Amazing ways to be an Effective Communicator'



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SEPTEMBER

03-09-2021

TALK AND DISCUSSION CONDUCTED

NSS units 02 & 03 volunteers of Government College Kasaragod participated in the talk and discussion conducted by social work students forum, department of social work, central university of Kerala on the topic 'social work leadership-who is an efficient leader? Are you one?'.

16-09-2021

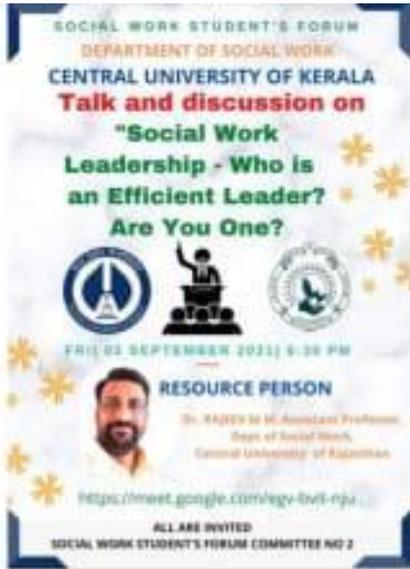
INTERNATIONAL OZONE DAY CELEBRATED

International ozone day was celebrated by conducting a webinar by Kerala Forest and Wildlife Department (social forestry decision Kasaragod). The class was handled by Prof.M Gopalan.



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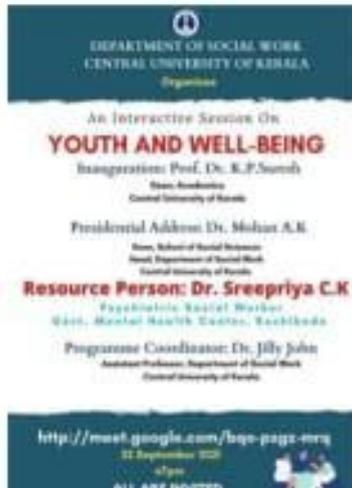
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22-09-2021

INTERACTIVE SESSION CONDUCTED

NSS units 02 & 03 of Government College Kasaragod participated in the interactive session conducted by department of social work, central university of Kerala on the topic ‘Youth and Wellbeing’ by Dr.Sreepriya C.K.



24-09-2021

NSS DAY CELEBRATED

NSS units 02 and 03 of Government College Kasaragod celebrated NSS day by organising a blood donation campaign at Government General Hospital Kasaragod. About 30 volunteers participated in the campaign. Along with this paper pen were made by the volunteers and distributed to their neighbors. Cultural programmes were performed by the volunteers through



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24-09-2021

INTERACTIVE SESSION CONDUCTED

NSS units 02 & 03 of Government College Kasaragod participated in the interactive session conducted by Social Work Students Forum and Centre for Gerontology Department of Social work on the topic 'know Dementia, know Alzheimer's' by Dr.Kuriyan Jose.

25-09-2021

STATE AWARD DECLARED

Kerala state award was declared in which Government College Kasaragod NSS volunteer Akash. P was awarded as Kerala State Best NSS volunteer.



26-09-2021

AWARENESS VIDEO CREATED

On behalf of the college reopening a video was released by NSS units 02 & 03 of Government College Kasaragod to instruct the students about the protocol and wearing them about the situation of Covid 19 which was published by Dr. Rema M (Principal Government College Kasaragod)



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28-09-2021 – 29-09-2021

HELP DESK

NSS units 02 & 03 of Government College Kasaragod set up help desk for the UG admission held at the college for the smooth functioning of the admission in the present situation of Covid 19.

30-09-2021

CLEAN COLLEGE CAMPAIGN CONDUCTED

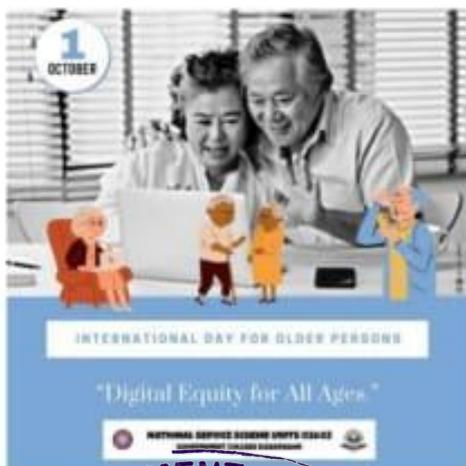
NSS units 02 & 03 of Government College Kasaragod along with N G O Union Kasaragod, conducted a college sanitization and cleaning programme which was inaugurated by MLA N A Nelikkunnu. The programme aimed to clean the entire college classrooms before the reopening of colleges in the present situation of Covid 19 pandemic. In the presence of Dr. Rama. M (Principal Government College Kasaragod) cleaned and sanitised the entire PG class rooms. About 25 volunteers participated.

OCTOBER

01-10-2021

INTERNATIONAL OLDER PERSONS DAY CELEBRATED

An interaction with the inmates of 'Snehalaya Ambalathara'. The volunteers expressed their talents as dance, song etc. And also created a platform to interact with the inmates talents. Almost 50 volunteers participated. A legal awareness class was conducted for them.



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02-10-2021

GANDHI JAYANTHI CELEBRATED

In association with Kerala Federation of Blind, the volunteers of Government College Kasaragod cleaned their compound at Udayagiri. Almost twenty volunteers participated and the programme was named “oppam”. Conducted competitions like rearrange the words and identify the persons.

02-10-2021

SURVEY CONDUCTED

NSS units 02 & 03 of Government College Kasaragod Celebrated International Day for Older Persons by conducting a survey. 10 volunteers including in each team were done. About 30 houses at Udayagiri were covered by taking information about their health condition and also enquiring whether they are vaccinated or not.



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03-10-2021

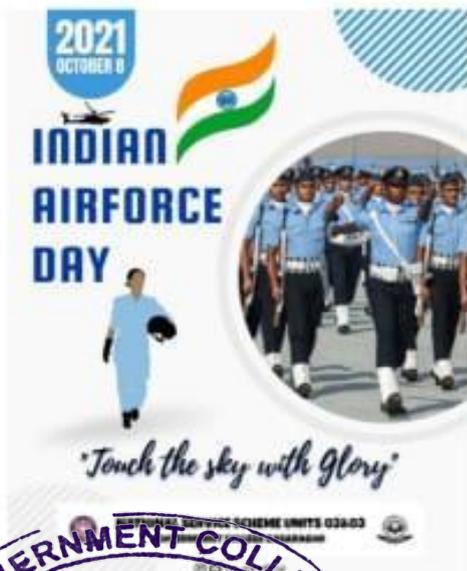
WORLD NATURE DAY CELEBRATED

Volunteers shared photos and videos that showed their intimacy towards nature.

05-10-2021

SHORT FILM CREATED

A short film named 'Bhayam vazhimarumbol' created for participating in a competition which was conducted for NSS units in the District by department of Social Justice Kasaragod, Maintenance Tribunal Kasaragod and Maintenance Tribunal Kanhangad in association with international older persons day celebration.



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08-10-2021

LIBRARY CLEANING CONDUCTED

NSS units 02 & 03 of Government College Kasaragod conducted cleaning at Kasaragod municipality library. Team of 30 volunteers participated in this cleaning programme that started at 10 am. Volunteers helped with sorting magazines, newspapers and other library books. Also they cleaned the surroundings of the library which was non-functional due to Covid-19.

09-10-2021

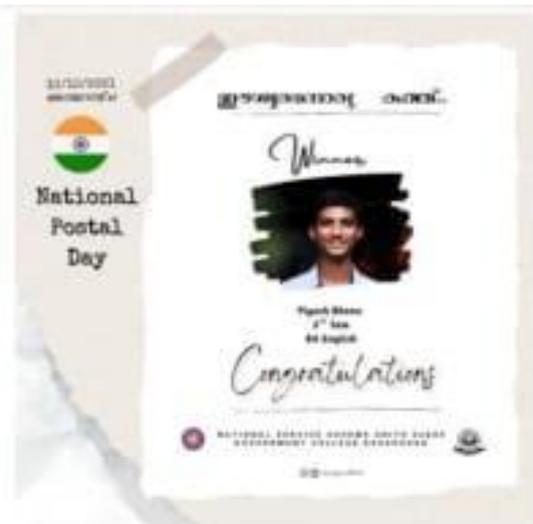
CAMPUS CLEANING CONDUCTED

NSS units 02 & 03 of Government College Kasaragod cleaned our college campus. Volunteers cut the grasses and make the campus plastic free. Almost all volunteers participated in this programme. Principal Dr. Rema Madam guide us.

10-10-2021

NATIONAL POSTAL DAY CELEBRATED

NSS units 02 & 03 of Government College Kasaragod celebrated National Postal Day by conducting a letter writing competition titled 'Eeshwaranoru Kath' about contemporary social life.





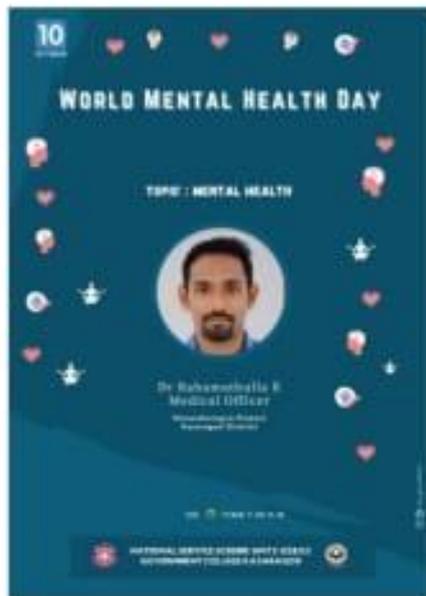
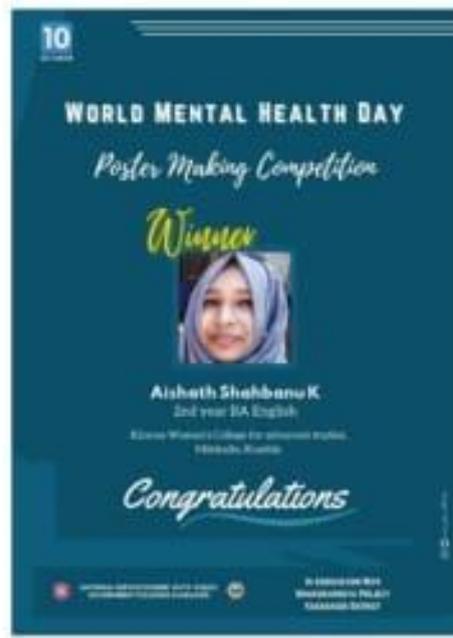
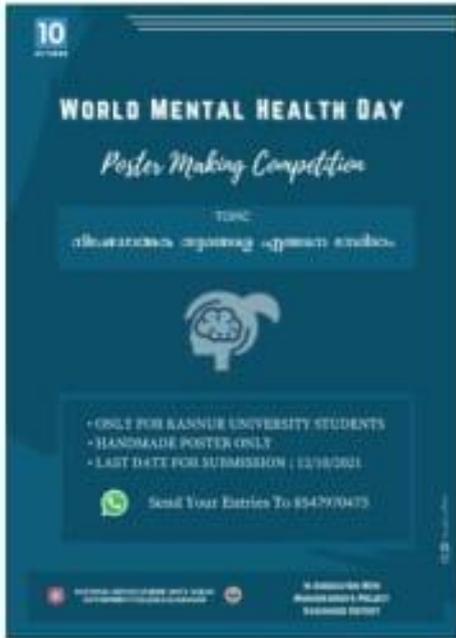
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10-10-2021

WORLD MENTAL HEALTH DAY CELEBRATED

In association with World Mental Health Day NSS units 02 & 03 of Government College Kasaragod conducted an orientation class on the topic 'Mental health' by Dr. Rahamathulla K Medical officer, Manasikarogya Project Kasaragod District. 65 volunteers participated in this programme.



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10-10-2021

CONDUCTED POSTER MAKING COMPETITION

NSS units 02 & 03 of Government College Kasaragod conducted a poster making competition for all Kannur University students in association with Manasikarogya Project Kasaragod District.

11-10-2021

INTERNATIONAL DAY FOR GIRL CHILD CELEBRATED

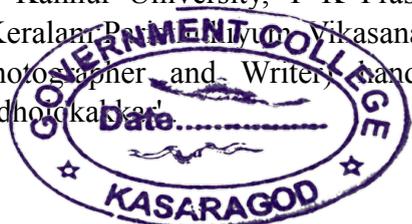
NSS units 02 & 03 of Government College Kasaragod conducted caption writing competition.



12-10-2021 to 13-10-2021

PARTICIPATED IN TWO DAYS ONLINE NATURE STUDY CAMP

NSS Volunteers of unit 02 & 03 of Government College Kasaragod Participated in an online Nature Study Camp named 'ILAKAL' Conducted by NSS Unit 109 of NM Knowledge Arts and Science College. Dr. T P Nafeesa Baby (DSS Kannur University) Inaugurated the camp at 10 am. First session was handled by V.C Balakrishnan Sir (Executive Member, SEEK, Edat, Former Dist. Co-ordinator Kerala State Biodiversity Board) on the topic; 'Butterfly Diversity around us'. Dr. Gopikrishnan S (Asst. Professor VPSV Ayurveda College) handled the second session on the topic; 'Chuttuvattathe Oushadha Sasyangal'. HOD of Geography of Kannur University, T K Prasad handled the first session of second day on the topic; 'Keralam Paryatum Vikasanavum' Abhishah Raveendran (SBI Chief Manager, Nature Photographer and Writer) handled the Second session on the topic; 'Pakshilokathe Adhivakal'.



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15-10-2021

WORLD STUDENTS DAY CELEBRATED

NSS units 02 & 03 of Government College Kasaragod celebrated World Students Day by creating a video which contains the vision of Dr. A.P.J Abdul Kalam about students.

16-10-2021

WORLD FOOD DAY CELEBRATED

NSS units 02 & 03 of Government College Kasaragod celebrated World Food Day by giving the food for the needies. The programme was named “Snehapoorvam”. The NSS volunteers wrapped up the delicious and ordinary home-made food and delivered packages from each home as best they could and distributed them to the poor, the hungry and the homeless. The packages were distributed at Kasaragod bus stand, railway station and other nearby places.



16-10-2021

PROGRAMME ON CAREER GUIDANCE AND AWARENESS ON THE CYBER LAWS FOR THE STUDENTS

A programme on career guidance and awareness on cyber laws for the students that was conducted by Districts Legal Authority, Kasaragod in association with Taluk Legal Services Committee, Kasaragod. 10 volunteers participated in this programme. The programme was held at Directorate Conference Hall, Kasaragod that was Inaugurated by honourable Mr. Justice K. Vinod Chandran, Executive Chairman of Kerala State Legal Services Authority, Ernakulam.



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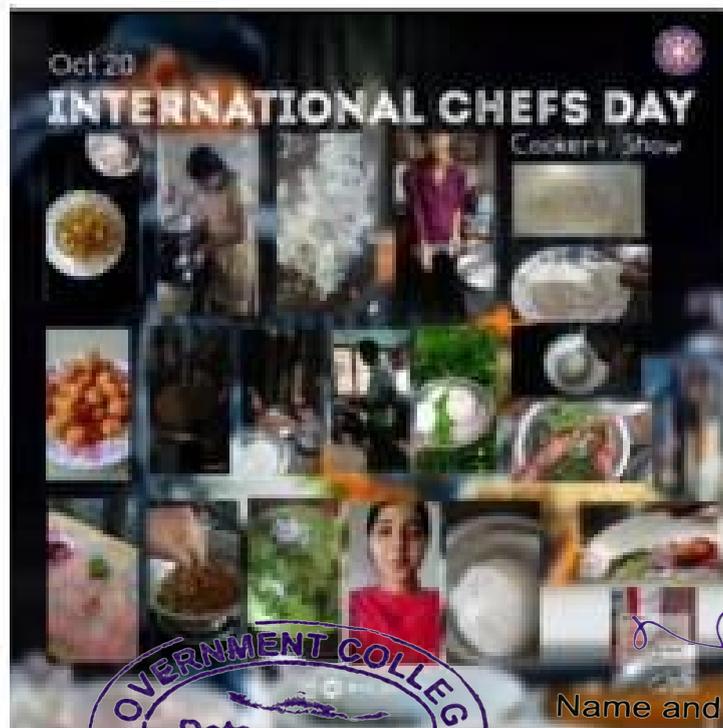




20-10-2021

INTERNATIONAL CHEFS DAY CELEBRATED

NSS units 02 & 03 of Government College Kasaragod celebrated International Chefs Day by conducting cooking shows.



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24-10-2021

UNITED NATIONS DAY CELEBRATED

NSS units 02 & 03 of Government College Kasaragod celebrated United Nations Day by conducting quiz competitions for the volunteers.

25-10-2021

NELLIKUNNU BEACH CLEANING

NSS units 02 & 03 of Government College Kasaragod conducted a plastic collection drive at Nellikkunnu Beach organised by Nehru Yuva Kendra as part of Clean India Campaign. 21 volunteers participated in this programme that started at 10 am, as a part of clean up plastic storage programme that runs from October 1 to 31. The programme was inaugurated by Adv V.M Muneer (Municipal chairman Kasaragod) and Akhil P (NYK District Youth Officer) co-ordinated the programme. Volunteers were divided into 6 groups and collected plastic, bottles, chappals separately to make the beach plastic free.



ക്ലീൻ ഇന്ത്യ കാമ്പയിനിന് തുടക്കം
 കാസർഗോട്: കേന്ദ്ര സർക്കാരിന്റെ ആസാദി കാ അമൃത മഹോത്സവം പരിപാടിയുടെ ഭാഗമായി നെഹ്റു യുവകേന്ദ്ര കാസർഗോട്, കാസർഗോട് മുൻസിപ്പാലിറ്റി, എൻ.എസ്.എസ് ഗവ.കോളേജ് യൂണിറ്റ് എന്നിവരുടെ പങ്കാളിത്തത്തോടെ ക്ലീൻ ഇന്ത്യ കാമ്പയിൻ സംഘടിപ്പിക്കുന്നു. ഒന്നു മുതൽ തീണ്ടു നിൽക്കുന്ന പ്ലാസ്റ്റിക്, സംഭരണ ശേഷിയുടെ ഭാഗമായി ഇന്നു രാവിലെ മണിക്ക് നെല്ലിപ്പുഴ് തുറന്നു ശുചീകരിക്കും.



GOVERNMENT COLLEGE KASARAGOD
 Date.....

Name and Signature of the Principal
Dr. Ananthapadmanabha.A.L

PRINCIPAL GOVERNMENT COLLEGE KASARAGOD



25-10-2021

INTERNATIONAL ARTIST'S DAY CELEBRATED

NSS units 02 & 03 of Government College Kasaragod celebrated International Artists Day by sharing volunteers' masterpiece works.

26-10-2021

E-WASTE MANAGEMENT

NSS units 02 & 03 of Government College Kasaragod conducted e - waste management at College. 10 volunteers participated in this programme. The Volunteers calculated the number of electronic materials and arranged it properly.

30-10-2021

PRE-RD UNIVERSITY LEVEL SELECTION

Three volunteers from NSS units 02 & 03 of Government College Kasaragod participated for Kannur University Pre - RD selection camp held at Mangattuparamb, Kannur University Campus.

31-10-2021

SEA VIEW PARK CLEANING

NSS Units 02 & 03 of Government College Kasaragod conducted Sea View Park cleaning at Thayalangadi organised by Nehru Yuva Kendra as a part of "Clean India Campaign" . 29 volunteers participated in this programme that started at 10 am. The grass was picked up and stuffed into bags. The plastic was collected from the river bank, surroundings and brought to the designated place. The carved grass was dug up and cleaned. The campaign started from October 1 and the valedictory function was held on 31 October. Akhil (NYK District Youth Officer) delivered the welcome address, Shamseeda Firoz (vice chairperson Kasaragod municipality) delivered the presidential address. N A Nellikkunnu (Honourable MLA Kasaragod) inaugurated the programme and he released the poster of Catch the Rain programme. V M Muneer (Chairperson of municipality) was the chief guest and M A Najeeb (Principal Navabarath Science College Kasaragod) presented the topic. The programme ended with a vote of thanks.



Name and Signature of the Principal
Dr. Ananthapadmanabha A.L

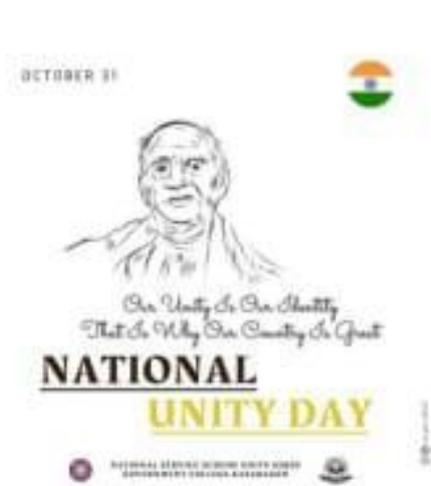




31-10-2021

NATIONAL UNITY DAY AND NATIONAL PLEDGE DAY CELEBRATED

NSS units 02 & 03 of Government College Kasaragod celebrated National Unity Day and National Pledge Day by taking pledge.



Name and Signature of the Principal
Dr. Ananthapadmanabha.A.L

**PRINCIPAL
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NOVEMBER 2021

01/11/2021

65th KERALA PIRAVI DAY CELEBRATED

NSS Units 02 & 03 of Government College Kasaragod celebrated Kerala Piravi day by creating a kitchen garden at every volunteer's home. The programme was named 'Oru thadam natti 2.0'. About 80 volunteers participated.

05/11/2021

WORLD TSUNAMI AWARENESS DAY CELEBRATED

NSS Units 02 & 03 of Government College Kasaragod celebrated world tsunami awareness day by preparing a powerpoint presentation that contained the new ideas and suggestions of the volunteers about disaster management. About 80 volunteers participated.

07/11/2021

NATIONAL CANCER AWARENESS DAY CELEBRATED

NSS Units 02 & 03 of Government College Kasaragod celebrated National Cancer Awareness Day by preparing a placard about cancer awareness. About 70 volunteers participated.

10/11/2021

WORLD SCIENCE DAY CELEBRATED

NSS Units 02 & 03 of Government College Kasaragod celebrated world science day by conducting a competition of EXPERIMENTS DEMONSTRATION for all students of Government College Kasaragod. The competition was to do a simple experiment and explain the science behind it.

11/11/2021

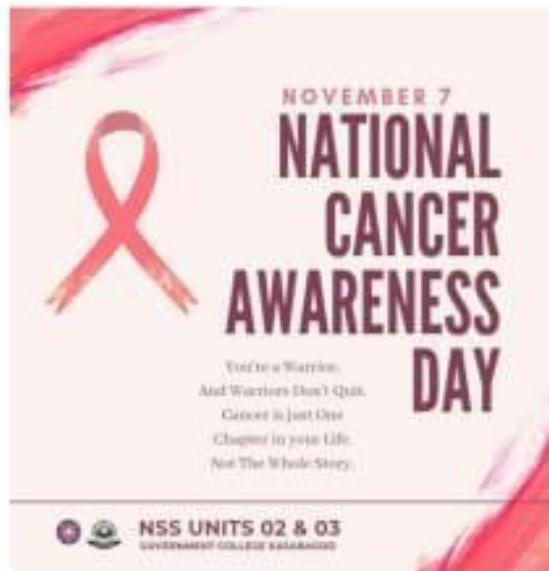
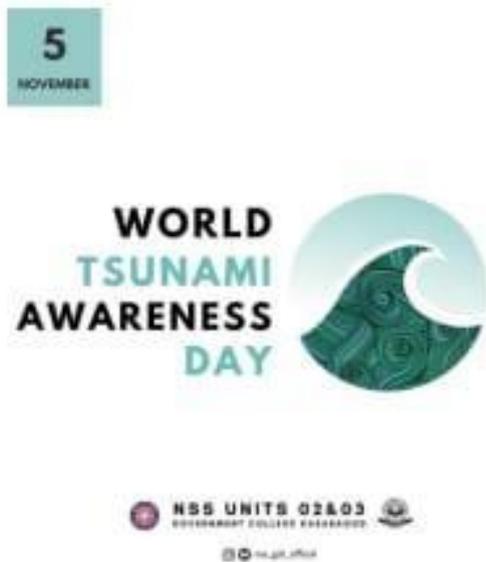
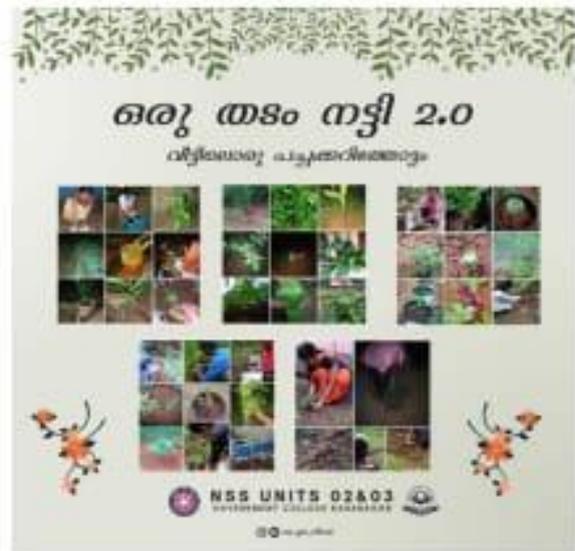
NATIONAL EDUCATION DAY CELEBRATED

NSS Units 02 & 03 of Government College Kasaragod celebrated national education day by creating a video in which the volunteers told a quote about the importance of education. About 80 volunteers participated.



Name and Signature of the Principal
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12/11/2021

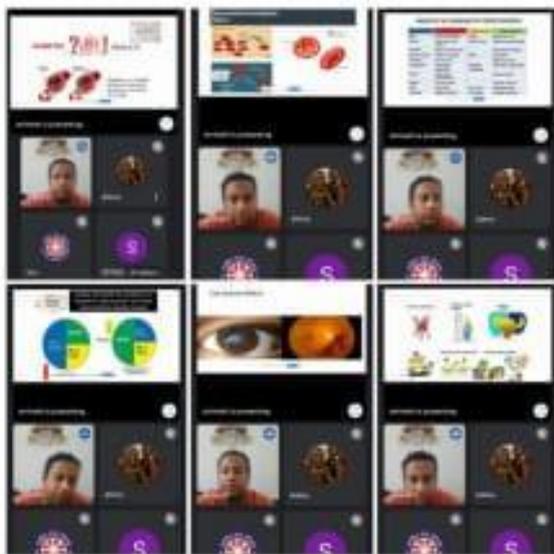
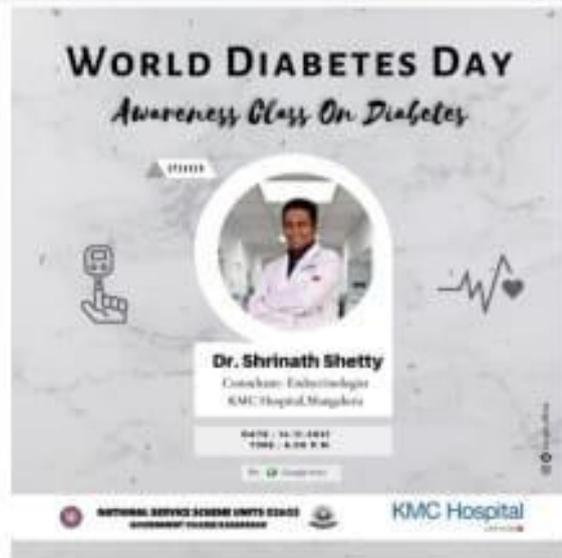
WORLD PNEUMONIA DAY CELEBRATED

NSS Units 02 & 03 Government College Kasaragod celebrated world pneumonia day by creating an awareness video about the deadliest disease pneumonia.



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14/11/2021

DIABETICS DAY OBSERVED

NSS units 02 & 03 of Government College Kasaragod observed Diabetics Day by conducting an awareness class on the topic Diabetics. The class was handled by Dr. Shrinath Shetty (consultant, endocrinologist of KMC hospital, Mangaluru). The class started at 6 pm on Google meet. Almost 60 volunteers participated in this programme. The volunteers got a clear idea about diabetes.



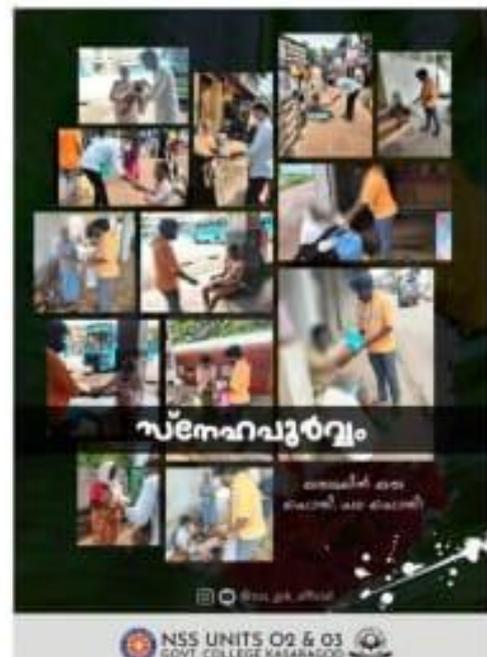
Name and Signature of the Principal
Dr. Ananthapadmanabha A.I.



14/11/2021

CHILDREN’S DAY CELEBRATED

NSS units 02 & 03 of Government College Kasaragod celebrated Children’s Day by conducting a programme called “Chachajik oru thoppi”. The volunteers taught the children to make the hat of Nehru and also shared videos and photos of making hat with children.



15/11/2021

KANNUR UNIVERSITY AWARD FUNCTION

NSS units 02 & 03 of Government College Kasaragod participated in the award function which was conducted by Kannur university. Name and Signature of the Principal (2019-20),



[Handwritten Signature]

Dr. Ananthapadmanabha A.I

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best programme officer award for Prof.Sujatha S (2019-20) and best volunteer award for Ancy Andrews (2019-20), Anagha K and Akash P (2020-21).

16/11/2021

CAMPAIGN CONDUCTED

NSS units 02 & 03 of Government College Kasaragod conducted campaigns for first years. The volunteer secretaries went to every department. The volunteer secretaries talked to them about NSS and cleared their doubts.

16/11/2021

FOOD DISTRIBUTED

In association with the “Snehapoorvam” programme which was conducted every month, NSS units 02 & 03 of Government College Kasaragod distributed food for the needies. The NSS volunteers wrapped up the delicious and ordinary home-made food and delivered packages from each home as best they could and distributed them to the poor, the hungry and the homeless. The packages were distributed at Kasaragod bus stand, railway station and other nearby places.

17/11/2021

INTERNATIONAL STUDENTS DAY CELEBRATED

NSS units 02 & 03 of Government College Kasaragod celebrated International Students Day through google meet. The volunteers shared their school life memories. The programme was named ‘Madhurikkum ormakal’.. Almost 50 volunteers participated.

20/11/2021

20 DAYS OF ORU THADAM NATTI 2.0

NSS units 02 & 03 of Government College Kasaragod celebrated 20 days of oru thadam natti 2.0 by collecting the photos of the kitchen garden which was started in association with Kerala Piravi.



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Dr.Ananthapadmanabha.A.L

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20 DAYS



Oro Thadam Natti 2.0



20/11/2021

SVEEP CLASS ATTENDED

In association with Special Summary Revision 2022, 2 volunteers from NSS units 02 & 03 of Government College Kasaragod posted as campus ambassadors. They attended an awareness class related to SVEEP. The volunteers were instructed to do a campaign at college for promoting students to create votes. The programme was coordinated by SVEEP district nodal officer Sri. Suresh Babu.



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23/11/2021

INDUCTION PROGRAMME FOR NEW VOLUNTEERS CONDUCTED

NSS units 02 & 03 of Government College Kasaragod conducted an orientation class for first year students as a part of their selection. Prof. Mohammed Ali K Sir (Principal of Govinda Pai Memorial Government College Manjeshwar) handled the session. Students understood more ideas about NSS through his words.

24/11/2021

PARTICIPATED IN RASHTRIYA VAYOSHRI YOJANA

NSS units 02 & 03 of Government College Kasaragod participated in a programme named RASHTRIYA VAYOSHRI YOJANA, "A scheme for distribution of physical aids & assisted living devices for senior citizens" by Government of India, Ministry of social justice & Empowerment, Department of social justice & Empowerment which was held at Kanz Auditorium, chemnad on Wednesday 24th November at 11.30 am. The programme was organised by ALIMCO, Kanpur in coordination with District Administration Kasaragod and Kerala Social Security Mission. The programme was inaugurated by Mr.A Narayanaswami (Hon'ble Union minister of state for social justice and empowerment, Govt. of India). Mrs. Bandari Swagath

Ranveerchand IAS(District Collector, Kasaragod) welcomed the gathering. The programme was presided over by Mr. Rajnarayan Unnithan(Member of Parliament, Kasaragod). Mr. A V Ashok Kumar (unit head of ALIMCO, Bangalore) and Signatures of the Principal were divided into 4 committees for reception, distribution, Social and cultural. The volunteers



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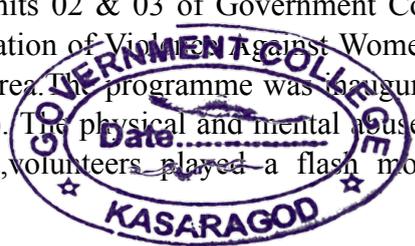
showcase their cultural talents. The sincere efforts of volunteers were appreciated by everyone.



25/11/2021

INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN CELEBRATED

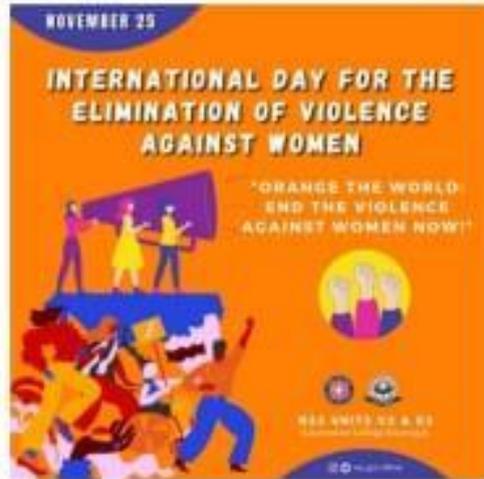
NSS units 02 & 03 of Government College Kasaragod celebrated International Day for the Elimination of Violence Against Women by performing a “flash mob” at Kasaragod new bus stand area. The programme was inaugurated by Sri. Asif Iqbal kakkassery (NSS programme officer). The physical and mental abuse of women and girls are increasing day by day in this context, volunteers played a flash mob pointing out the problems faced by women and



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conveyed the message and made the society aware about this. Almost 15 volunteers participated in this programme. The programme started at 12 PM.



25/11/2021

WORLD ANTIBIOTICS AWARENESS WEEK CELEBRATED

NSS units 02 & 03 of Government College Kasaragod celebrated “World Antibiotics Awareness Week“ in association with the department of food safety, Kasaragod. “Go Blue for AMR” was the tagline of this programme. Sri. John Vijaya Kumar (food safety department) gave a welcome speech. Prof. Asif Iqbal (Name and Signature of the Principal) gave a presidential address. Homambika S (nodal food safety officer, Kasaragod) introduced the





topic. The classes were taken by Sri. Satheeshan (Deputy director, fisheries), Sri. Mahesh Narayanan (quality control officer), Dr. Dhanusree (veterinary surgeon), Sri. Ranjith (health supervisor).

Sri. Sreenivsan M delivered the vote of thanks. The programme started at 2 PM. Almost 50 volunteers participated in this programme. The volunteers got a clear idea about the use of Antibiotics & food safety.

26/11/2021

PARTICIPATED IN STATE LEVEL LEADERSHIP CAMP UNIVERSITY LEVEL SELECTION

Three volunteers from NSS units 02 & 03 of Government College Kasaragod participated in state level leadership camp selection at University level. The selection programme was conducted by Kannur university NSS cell at Kannur University Campus, Thavakkara. Among them one volunteer Athira K got selection to attend state level leadership camp which will be held at Trivandrum.

26/11/2021

PARTICIPATED IN CONSTITUTION DAY QUIZ COMPETITION

Three volunteers from NSS units 02 & 03 of Government College Kasaragod participated in the Constitution day quiz competition which was held at Collectorate Conference Hall, Kasaragod. The programme was conducted by Nehru Yuva Kendra. Zabeeba Rukiya Hussain from our college got third place in this competition.

26/11/2021

PARTICIPATED IN RASHTRIYA VAYOSHRI YOJANA SCHEME

NSS units 02 & 03 of Government College Kasaragod participated in RASHTRIYA VAYOSHRI YOJANA. The programme was held at Kanhangad. Sri. E Chandrashekar (MLA Kanhangad) was the chief guest. Almost 32 volunteers participated in this programme. The volunteers were divided into four committees for reception, distribution, food and culture. The Committees did their work with much dedication. The volunteers performed their cultural talents and encouraged the beneficiaries to perform their talents.

27/11/2021

SYSTEMATIC EDUCATION AND ELECTORAL PARTICIPATION PROGRAMME CONDUCTED



(Signature)
Name and Signature of the Principal
Dr. Ananthapadmanabha.A.L

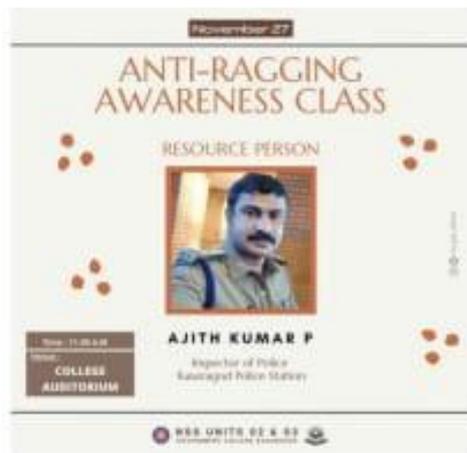


NSS units 02 & 03 of Government College Kasaragod conducted an awareness class in association with Special Summary Revision 2022. The class was conducted for first year students as a part of their selection process. Almost 120 volunteers participated in this programme. The programme started at 10.30 am. The programme was held at the college auditorium. Programme Officer Sujatha Mam did the presidential address. Deputy Collector Sri. Suryanarayanan was the chief guest. Ajith Kumar (master trainer of SVEEP) takes the session. He talked in detail about how one can enter their name into the voter list. Sri.Dhanesh and Sri. Satheeshan (office clerks of election) also attended this programme.

27/11/2021

ANTI-RAGGING AWARENESS CLASS CONDUCTED

NSS units 02 & 03 of Government College Kasaragod conducted an Anti ragging class. Sri. Ajith (Inspector of police, Kasaragod) handled the class. Almost 100 volunteers participated in the programme. The programme was held at the college auditorium at 11.30 am. The Volunteers got a clear idea about anti-ragging rules.



Name and Signature of the Principal
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27/11/2021

CAMPUS CLEANING CONDUCTED

On behalf of the selection process of first year NSS volunteers, NSS units 02 & 03 of Government College Kasaragod conducted campus cleaning. The programme started at 2 PM. The volunteers were divided into five groups and cleaned the different parts of the campus.

28/11/2021

CULTURAL TALENTS

As a part of the selection process NSS units 02 & 03 of Government College Kasaragod collected the videos of cultural talent of first year volunteers.

DECEMBER 2021

01/12/2021

WORLD AIDS DAY OBSERVED

NSS units 02 & 03 of Government College Kasaragod observed World Aids Day by conducting an awareness class about AIDS. The class was taken by Sri. Anil Kumar (senior Councillor of ART centre, Govt. Hospital Kasaragod). Sri. Asif Iqbal kakkassery (programme officer of NSS unit) welcomed the gathering. Sri. Hari Kurupp (HOD of Economics, Govt. College Kasaragod) did the presidential address. Prof . Sujatha S (programme officer of NSS unit) expressed felicitation to the programme. Almost 110 volunteers participated in this programme.

01/12/2021

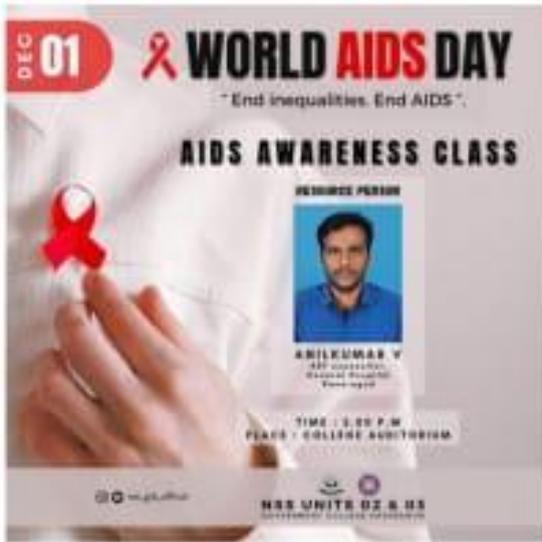
STREET PLAY CONDUCTED

Two volunteers from NSS units 02 & 03 of Government College Kasaragod participated in the street play which was conducted in association with AIDS Day. The street play was organised by Kerala State AIDS Control Society, Nehru Yuva Kendra Kasaragod and NSS units 02 & 03 of Government College Kasaragod. The programme was held at Govinda Pai Memorial Government College Manjeshwaram. The programme was inaugurated by A K M Ashraf (M.L.A. Manjeshwaram). Panchayath Vice President, AIDS control society members were present.



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02/12/2021

NATIONAL POLLUTION CONTROL DAY OBSERVED

NSS units 02 & 03 of Government College Kasaragod observed National Pollution Control Day by making cloth bags. By making cloth bags they learned how to make and how we can reduce pollution by using cloth bags. Almost 100 volunteers participated.



Name and Signature of the Principal
Dr. Ananthapadmanabha A.I

PRINCIPAL
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KASARAGOD

03/12/2021- 05/12/2021

PARTICIPATED IN NSS STATE LEVEL VOLUNTEERS LEADERSHIP CAMP

NSS units 02 & 03 of Government College Kasaragod participated in “Sadbavana” NSS State level volunteers leadership camp 2021. Volunteer Athira K participated in the camp organised by State NSS cell in connection with UN International Volunteer Day that was held at Shri. Sathya Sai Arts & Science College Saigramam, Thiruvananthapuram from 03/12/2021 to 05/12/2021.

04/12/2021

HAIR DONATION CAMP CONDUCTED

NSS units 02 & 03 of Government College Kasaragod conducted a hair donation camp in association with Rudhirasena, Kasaragod. About 30 donors participated in this programme. Prof. Sujatha S (programme officer of NSS unit) welcomed the gathering. Dr. Rema M (principal of Government College Kasaragod) gave a presidential address. The programme was inaugurated by Sri. Mathew M A (DYSP of narcotic cell & DNO SPC Project Kasaragod). Sub inspector of police, Chandrika Madam distributed the certificate for the hair donors.



04/12/2021

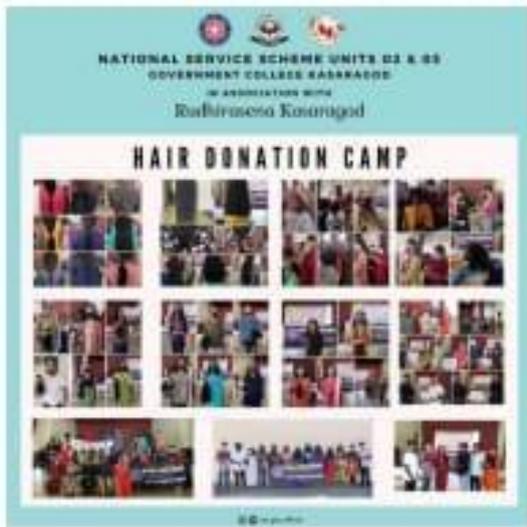
INDUCTION PROGRAMME WAS CONDUCTED

NSS units 02 & 03 of Government College Kasaragod organised a session for first year NSS aspirants to check their active participation and cultural talents. The session really helped the volunteers to know themselves and each other. The programme was assigned as a part of the selection process. The programme started at 2 pm.



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05/12/2021

HOME CLEANING CONDUCTED

NSS units 02 & 03 of Government College Kasaragod conducted home cleaning. The volunteers were instructed to clean their home and make plastic free. The volunteers cleaned their homes and shared the photos of the cleaning.

07/12/2021

PARTICIPATED IN RASHTRIYA VAYOSHRI YOJANA SCHEME

NSS units 02 & 03 of Government College Kasaragod participated in RASHTRIYA VAYOSHRI YOJANA. The programme was held at Thanal Buds School Bovikanam. The programme was inaugurated by Shri Mathew (Karaduka block panchayat president). Almost



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28 volunteers participated in this programme. The volunteers were divided into three committees for reception, distribution and food. The Committees did their work with much dedication. Volunteers also cleaned their surroundings by cutting grass.

07/12/2021

CONDUCTED ENERGY CONSUMPTION AWARENESS RALLY AND SIGNATURE CAMPAIGN

Government College Kasaragod NSS units 02 & 03 in association with Pantech conducted an awareness Rally and signature campaign coordinated by the Kerala State Energy Management system. The programme was held at the college & the Rally was started from the college to highway junction road Vidhyanagar. Kasaragod MLA Sri. NA Nellikunnu inaugurated the closing ceremony of the event. College Principal Dr. Rema M presided over the function and flagged off the rally. Pantech General Secretary Shri Kukkanam Rahman welcomed the gathering. Prof . Asif Iqbal Kakkassery, NSS Programme Officer inaugurated the Signature Campaign. Programme Officer Mrs. Sujatha S spoke on the occasion. Volunteer Secretary Abhijith V S, Ladish M addressed the gathering and thanked the participants. Almost 85 volunteers participated in the rally. The programme successfully completed its target, the pledge & mega sign collection to encourage the public to be aware of it.



RVV CAMP

ENERGY CONSUMPTION AWARENESS RALLY AND SIGNATURE CAMPAIGN



NSS UNITS 02 & 03
Govt College Kasaragod



Name and Signature of the Principal
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PRINCIPAL
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KASARAGOD

09/12/2021

INTERNATIONAL ANTI – CORRUPTION DAY OBSERVED

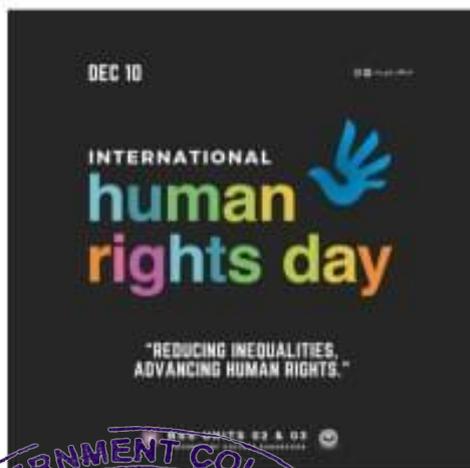
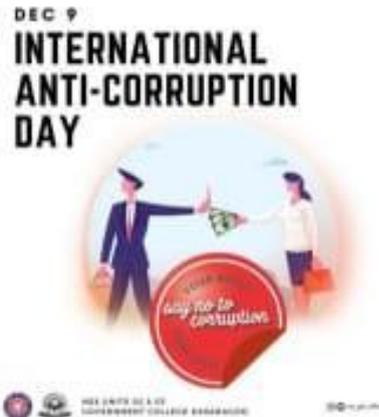
NSS units 02 & 03 of Government College Kasaragod observed international anti-corruption day by conducting an elocution programme. The volunteers created a video which contains the idea of “How corruption affects justice and development”. Almost 100 volunteers participated.

10/12/2021

WORLD HUMAN RIGHTS DAY OBSERVED

NSS units 02 & 03 of Government College Kasaragod observed world human rights day by making placards. The volunteers prepared placards which showed the importance of observing human rights day. Almost 100 volunteers participated.

ENERGY CONSUMPTION AWARENESS BALLY AND SIGNATURE CAMPAIGN



Name and Signature of the Principal
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18/12/2021

CAMP ORIENTATION CONDUCTED

NSS units 02 & 03 of Government College Kasaragod conducted an orientation programme for first year NSS volunteers who are going to attend special camp. The volunteer secretaries gave them a clear idea about the camp. It helped the volunteers to prepare for the camp. The volunteers were divided into five groups and gave a second year leader to each group.

18/12/2021

PARTICIPATED IN WE DESERVE CAMP

NSS units 02 & 03 of Government College Kasaragod participated in the camp which was held at GHSS Mangalpaday. The programme started at 10 am. Sri. A K M Ashraf (MLA) Inaugurated this programme.

18/12/2021

ADVISORY COMMITTEE CONDUCTED

NSS units 02 & 03 of Government College Kasaragod conducted an advisory committee meeting prior to the annual special camp.

23/12/2021

CAMPUS CLEANING CONDUCTED

NSS units 02 & 03 of Government College Kasaragod conducted campus cleaning. The programme started at 9.30 am. Almost 100 volunteers participated. The volunteers cleaned the campus as a part of special camp site cleaning.

23/12/2021-29/12/2021

ANNUAL SPECIAL CAMP

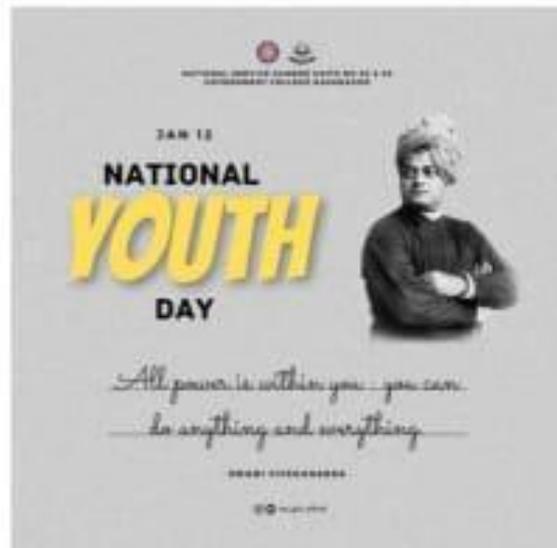
The annual special camp of NSS units 02 & 03 of our college was conducted at Government College Kasaragod. The camp was organised with the slogan "Raising Youth for Nature". The camp was named IVIDAM. The camp started on 23/12/2021 and ended on 29/12/2021. The camp was inaugurated by Adv. V M Muneer (Municipal chairman of Kasaragod municipality). The camp was mainly focused on Nelakala SC colony, the adopted village of our NSS units. In addition, manual work was done on the Collectorate premises and on the college campus. The volunteers were divided into five groups named 'Chuttiyatta', 'Thakara Muth', 'Attakaruppan', 'Chenjappa', and 'Annam'. The volunteers actively participated in the manual works, human resource development classes and cultural



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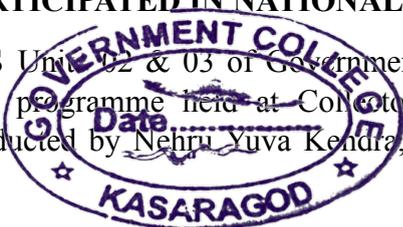
Vivekananda”. The session was handled by Sri. T M Jose Thayyil (National Trainer). Chithra T (volunteer secretary) welcomed the gathering and Sethulakshmi V S (volunteer secretary) expressed vote of thanks. Almost 50 volunteers participated in this programme. The programme started at 1.30 pm.



12/01/2022

PARTICIPATED IN NATIONAL YOUTH DAY PROGRAMME

NSS Unit 02 & 03 of Government College Kasaragod participated in the National Youth Day programme held at Collectorate Conference hall, Kasaragod. The programme was conducted by Nehru Yuva Kendra, Kasaragod in collaboration with NSS Units 02 & 03 of



Name and Signature of the Principal
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Government College Kasaragod. Akhil P (DYO, NYK Kasaragod) gave the presidential address. The programme was inaugurated by Sri. Suryanarayanan V (Deputy Collector (Election) Kasaragod). Sri. Madhusoodhanan (District Information Officer) and Sri. Sudeep Bos (District Sports Officer) was present. Sri. T M Jose Thayyil (National Trainer) handled a class on “life and teaching of Swami Vivekananda.” Volunteer secretary Ladhish M said the vote of thanks. 25 volunteers participated in this programme. The programme started at 10.30 am.

12/01/2022 - 13/01/2022

PARTICIPATED IN NATIONAL YOUTH FESTIVAL

Volunteers from NSS Units 02 & 03 of Government College Kasaragod participated in the National Youth Festival to be held virtually from 12/01/2022 to 13/01/2022.

13/01/2022

SECOND DAY OF YOUTH WEEK CELEBRATED

NSS units 02 & 03 of Government College Kasaragod celebrated the second day of youth week celebrations by organising an online cultural programme named “Dhwani”. Almost 80 volunteers participated in this programme. The programme started at 7 pm and it lasted for two hours. The volunteers got a platform to showcase their talents and interact with others.



14/01/2022

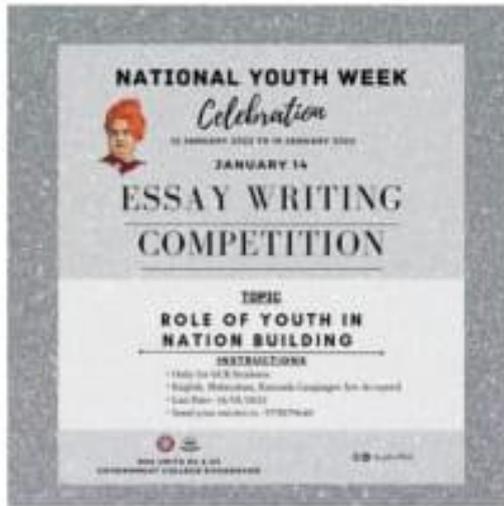
THIRD DAY OF YOUTH WEEK CELEBRATED

NSS units 02 & 03 of Government College Kasaragod celebrated the third day of youth week celebrations by conducting an essay writing competition on the topic “Role of Youth in Nation Building”



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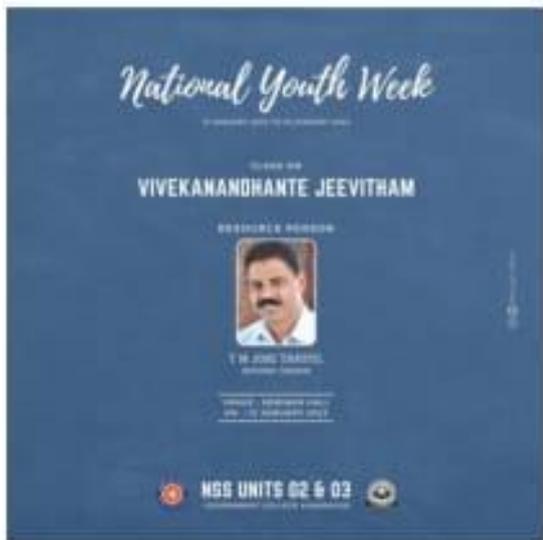




15/01/2022

FOURTH DAY OF YOUTH WEEK CONDUCTED BLOOD DONATION CAMP

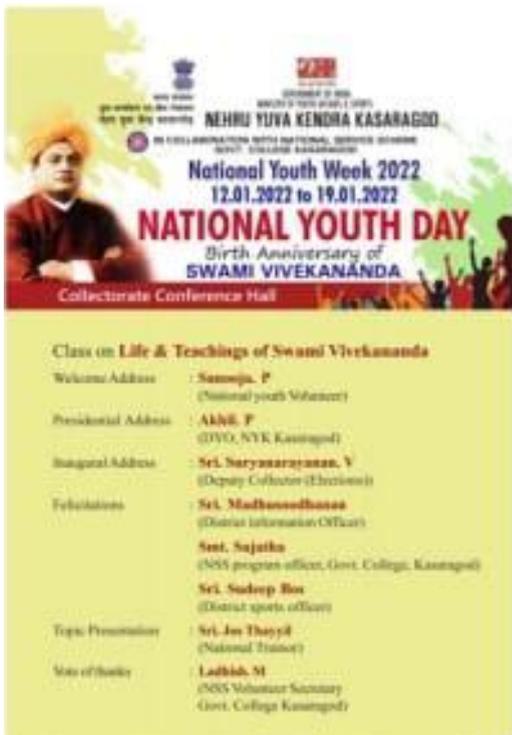
NSS units 02 & 03 of Government College Kasaragod conducted blood donation camp in association with Nehru Yuva Kendra, Kasaragod and AASC Alampady. Almost 30 volunteers participated. The programme was held at Collectorate Conference Hall, Kasaragod. The programme was presided over by Sri. Akhil P (DYO, NYK Kasaragod). The programme was inaugurated by Sri. Shanavas Padhur (Vice president, District Panchayath, Kasaragod). Smt. Sujatha (NSS programme officer), Sri. Madhusoodhanan (District Information Officer) and Sri. Gafoor (President, AASC Alampady) expressed felicitation to the programme. Sri. Siddiq M (Secretary, AASC Alampady) welcomed the gathering and Sri. Abhijith V S (NSS Volunteer Secretary) expressed vote of thanks.



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15/01/2022

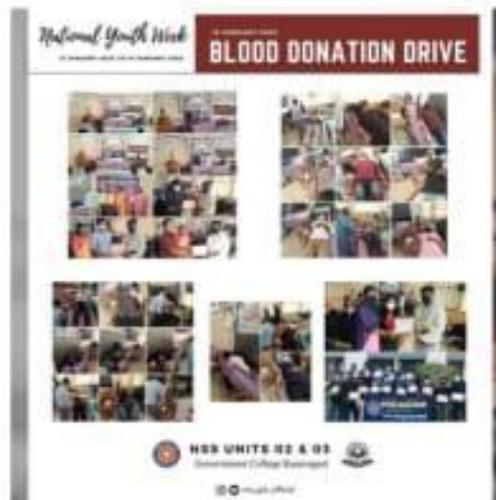
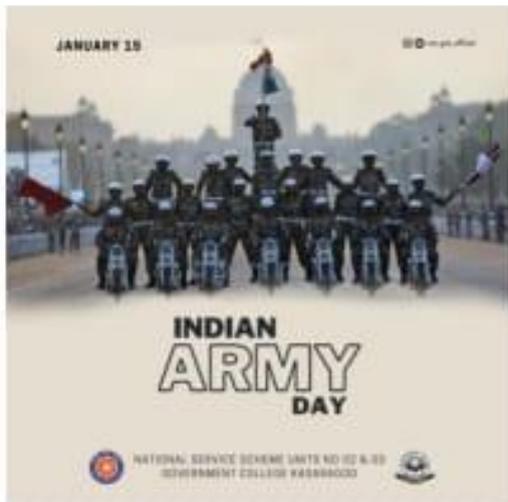
FOOD DISTRIBUTED

In association with “Snehapoorvam ” programme which was conducted every month, NSS units 02 & 03 of Government College Kasaragod distributed food for the needies. The NSS volunteers wrapped up the delicious and ordinary home-made food and delivered packages from each home as best they could and distributed them to the poor, the hungry and the homeless. The packages were distributed at Kasaragod bus stand, railway station and other nearby places.



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16/01/2022

FIFTH DAY OF YOUTH WEEK CELEBRATED

NSS units 02 & 03 of Government College celebrated the fifth day of youth week celebrations by conducting a speech competition on the topic “spreading HIV/AIDS among youth”.

17/01/2022

SIXTH DAY OF YOUTH WEEK CELEBRATED

NSS units 02 & 03 of Government College celebrated the sixth day of youth week celebrations by conducting a cartoon competition on the topic “youth and social media”.

18/01/2022

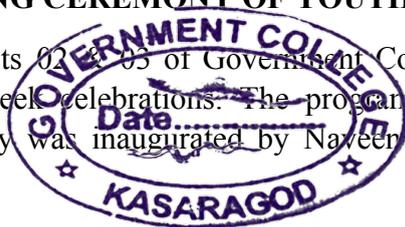
SEVENTH DAY OF YOUTH WEEK CELEBRATED

NSS units 02 & 03 of Government College Kasaragod celebrated the seventh day of youth celebrations by conducting home cleaning. The volunteers cleaned their homes and shared photos in the group.

19/01/2022

CLOSING CEREMONY OF YOUTH WEEK CELEBRATIONS

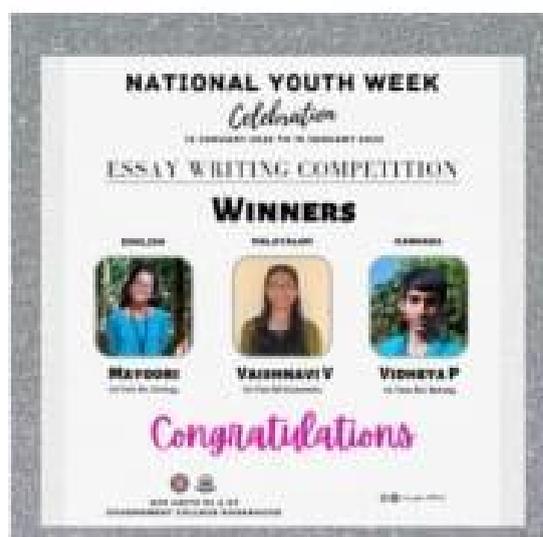
NSS units 02 & 03 of Government College Kasaragod organised the closing ceremony of youth week celebrations. The programme started at 7 pm on the 19th of January. The closing ceremony was inaugurated by Naveen Ellangala (psychologist, international certified NLP



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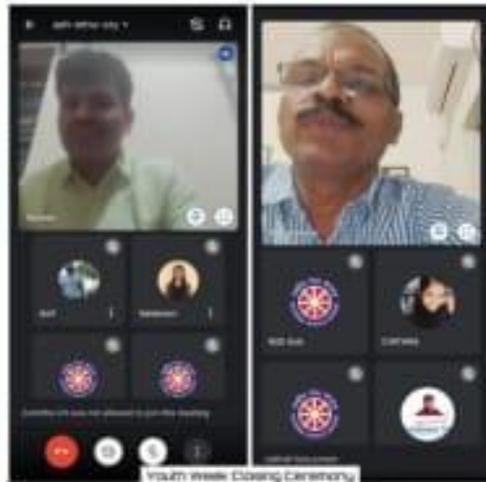
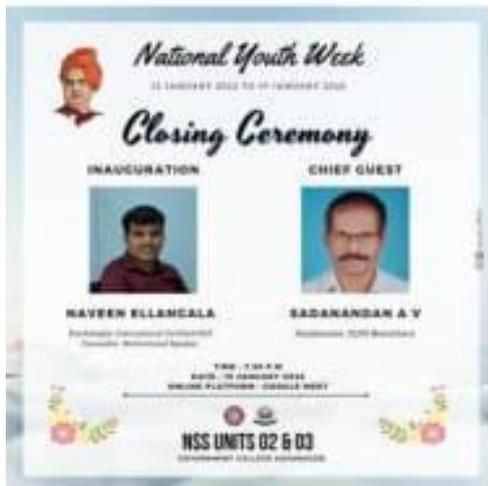
counsellor and motivational speaker) . Sadanandan A V (Head master of GLPS Beerichery) was the chief guest. Prof. Asif Iqbal Kakkassery (programme officer of NSS unit) shared felicitation to the programme. The dignitaries appreciated our units for conducting such programmes during the pandemic period.



(Handwritten Signature)

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24/01/2022

NATIONAL GIRL CHILD DAY CELEBRATED

NSS units 02 & 03 of Government College Kasaragod celebrated National Girl Child Day by conducting a photography competition on the topic “let them fly.” The volunteers shared videos of their elocution on the importance of observing national girl child day.



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24/01/2022

PARTICIPATED IN A DEBATE

NSS units 02 & 03 of Government College Kasaragod participated in a debate organised by Women and Child Development, district women and child development office and Mahila Shakthi Kendra Kasaragod as part of National Girl Child Day on the topic “Gender neutral dress code in educational institutions-how it contributes to the society or its impact on students and society”. The gender trainer and founder of Kanal NGO Jisha Thyagaraj moderated this debate. The programme started at 2 pm on google meet.

25/01/2022

NATIONAL VOTERS’ DAY OBSERVED

NSS units 02 & 03 of Government College Kasaragod observed national voters’ day by conducting an orientation class. The class was assigned by Suresh Babu, SVEEP district nodal officer, Kasaragod. He spoke about the importance of marking votes. He also interacted with the volunteers and cleared their doubts. The programme started at 8 pm on google meet. Almost 70 volunteers participated.

26/01/2022

REPUBLIC DAY OBSERVED

NSS units 02 & 03 of Government College Kasaragod observed republic day by organising an interactive session. The programme was named “noorariv”. Each volunteer prepared a powerpoint presentation which contained the unique features about India. The session was very informative and interactive.




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26/01/2022

REGISTERED NSS COVID WARRIORS KERALA

NSS covid warriors Kerala which is being formed at the state level to coordinate covid defence activities under the auspices of the State Office of the National Service Scheme.

26/01/2022

PARTICIPATED IN COVID WARRIOR KERALA ORIENTATION CLASS

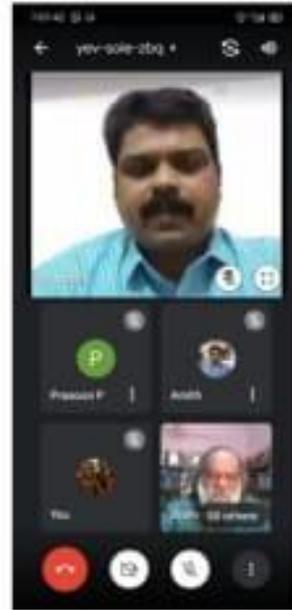
NSS units 02 & 03 of Government College Kasaragod participated in the first orientation class of NSS Covid warrior Kerala. Dr. Anzer R N (State NSS officer), Sri.Brahma Nayakam Mahadevan, Sri. Prasoon P Mangalath, participated in the class held via google meet at 7 pm. The Google Meet was held with the aim of coordinating the defensive activities carried out by the various NSS cells. The NSS is developing comprehensive plans with the view that the increased participation of campuses in defence activities should ensure greater student representation.



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29/01/2022

AWARENESS CLASS CONDUCTED

NSS units 02 & 03 of Government College Kasaragod conducted an awareness class in association with Sakhi one stop centre which was an organisation under women and child development. Dr. Vidya K (Assistant Surgeon, FHC Anandashramam) took class on the topic “Mental Health In Pandemic Period.” Deepa K (Case worker, Sakhi One Stop Centre) took a class on sakhi and its services. Sini Sebastain welcomed the gathering and volunteer secretary Sethulakshmi V S shared vote of thanks.

30/01/2022

CULTURAL PROGRAMME CONDUCTED

NSS units 02 & 03 of Government College Kasaragod conducted an online cultural programme. The cultural programme helped the volunteers to release their stress and tensions during this pandemic situation. Almost 80 volunteers participated in this programme. The programme started at 7:30 pm and it lasted for 2 hours.

31/01/2022

PARTICIPATED IN SHORT FILM COMPETITION

NSS units 02 & 03 of Government College Kasaragod participated in a short film competition which was conducted by State Anti Drug Mission, Vimukthi. It is an anti-narcotics campaign launched by the Government of Kerala to highlight the seriousness of the situation and to create awareness among and Significantly youth.



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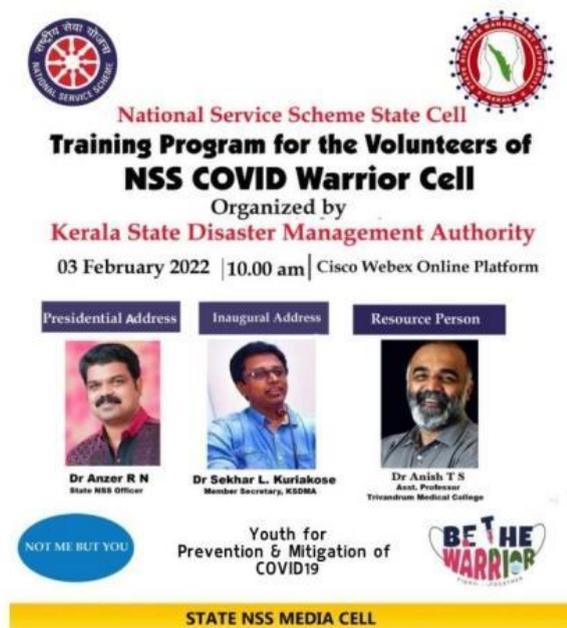


FEBRUARY 2022

03/02/2022

PARTICIPATED IN TRAINING PROGRAMME FOR THE VOLUNTEERS OF NSS COVID WARRIOR CELL

NSS Units 02 & 03 of Government College Kasaragod participated in a training program for the volunteers of NSS COVID Warrior cell. The programme was organised by Kerala State Disaster Management Authority. Dr. Anzeer R N (State NSS Officer) did the presidential address. Dr. Sekhar L Kuriakose (Member Secretary, KSDMA) inaugurated this programme. The resource person is Dr. Anish T (Asst. Professor Trivandrum Medical College). The programme took place in an online platform, Cisco Webex.

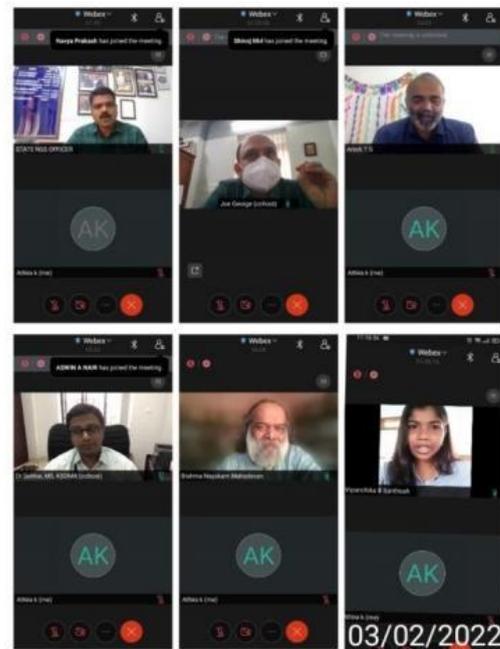


National Service Scheme State Cell
Training Program for the Volunteers of NSS COVID Warrior Cell
Organized by
Kerala State Disaster Management Authority
03 February 2022 | 10.00 am | Cisco Webex Online Platform

Presidential Address	Inaugural Address	Resource Person
 Dr Anzer R N State NSS Officer	 Dr Sekhar L. Kuriakose Member Secretary, KSDMA	 Dr Anish T S Asst. Professor Trivandrum Medical College

NOT ME BUT YOU | Youth for Prevention & Mitigation of COVID19 | BE THE WARRIOR

STATE NSS MEDIA CELL



04/02/2022

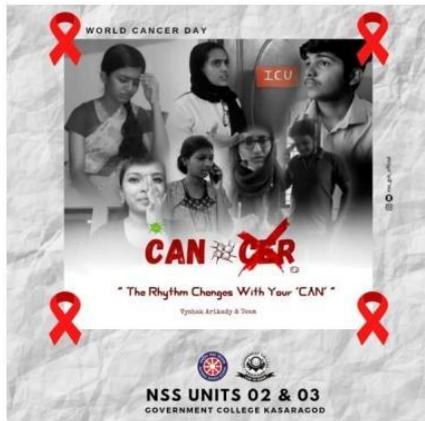
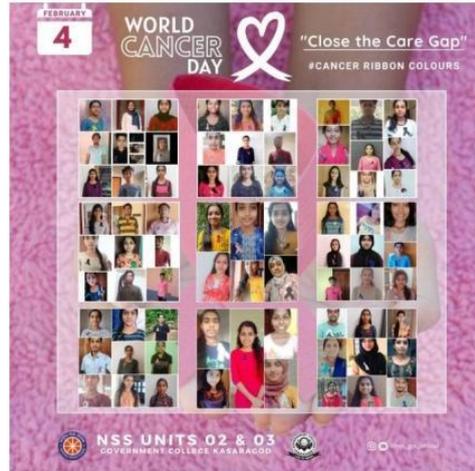
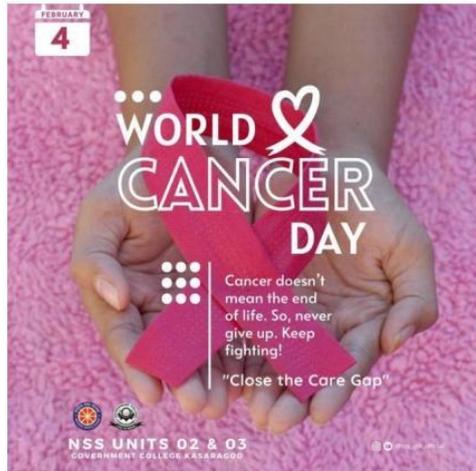
WORLD CANCER DAY CELEBRATED

NSS units 02 & 03 of Government College Kasaragod celebrated World Cancer Day by creating an online short film. The volunteers shoot each scene from their own houses and edit it as an online short film. Each volunteer shared their picture by wearing a different colour ribbon which represents different types of cancer and volunteers spoke about the significance of the ribbon which they were wired.



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05/02/2022

PARTICIPATED IN COVID WARRIORS TRAINING PROGRAMME

Volunteers from NSS units 02 & 03 of Government College Kasaragod participated in the training programme for NSS Covid Warriors engaged in Covid prevention activities all over Kerala on a regional basis organised by the State Health Department. The programme started at 2 pm.

05/02/2022 - 06/02/2022

COVID WARRIORS

Volunteers from NSS Units 02 & 03 of Government College Kasaragod assigned duty at District Hospital, Kanhangad. The volunteers did Covid-19 Data Entry.

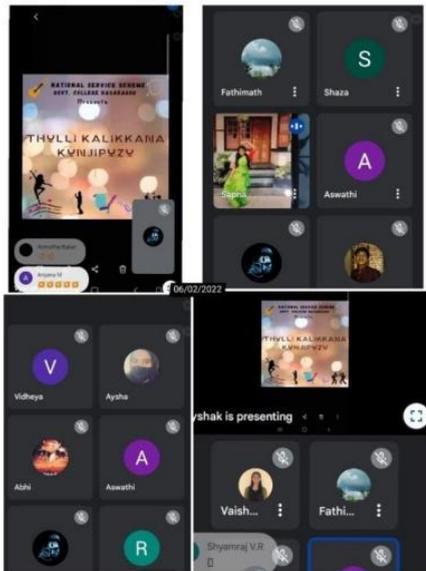



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05/02/2022



06/02/2022

CULTURAL PROGRAMME CONDUCTED

NSS units 02 & 03 of Government College Kasaragod conducted a cultural programme which was organised each Sunday for entertainment in the present scenario of Covid - 19. The programme started at 7.30 pm and it lasted for two hours. Almost 80 volunteers participated in this programme.



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07/02/2022 - 08/02/2022

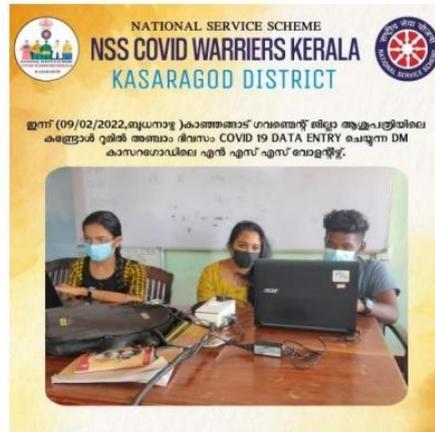
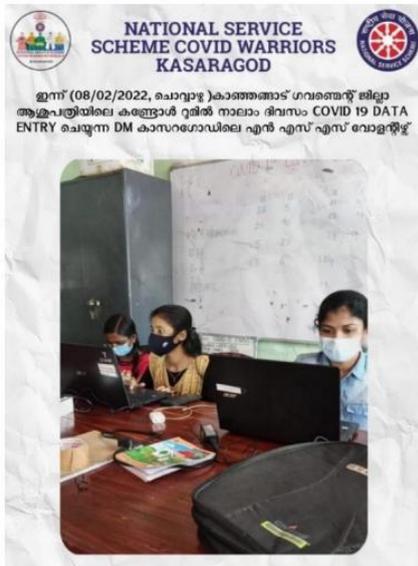
COVID WARRIORS

Volunteers from NSS Units 02 & 03 of Government College Kasaragod assigned duty at District Hospital, Kanhangad. The volunteers did Covid-19 Data Entry.

09/02/2022 - 10/02/2022

COVID WARRIORS

Volunteers from NSS Units 02 & 03 of Government College Kasaragod assigned duty at District Hospital, Kanhangad. The volunteers did Covid-19 Data Entry.



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10/02/2022

AWARENESS CLASS ON CYBER SECURITY AND CYBER CRIME CONTROL AND PREVENTION

NSS Units 02 & 03 of Government College Kasaragod conducted awareness classes on cyber security and cyber crime control and prevention in association with Sakhi One Stop Centre under women and child development. The class was handled by Raveendran Madikai, assistant sub inspector cyber police station Kasaragod. Deepa K (case worker Sakhi One Stop Centre) talks about Sakhi and its service. The programme started at 8 pm on Google Meet.

12/02/2022

PARTICIPATED IN A WEBINAR ON HEALTH AWARENESS

NSS Units 02 & 03 of Government College Kasaragod participated in a webinar which was organised by Covid warriors kerala in association with Moulana Hospital, Perinthalmanna, Astermims Oncology department and IMA WDW Perinthalmanna as a part of World Cancer Day. The webinar is based on the theme “different types of cancers in women”. The class was assigned by Dr. Rahul(MBBS, MD, DM Consultant) and Dr. Kochu S Mani (MBBS, DGO, Senior Consultant).

12/02/2022

COVID WARRIORS

Volunteers from NSS Units 02 & 03 of Government College Kasaragod assigned duty at District Hospital, Kanhangad. The volunteers did Covid-19 Data Entry.

13/02/2022

CULTURAL PROGRAMME CONDUCTED

NSS units 02 & 03 of Government College Kasaragod conducted a cultural programme which was organised each Sunday for entertainment in the present scenario of Covid - 19. The programme started at 7.30 pm and it lasted for two hours.

14/02/2022

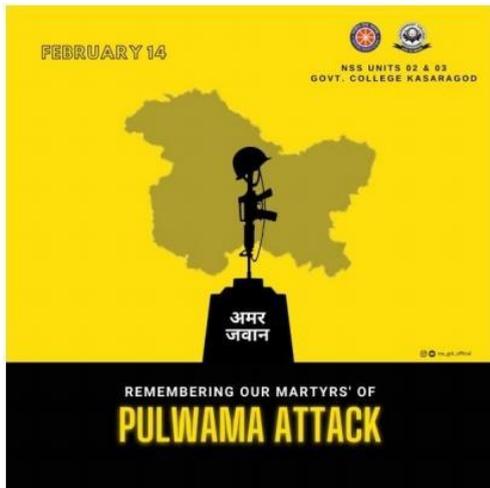
PULWAMA DAY

NSS units 02 & 03 of Government College Kasaragod, The Volunteers Light up the candles and share poems holding a lighted candle in honour of martyrs of Pulwama attack.



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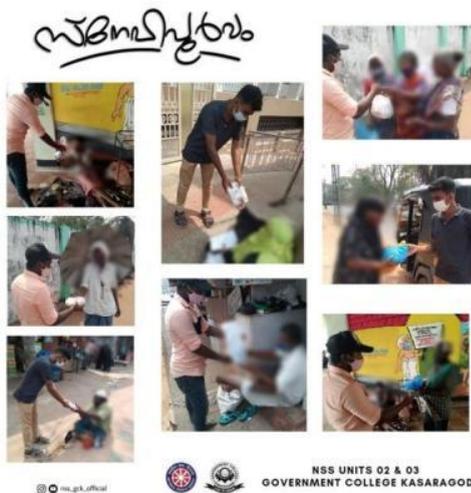




16/02/2022

FOOD DISTRIBUTED

In association with “Snehapoorvam” programme which was conducted In every month, NSS units 02 & 03 of Government College Kasaragod Distributed food for the needies. The NSS volunteers wrapped up the Delicious and ordinary home-made food and delivered packages from Each home as best they could and distributed them to the poor, the Hungry and the homeless. The packages were distributed at Kasaragod Bus Stand, railway station and other nearby places.



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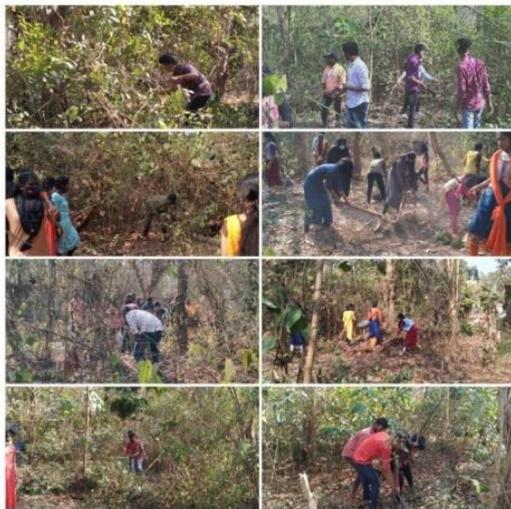
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19/02/2022

MANGROVE PLANTATION

In collaboration with Mogral panchayath, Jeevanam Pradeshika Karshaka Unit and Janasutranam, NSS Units 02 & 03 of Government College Kasaragod planted Mangroves at Mogral puthur Kadav. Adv. Sameera Faizal (Mogral panchayath president) inaugurated this programme. Almost 15 volunteers participated and 3000 saplings were planted. The programme was started at 10 am and it lasted till noon. Support was provided by locals and guaranteed workers. The volunteers who took up the event with sincerity were appreciated and become role models for the society. This has become a good activity during this time when rivers and lakes are disappearing.



21/02/2022

WORK AT BENTHIC RICHNESS

NSS Units 02 & 03 of Government College Kasaragod worked on Benthic Richness at Mogral Puthur Kadav. The volunteers filled up the water tanks and poured water to the trees.



(Handwritten Signature)

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21/02/2022

STARTED AGRICULTURAL GARDEN

NSS Units 02 & 03 of Government College Kasaragod started an agricultural garden at the college. The volunteers pruned the grasses and made the plot for cultivation.

21/02/2022

INVITED FOR AIIMS HUMAN CHAIN

NSS Units 02 & 03 of Government College Kasaragod participated in a human chain for the need of AIIMS in Kasaragod district. The need to set up a world-class medical college, the All India Institute of Medical Sciences or AIIMS in Kasaragod district, free of charge for research and treatment for any disease. Nasser Cherkalam (Chairman, People's Community Working Group) and Zubair Paduppu (Vice Chairman, Indefinite Fasting Organizing Committee) explained to the volunteers.

22/02/2022

CAMPUS CLEANING

NSS Units 02 & 03 of Government College Kasaragod cleaned veranda of each department and cleared the waste of construction works.



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23/02/2022

PARTICIPATED IN COVID WARRIOR MEETING AT COLLECTORATE

NSS units 02 & 03 of Government College Kasaragod participated in a meeting related to Covid warrior kerala held at Collectorate. District commanding officer Reshma. P, dispatch and monitoring cell members Abhijith V. S and Athira k handed over the Circular by a State NSS officer to Smt. Bhandari Swagat Ranveer Chand (District Collector), Ramendran A K (Additional district magistrate) , and district legal services authority officer. Assured that the members of Covid warriors in Kasaragod district are ready to accept duties. Handed over the complete list of covid warriors members of Kasaragod district.

23/02/2022

TRAFFIC AWARENESS CLASS CONDUCTED

NSS Units 02 & 03 of Government College Kasaragod conducted a traffic awareness class. The class was assigned by Sri. Arunraj A (Assistant Motor Vehicle Inspector, MVD Kasaragod). The programme started at 2.30 pm and it lasted for 2 hours. Almost 126 volunteers participated in this programme. The volunteers were aware about this topic.



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ട്രാഫിക് ബോധവൽക്കരണം നടത്തി എൻഎസ്എസ്

By mediavisionstaff · February 24, 2022 · 29



വിദ്യാനഗർ: കോസംഗോഡ് ഗവ. കോളേജിലെ നാഷണൽ സർവീസ് സ്കീം യൂണിറ്റ്സ് 02 & 03 യുടെ നേതൃത്വത്തിൽ ഏൻഎസ്എസ് ബോധവൽക്കരണമായി ട്രാഫിക് ബോധവൽക്കരണം നടത്തി. വാഹനാപകടങ്ങളും അഭിനവ്യാപിപ്പിച്ചുള്ള ബോധവും കൂറുള്ളു വരുന്ന ഈ സാഹചര്യത്തിൽ ഏറെ ഫലപ്രദമായ ഒരു ക്യാമ്പ് അസിസ്റ്റന്റ് കോർട്ടർ വെഹിക്കിൾ ഇൻസ്പെക്ഷൻ അയ്യൻ റഫീഖ് ഏ. അമ്പലകുടി അകാശം ട്രാഫിക് പോലീസ് ക. വ. ന.

26/02/2022

PARTICIPATED IN A STREET PLAY

NSS Units 02 & 03 of Government College Kasaragod participated in a street play organised by Nehru Yuva Kendra, Kasaragod, Yuva Kesari Arts and Sports Club Kilingar and Santhosh Arts and Sports Club Seethangoli. The street play was based on the theme “Catch the Rain Where it falls, When it falls”. The programme was inaugurated by Adv. Mohammed Quasim at Jayanagar and Akhil P (Coordinator of NYK) at Seethangoli. The programme started at 2 pm.



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28/02/2022

NATIONAL SCIENCE DAY CELEBRATED

NSS Units 02 & 03 of Government College Kasaragod celebrated National Science Day by conducting a chart exhibition. The volunteers prepared chart which contain informations about the importance of Science Day, famous scientists, important contributions of science to the world etc

MARCH 2022

02/03/2022

DEBATE COMPETITION CONDUCTED

NSS Units 02 & 03 of Government College Kasaragod conducted a debate competition in association with the department of women and child development, Kasaragod and Mahila Shakthi Kendra. The topic of the debate competition was “When the dowry prohibition act expires”. The volunteers were divided into two groups, each group consisting of five members.

04/03/2022

PARTICIPATED IN DISTRICT LEVEL DEBATE COMPETITION

NSS Units 02 & 03 of Government College Kasaragod participated in district level debate competition conducted by department of Women And Child Development, Kasaragod and Mahila Shakthi Kendra. The team won second prize in the competition. The competition was held at Collectorate Conference Hall, Kasaragod.



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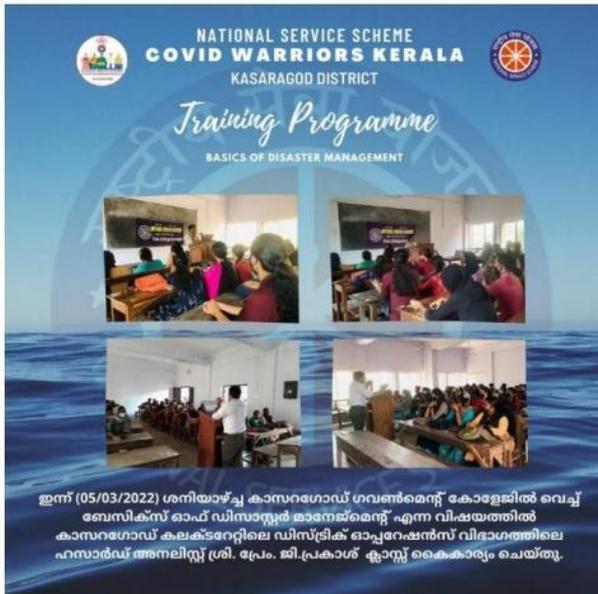
PRINCIPAL
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05/03/2022

COVID WARRIORS DISTRICT TRAINING PROGRAMME

NSS Units 02 & 03 of Government College Kasaragod conducted covid warriors district training programme. The session was about the basics of disaster management and it was handled by Sri. Prem G Prakash (hazards analyst of district operations). Almost 100 volunteers including volunteers from various colleges participated in this programme.



[Signature]
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08/03/2022

CELEBRATED INTERNATIONAL WOMEN’S DAY

NSS Units 02 & 03 of Government College Kasaragod conducted a flash mob in association with the college women cell at college campus. The flash mob also performed at New Bus stand, Kasaragod in association with Sakhi One Stop Centre, under the women and child development department. Almost 25 volunteers participated in this programme. The flash mob was based on the theme related to International Women’s Day.



വിദ്യാനഗർ : കാസറഗോഡ് ഗവ. കോളേജിലെ നാഷണൽ സർവീസ് സ്കീമിന്റെ നേതൃത്വത്തിൽ, സഖി വൺ സ്റ്റോപ്പ് സെന്ററിന്റെ പൂർണ്ണ സഹകരണത്തോടെ അന്താരാഷ്ട്ര വനിതാ ദിനത്തിൽ ഫ്ലാഷ്മോബ് സംഘടിപ്പിച്ചു. വനിതകളുടെ അവകാശങ്ങളെ കുറിച്ചും അവരെ സുശക്തരാക്കാനും അവബോധം സൃഷ്ടിക്കുന്ന ഈ ദിനത്തിൽ ഫ്ലാഷ്മോബ് നടത്തിയതിലൂടെ വോളന്റീർസ് മാതൃകയായി. പരിപാടിയിൽ എൻ. എസ്. എസ് വോളന്റീർ സെക്രട്ടറിമാരായ ചിത്ര, ആതിര കെ, അഭിജിത്, സേതുലക്ഷ്മി, ശ്രേയസ്, ലധിഷ് എം. എന്നിവർ പരിപാടി ഏകോപിപ്പിച്ചു. വുമൺ സെൽ ന്റെ സഹകരണം പരിപാടിയെ വൻവിജയം ആക്കി തീർത്തു. പ്രോഗ്രാം ഓഫീസർമാരായ ആസിഫ് ഇക്ബാൽ കാക്കരേശി, സുജാത എസ്. എന്നിവരും പരിപാടിയിൽ പങ്കുചേർന്നു.

08/03/2022

VISITED MAHILA MANDIR

NSS Units 02 & 03 of Government College Kasaragod visited Mahila Mandir, Paravanadukkam. The programme started at 11 am. Keerthana P P (Subhiksha Plus Coordinator) welcomed the gathering. The programme was presided over by Smt. Jisha (Superintendent i/c Mahila Mandir, Paravanadukkam). Mr. Shuhaib M, (Sub-Judge, DLSA) inaugurated the event. Smt. Surya V S (Front Office Coordinator, DLSA, Kasaragod) also present there. Smt. Shyamala (Matron, Mahila Mandir Paravanadukkam) expressed vote of thanks. The volunteers performed a Skit related to international women’s day and the volunteers interacted with them.

08/03/2022

PERFORMED SKIT

NSS Units 02 & 03 of Government College Kasaragod performed a skit as part of international women’s day. The programme was conducted by district women and child development office Kasaragod in association with Kerala Government and Women and Child Development. The theme of the programme was “gender equality today for a sustainable tomorrow”. The volunteers performed skit at Municipal Town Hall, Kasaragod. The volunteers who won second prize in the debate competition held at Collectorate, received their prize in this programme.



Name and Signature of the Principal
Dr. Ananthapadmanabha A.L





12/03/2022

CAMPUS CLEANING CONDUCTED

NSS Units 02 & 03 of Government college Kasaragod cleaned the college campus. The work started at 9.30 and it lasted till the evening. The volunteers were divided into three groups and they cleaned the college entrance, garden, etc. The volunteers refreshed their minds by singing songs. It was just cleaning work but it influenced the volunteers to clean their mind also.

14/03/2022

FOOD DISTRIBUTED

The pothichor distribution programme named 'Snehapoorvam' which was conducted every month, NSS units 02 & 03 of Government College Kasaragod distributed food for the needies. The NSS volunteers wrapped up The delicious and ordinary home-made food and delivered packages from each home as best they could and distributed them to the poor, the hungry And the homeless. The packages were distributed at Kasaragod bus stand, railway station and other nearby places.

15/03/2022

PARTICIPATED IN ONE DAY WORKSHOP PROGRAMME

Volunteers from NSS Units 02 & 03 of Government College Kasaragod participated in a one day workshop which was held at Cherussery auditorium, Kannur University Thavakkara Campus. The morning session by Sri. Brahmanayakam Mahadevan and afternoon session by Sri. Santhosh Kumar was delightful and informative. After both sessions a rally was conducted. The rally was based on anti-drug concepts. A flash mob was performed by the volunteers in University Campus and Kannur town.



Name and Signature of the Principal
Dr. Ananthapadmanabha. A. L



15/03/2022

PARTICIPATED IN A SEMINAR ON WORLD CONSUMERS DAY

As part of World Consumers Day a seminar was conducted at Collectorate Mini Conference Hall. The programme started at 10 am. The programme was inaugurated by Shamsheetha Firoz (vice chairperson of corporation, Kasaragod). The seminar was handled by Adv. Radhakrishnan Perumbala (Member of District Consumer Dispute Resolution Committee). Then an essay writing competition on “Consumer Law 2019 expectations”.



16/03/2022

MASS CLEANING BEFORE KANNUR UNIVERSITY UNION KALOLTSAVAM

NSS Units 02 & 03 of Government College Kasaragod conducted campus cleaning before the university union kalolsavam. All departments were joined with us in the cleaning programme. The whole campus was cleaned under the leadership of NSS Volunteers. The work was started at 11 am and it lasted till the evening.

17/03/2022

TRAINING PROGRAMME FOR PHOZHILARANG 2022

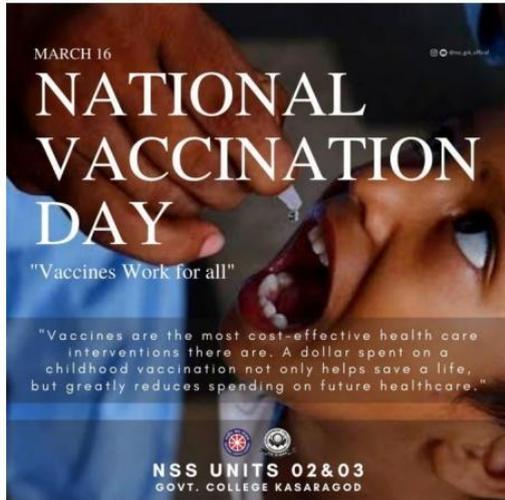


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Name and Signature of the Principal
Dr. Ananthapadmanabha.A.L



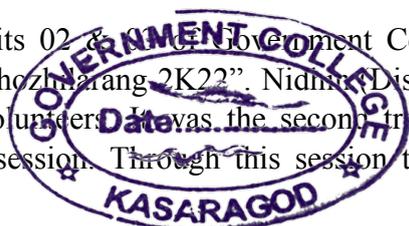
NSS Units 02 & 03 of Government College Kasaragod conducted a training programme about Thozhilarang 2K22. Nidhin (District Skill Coordinator, Kasaragod) gave instructions to the volunteers. The duties were assigned to 100 volunteers and they were divided into groups for registration, employees management, help desk, food etc.



18/03/2022

TRAINING PROGRAMME FOR THOZHILARANG 2K22

NSS Units 02 & 03 of Government College Kasaragod conducted a training programme about "Thozhilarang 2K22". Nidhin (District Skill Coordinator, Kasaragod) gave instructions to the volunteers. It was the second training session. NCC cadets also participated in the training session. Through this session the volunteers understand their duties more clearly.



Name and Signature of the Principal
Dr. Ananthapadmanabha.A.L
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After the session the volunteers did preparations for the next day's work by arranging benches and pasting the posters with directions.

19/03/2022

THOZHILARANG MEGA THOZHIL MELA

NSS Units 02 & 03 of Government College Kasaragod organised THOZHILARANG MEGA THOZHIL MELA conducted by Kerala Academy for Skill Excellence, District Administration, District Planning Office, Jilla Naipunya Samithi in association with SANKALP PADHATHI 2022. Sri. Ahammed Devarkovil (Minister for Ports, Museums and Archaeology) inaugurated the programme. Sri. N A Nellikunnu (MLA, Kasaragod) took the presidential address. District Collector Smt. Bhandari Swagat Ranveerchand I.A.S spoke about this & District Panchayat President Sri. P B Balakrishnan took the keynote address. Over 3400 job vacancies were from 60 companies.

20/03/2022

PARTICIPATED IN YOUTH PARLIAMENT

NSS Units 02 & 03 of Government College Kasaragod. participated in District Level Neighborhood Youth Parliament organised by Nehru Yuva Kendra, Kasaragod. N A Nellikunnu (MLA, Kasaragod) inaugurated the function which was held at the Municipal Town Hall. District Panchayat President Baby Balakrishnan presided over the function. Chief Judicial Magistrate K G Unnikrishnan was the chief guest. Kanhangad DYSP Dr. V. Balakrishnan delivered the keynote address. Block Panchayat member Sukumaran Kudrepadi, Municipal Councilor Siddique Chakra, NSS Programme Officer S. Divya (GPMGCM) , NYK District Coordinator Akhil P welcomed the gathering and T M Annamma did the vote of thanks.



Name and Signature of the Principal
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21/03/2022

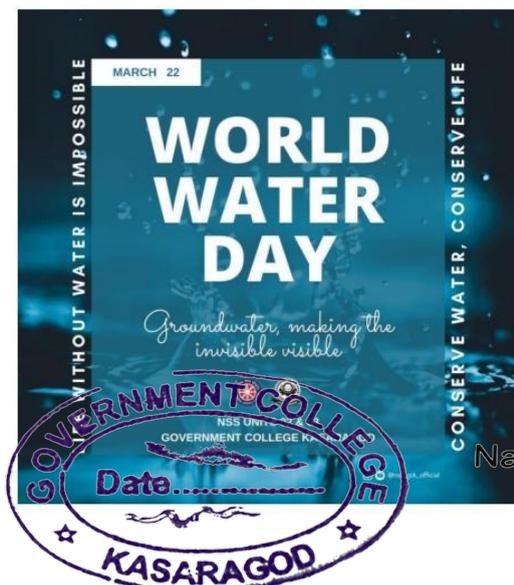
PARTICIPATED IN AIIMS RALLY

NSS Units 02 & 03 of Government College Kasaragod participated in the AIIMS rally at Collectorate Kasaragod. The rally started from the college front to the Collectorate.

23/03/2022 - 27/03/2022

KANNUR UNIVERSITY UNION KALOLTSAVAM

NSS Units 02 & 03 of Government College Kasaragod performed as volunteers in University Union Kalolsavam which was held at Government College Kasaragod. The Volunteers were part of various committees like programme, food, accomodation, trophy and certificates, etc and the drinking water committee was formed and functioned under the leadership of the NSS. The volunteers worked 24 hours. The sincere efforts of the volunteers made the Kaloltsavam a great success and became a golden feather in the history of our college. The volunteers were appreciated by the officials.



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30/03/2022

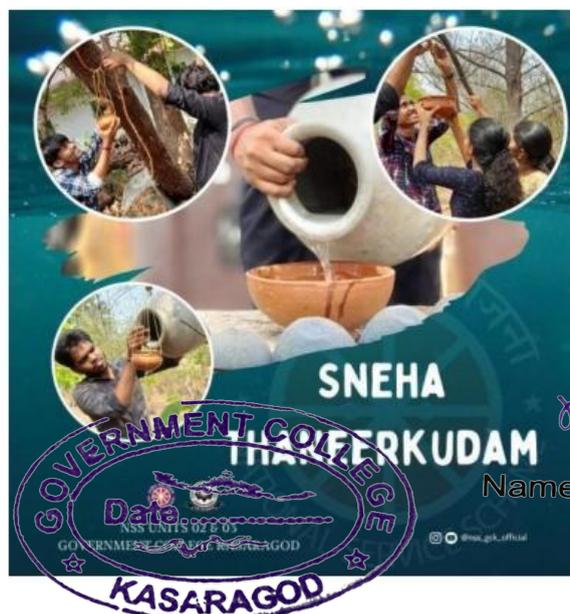
ORIENTATION CLASS CONDUCTED

NSS Units 02 & 03 of Government College Kasaragod conducted a central university entrance exam orientation class for the final year graduation students of Government College Kasaragod. The class was handled by Dr. Ahamed Kabeer M (Asst. Professor LBS College of Engineering, Kasaragod). The class was very helpful to the students and the students got a clear idea about the entrance examination.

31/03/2022

SNEHA THANNEERKUDAM

NSS Units 02 & 03 of Government College Kasaragod conducted a programme named “sneha thanneerkudam”. The volunteers placed pots with water in different corners of the campus for the thirsty birds.



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Name and Signature of the Principal
Dr. Ananthapadmanabha.A.L

**PRINCIPAL
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KASARAGOD**

APRIL 2022

01/04/2022

SNEHA THANEERKUDAM

NSS Units 02 & 03 of Government College Kasaragod conducted sneha thaneerkudam programme at their homes. The volunteers placed a pot with water in their homes for the thirsty birds.



08/04/2022

08/04/2022

SNEHA THANNEERKUDAM NSS

Units 02 & 03 of Government College Kasaragod filled water in the pot which was placed in every corner of the campus for the thirsty birds. It helped the birds to quench their thirst in this summer season.



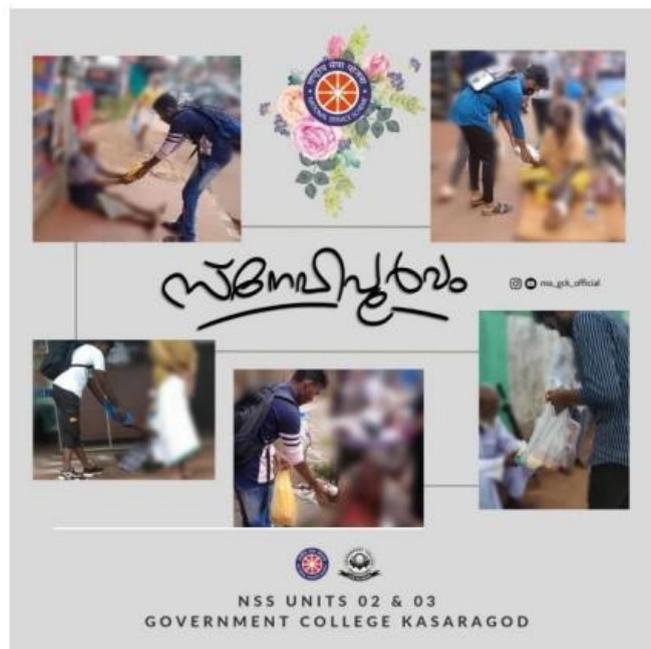
Name and Signature of the Principal
Dr. Ananthapadmanabha.A.L



14/04/2022

FOOD DISTRIBUTED

In association with "Snehapoorvam " programme which was conducted every month, NSS units 02 & 03 of Government College Kasaragod distributed food for the needies. The NSS volunteers wrapped up the delicious and ordinary home-made food and delivered packages from each home as best they could and distributed them to the poor, the Hungry and the homeless. The packages were distributed at Kasaragod Bus Stand, Railway Station and other nearby places.



15/04/2022

SNEHA THANNEERKUDAM

NSS Units 02 & 03 of Government College Kasaragod filled water in the pot which was placed in every corner of the campus for the thirsty birds. It helped the birds to quench their thirst in this summer season

22/04/2022

SNEHA THANEERKUDAM

NSS Units 02 & 03 of Government College Kasaragod filled water in the pot which was placed in every corner of the campus for the thirsty birds. It helped the birds to quench their thirst in this summer season.



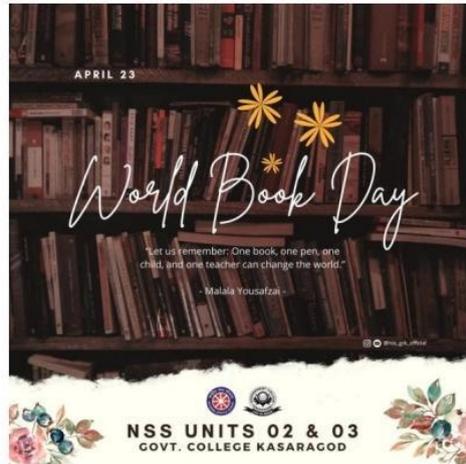
Name and Signature of the Principal
Dr. Ananthapadmanabha.A.L



23/04/2022

WORLD BOOK DAY CELEBRATED

NSS Units 02 & 03 of Government College Kasaragod celebrated world book day by organising a review writing programme. The volunteers wrote the review of books which they liked the most and shared the review with their friends



24/04/2022

PARTICIPATED IN CULTIVATION AT BLIND FEDERATION OFFICE

NSS Units 02 & 03 of Government College Kasaragod participated in a call for volunteers programme which was conducted by fireflies for hope in association with Kerala Federation of the Blind, Kasaragod for making a farm land in front of blind federation office. The first phase was to make the plot ready for the cultivation. About 20 volunteers participated in this programme.

CALL FOR VOLUNTEERS

PHASE I: APRIL 24 | SUNDAY
2PM TO 6PM

Requirements:
Must be willing to work in teams
Must have the ability to do physical work
Must be aged 18 years and above

LOCATION: UDAYAGIRI, KASARAGOD
7907887012

Date.....

fireflies.for.hope | firefliesforhope@gmail.com

GOVERNMENT COLLEGE KASARAGOD

പ്രിയപ്പെട്ടവരേ,

നമ്മൾക്കൊരു കൃഷിയിടം ഒരുക്കാനു കൂടെ നിന്നാലോ?

കാഴ്ച പരിമിതിയുള്ളവരുടെ സംഘടനയായ കേരള ബൈൻഡേർസ് ഓഫ് ദി ഫൈവേൻഡ് ഒരു കൃഷിത്തോട്ടം നിർമ്മിക്കുവാൻ തീരുമാനിച്ചിരിക്കുകയാണ്. കാസറഗോഡ് ഉദയഗിരിയിൽ സ്ഥിതിചെയ്യുന്ന, KFB ഓഫീസിനോട് ചേർന്നുള്ള സ്ഥലമാണ് കൃഷിക്കായി തയ്യാറാക്കാൻ ഉദ്ദേശിക്കുന്നത്. ആദ്യഘട്ട പ്രവർത്തിയായ നിലമൊരുക്കൽ പൂർത്തിയാക്കാൻ ഏകദേശം ഏഴോളം പേരുടെ പരിശ്രമം ആവശ്യമാണ്. 24 ഏപ്രിൽ, ഞായറാഴ്ച വൈകുന്നേരം 3 മണി മുതൽ 6 മണി വരെയാണ് പ്രവർത്തനം.

ഈ ഉദ്യമത്തിൽ കൈകോർക്കാൻ നിങ്ങൾ തയ്യാറാകുന്നുണ്ടെങ്കിൽ താഴെ ചിത്രീകരിച്ചിരിക്കുന്ന ഗൂഗിൾ ഫോം പൂരിപ്പിക്കുക.

Name and Signature of the Principal
Dr. Ananthapadmanabha A.I.

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25/04/2022

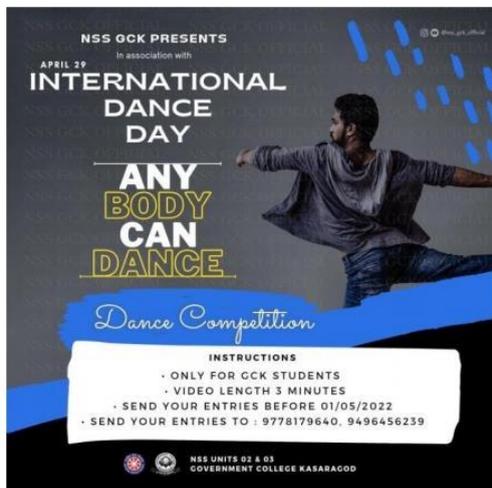
WORLD MALARIA DAY CELEBRATED

NSS Units 02 & 03 of Government College Kasaragod celebrated world malaria day by conducting home cleaning. The volunteers cleaned their home and cleared the areas where the mosquitos spread.

29/04/2022

INTERNATIONAL DANCE DAY CELEBRATED

NSS Units 02 & 03 of Government College Kasaragod celebrated international dance day by organising a dance competition for all GCK students. It helped the students to nurture their talents.



29/04/2022

SNEHA THANNEERKUDAM

NSS Units 02 & 03 of Government College Kasaragod filled water in the pot which was placed in every corner of the campus for the thirsty birds. It helped the birds to quench their thirst in this summer season.



Name and Signature of the Principal
Dr. Ananthapadmanabha.A.L



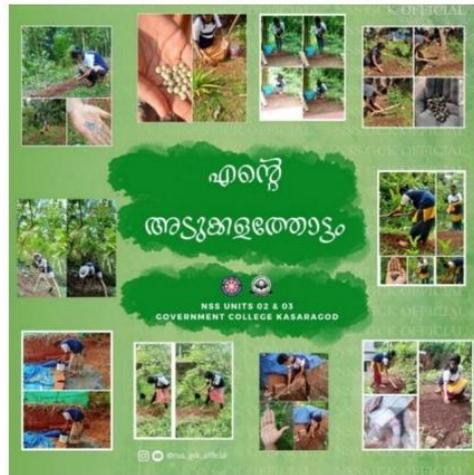
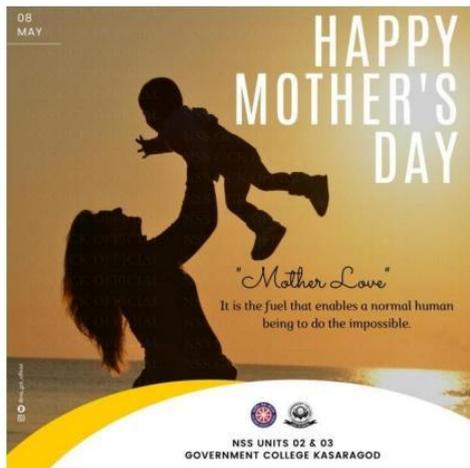
PRINCIPAL
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KASARAGOD

MAY 2022

08/05/2022

ENDE ADUKKALATHOTTAM

NSS Units 02 & 03 of Government College Kasaragod conducted the Ende Adukkalathottam programme. The volunteers made a kitchen garden at their homes and shared a photo of it.



08/05/2022

VISITED MAHILA MANDIR

NSS Units 02 & 03 of Government College Kasaragod celebrated Mother's day by visiting Mahila Mandir at Paravanadukkam. The programme started at 10 am and it lasted for one hour. The volunteers shared their talents and entertained them and distributed sweets for the inmates. Programmes like games, singing songs, and dancing were conducted. They were so happy and expressed their joy. It was a big relaxation to the inmates who had to experience loneliness during the pandemic period. Almost 25 volunteers participated. It was a new experience for our volunteers they enjoyed a lot.

15/05/2022 - 21/05/2022

PARTICIPATED IN NATIONAL INTEGRATION CAMP

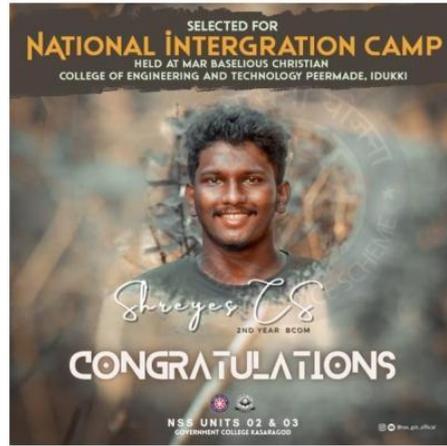
A volunteer from NSS Units 02 & 03 of Government College Kasaragod participated in National Integration Camp held at mar Baselios College of Engineering and Technology, Peermade, Idukki. 210 volunteers from nine states participated in this camp. Cultural programme was marvellous, every state showcased their traditional culture and culture exchange programme. Trekking & Cleaning and blood donation camp took place. Many orientation classes were held there.



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Name and Signature of the Principal
Dr. Ananthapadmanabha.A.L

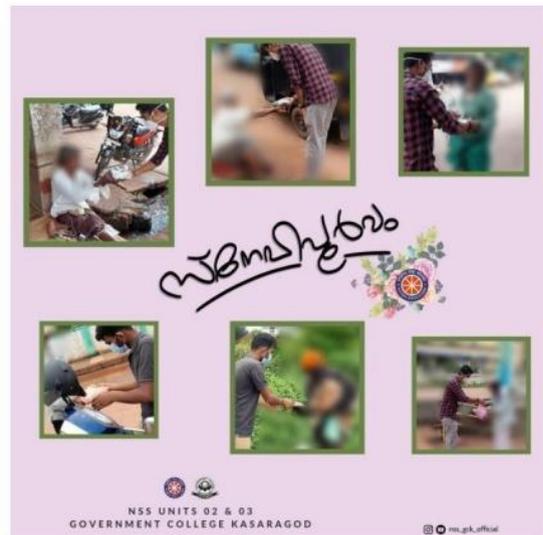
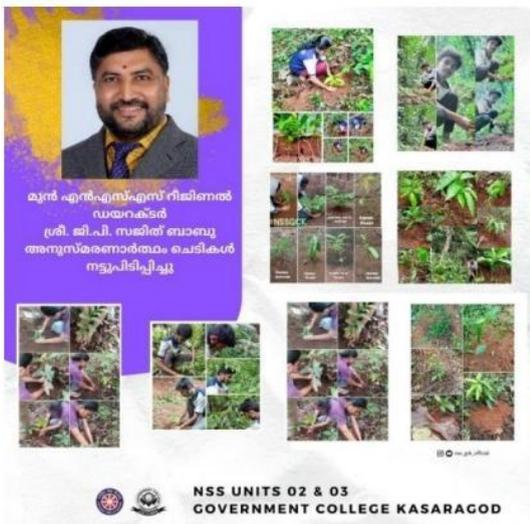




16/05/2022

REMEMBRANCE OF SRI. G. P SAJITH BABU

NSS Units 02 & 03 of Government College Kasaragod planted 500 trees as a part of remembrance of NSS regional director Sri. G. P. Sajith Babu. Every volunteers planted 5 trees at their homes. 5. 17/05/2022 FOOD DISTRIBUTED In association with 'Snehapoorvam' programme which was conducted in every month, NSS units 02 & 03 of Government College Kasaragod distributed food for the needies. The NSS volunteers wrapped up the delicious and ordinary home-made food and delivered packages from each home as best they could and distributed them to the poor, the hungry and the homeless. The packages were distributed at Kasaragod bus stand, railway station and other nearby places.



17/05/2022

SELF DEFENCE CLASS CONDUCTED

NSS Units 02 & 03 of Government College Kasaragod conducted self defence class. District team members Saida, Praseetha and Sajith Name and Signature of the Principal gave a defensive class for the students. District Secretary, D. Ananthapadmanabha A.L.



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**PRINCIPAL
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KASARAGOD**

welcomed the gathering. Volunteer Secretary Athira K thanked them for the event. Fifty volunteers attended the event.



18/05/2022

PARTICIPATED IN DISABILITY ASSESSMENT CAMP

The volunteers from NSS Units 02 & 03 of Government College Kasaragod participated in a disability assessment camp conducted by Kerala Social Security Mission (KSSM). The volunteers were divided into groups for registration, forum filling, food, token etc. The programme was held at Municipal town hall, Kasaragod. The programme started at 9 AM. Through this programme the volunteers got a chance to help the differently abled persons.



19/05/2022



Name and Signature of the Principal
Dr. Ananthapadmanabha.A.L



PARTICIPATED IN DISABILITY ASSESSMENT CAMP

The volunteers from NSS Units 02 & 03 of Government College Kasaragod participated in a disability assessment camp held at Government Higher Secondary School Mangalpady.

20/05/2022

PARTICIPATED IN DISABILITY ASSESSMENT CAMP

The volunteers from NSS Units 02 & 03 of Government College Kasaragod participated in a disability assessment camp which was held at Government Higher Secondary School Hosdurg.

21/05/2022

PARTICIPATED IN DISABILITY ASSESSMENT CAMP

The volunteers from NSS Units 02 & 03 of Government College Kasaragod participated in a disability assessment camp held at G L P S Perol, Neeleshwaram.



27/05/2022

TWENTIETH DAY OF ENDE ADUKKALATHOTTAM

NSS Units 02 & 03 of Government College Kasaragod celebrated the twentieth day of the Ende Adukkalathottam programme.



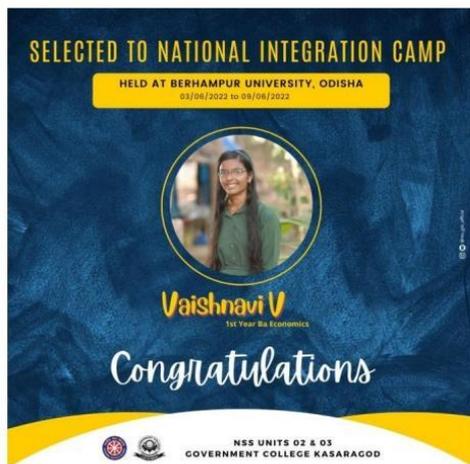
Name and Signature of the Principal
Dr. Ananthapadmanabha A.L

PRINCIPAL
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KASARAGOD

28/05/2022

CAMPUS CLEANING CONDUCTED

NSS Units 02 & 03 of Government College Kasaragod conducted campus cleaning. The volunteers were divided into five groups and cleaned the fruit and herbal garden, front side of the college, college ground, open auditorium, and the surroundings of the canteen and library. Almost 75 volunteers participated in this programme. After that the volunteers expressed their cultural talents. This session helped the volunteers to relax. The volunteers were divided into ten groups and they were instructed to make paper pens. The group which made the paper pen beautifully with perfection won the first prize in the paper pen making competition. The volunteers got an idea about how to make paper pens and the importance of using paper pens other than plastic pens.



30/05/2022

UDID REGISTRATION DRIVE DAY 1

NSS Units 02 & 03 of Government College Kasaragod participated in UDID registration drive.



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Name and Signature of the Principal
Dr. Ananthapadmanabha A.L.





Activities of the Period of KSWDC Women Cell Unit

College Women Cell has organised two sessions of Gender Sensitization Campaign on the topic, 'Gender Relations and Gender and Law' for the students in association with District Women and Child Development Office Kasaragod, Mahila Sakthi Kendra Kasaragod and ICDS Project Kasaragod on 16 July, 2021.

Major activities of the period are detailed below:

Banner and Complaint Box

Women Cell has designed a permanent Banner for the college unit and has installed a Complaint Box in the campus.

Inauguration and the Inaugural Talk on Gender awareness.

The Women Cell unit of the college has been inaugurated by Ms. Shimna V. S., District Women and Child Development Officer, Kasaragod.

The activities for the year began on the same day with the inaugural talk by Dr Zahira Rahman on 'Why Harp on Gender in the 21st Century'.



Online Programmes

3 February, 2022

Online session on 'Healthy Relationship and Relationship violence among Youths'

Presented by Thaniya K. Leela (Consultant Psychologist and Certified ECD Trainer) 44 students joined the session which is followed by a fruitful discussion.



Name and Signature of the Principal
Dr. Ananthapadmanabha.A.I.



7 February, 2022.

Online session on ‘Career Guidance and Career Counselling’

Presented by Mr Prijith P. K. (Career Counselling Expert). Over 44 students joined the session which is followed by a fruitful discussion.

Offline Programmes

Organised a Week-long Programme in relation with International Women’s Day celebration.

28 Feb. 2022.

Meet your Feathered Friends- Nature Walk and Bird Watching

The event was led by Mr Raju Kidoor and Ms Thrinisha T. V., eminent bird watchers. In the programme coordinated by Dr Ashalatha C. K., over sixty students attended the session



02 March, 2022.

Be Creative- Creative- Writing Competition for students

Inaugurated by Dr Hari Kurup K. K., Principal- in- charge, Dr Zahira Rahman, the eminent author and teacher gave a talk on ‘Women and Burst of Myths in the Twenty First Century’. In the programme coordinated by Dr Rohini K. Potti, about 40 students expressed their creativity. The winners were given prizes and the creative products compiled together in the form of Manuscript Magazine.



Name and Signature of the Principal
Dr. Ananthapadmanabha.A.L





03 March, 2022.

Fund raising Programme for community intervention

Jimikki Chaya Peedya- Eat for a Cause

Inaugurated by Dr Hari Kurup K. K, Principal- in- charge and the income from the venture, a tea stall of home-made eatables and soft drinks in the campus, has been utilised for gardening in the nearby Govt. School for the Blind, Vidyanagar. The programme was coordinated by Viji K., KeerthiMohan and Zainabath Raihana.



**GOVT. COLLEGE KASARAGOD
KSWDC- WOMEN CELL**

SPONSORED BY
THE KERALA STATE WOMEN'S DEVELOPMENT CORPORATION LTD.



NB: കടം പറയരുത് 🙏

On : 3/03/2022

Time : 11.00 am

Venue: Near Villakkintadi



You're Invited!



**Dr.Hari kurup K.K
(Principal-in- charge)
Dr.Sujatha A.V
(Women cell teacher -in-charge)
Viji K and Keerthi Mohan
(Teacher Coordinator(s))
Zainabath Raihana
(Student Coordinator)**

Name and Signature of the Principal
Dr.Ananthapadmanabha.A.L



**PRINCIPAL
GOVERNMENT COLLEGE
KASARAGOD**



Name and Signature of the Principal
Dr. Ananthapadmanabha.A.L

**PRINCIPAL
GOVERNMENT COLLEGE
KASARAGOD**



Day 4

04 March 2022. A session on Motivation

Colouring the Dreams- The Painters Workshop

Inaugurated by Dr Hari Kurup K. K., Principal- in- charge and the event was led by Dr Bhagyalaxmi P., the eminent painter and author. The paintings done by the participants are intended to exhibit on International Women’s Day. In the programme coordinated by Dr Sujatha A. V., more than thirty students coloured their dreams onto the canvas.

181 MITHRA
WOMEN BEALING

GOVT. COLLEGE KASARAGOD
KSWDC- WOMEN CELL
SPONSORED BY
THE KERALA STATE WOMEN DEVELOPMENT CORPORATION LTD.

WOMEN'S DAY CELEBRATIONS- DAY 4
GENDER EQUALITY TODAY FOR A SUSTAINABLE TOMORROW

‘COLOURING THE DREAMS’
THE PAINTERS WORKSHOP

RESOURCE PERSONS -

DR P.K.BHAGYALAKSHMI
AUTHOR, ARTIST

DR ZAHIRA RAHMAN
TEACHER, ARTIST

4th March 2022, 10.30am | **VENUE- COLLEGE AUDITORIUM**

All are invited!!

DR HARI KURUP K. K.
TEACHER- IN- CHARGE

DR SUJATHA A V
TEACHER- IN- CHARGE,
WOMEN CELL

AZMINA & HUDA
STUDENT CO-ORDINATORS

Date.....

Name and Signature of the Principal
Dr. Ananthapadmanabha. A. L.

GOVERNMENT COLLEGE KASARAGOD

PRINCIPAL GOVERNMENT COLLEGE KASARAGOD



07 March, 2022. A day for Community Intervention Programme

Blooming Gardens- Let's Garden for Our Friends

The income collected from Jimikki Chayapeedya, the women entrepreneurship on Women has been utilised at Govt. School for the Blind, Vidyanagar

In the programme coordinated by Dr Rohini K. Potti, almost seventy girl students participated and around a hundred garden pots were arranged in the courtyard of the school.

The programme attracted wide popularity that print media, social media as well as All India Radio reported the event with loud applause.

കേരള കാമുദി
Epaper SINCE 1911 06 Mar 2022

അന്യ വിദ്യാലയത്തിന് പൂന്തോട്ടം ഒരുക്കാൻ ജിമിക്കി ചായപീടിക

വിദ്യാനഗർ: കോളേജ് കമ്പസിൽ അപ്രതീക്ഷിതമായി രൂപപ്പെട്ട 'ജിമിക്കി ചായ പീടിക' പേരിലെ കൗതുകത്തോടൊപ്പം തന്നെ നിമിഷങ്ങൾക്കകം ഹൈലായി. ചിക്കൻ റോൾ, കായ് അട, സമുദ്ര ഉണ്ണിയപ്പം പഴം പൊരി, കേസരി തുടങ്ങി നാവിൽ കൊതിയുന്ന ഇരുപതോളം ചുട്ട വിടവങ്ങൾ ടേബിളിൽ നിന്നെപ്പോൾ വിദ്യാർത്ഥികളും അദ്ധ്യാപകരും കോളേജ് സ്റ്റാഫുകളും 'ജിമിക്കി' അനേകിപ്പിച്ചു. ഇതോടെ അര രണ്ടിനുള്ളിൽ കടകാലിയായി.

കാസർഗോട് ഗവ കോളേജിലാണ് വിമൻ ട്രസ്റ്റ് നേതൃത്വത്തിൽ ചായപ്പം, വത്തക്ക ജ്യൂസുകളുള്ള പാനീയങ്ങളും ലഘു പലഹാരങ്ങളുമാക്കി ചായക്കട പൊടിപ്പാടിപ്പിട്ടത്.

ഫെബ്രുവരി 28 മുതൽ മാർച്ച് 8 വരെയായി കോളേജിൽ നടക്കുന്ന വിമൻസ് ട്രസ്റ്റ് പരിപാടി യുടെ ഭാഗമായാണ് പൊടിപ്പിട്ട് കട അവരവരുടെ വീടുകളിൽ വിതരണമായി സെവിഡ്യൂക്കി ന്ന പീടികകൾ ഉണ്ടായി. ഇതിൽ അനേകം പേർ പങ്കെടുത്തു. പൂർണ്ണ പരിമിതർ പങ്കെടുത്തു. കോളേജ് അന്യ വിദ്യാലയത്തിന് പൂന്തോട്ടം ആവിഷ്കരിച്ചു. കോളേജ് അദ്ധ്യാപകർ, വിദ്യാർത്ഥികൾ, സെനിയർ സിസ്റ്റർമാർ, വിദ്യാലയത്തിൽ പങ്കെടുത്തു. കോളേജ് അദ്ധ്യാപകർ, വിദ്യാർത്ഥികൾ, സെനിയർ സിസ്റ്റർമാർ, വിദ്യാലയത്തിൽ പങ്കെടുത്തു.



Name and Signature of the Principal
Dr. Ananthapadmanabha.A.L





08 March, 2022

International Women’s Day Celebration in association with District Youth Welfare Board, Kasaragod

Inaugurated by Mr. NA Nellikunnu, respected MLA of Kasaragod in the function chaired by Dr Hari Kurup K. K., Principal- in- charge.

A seminar on the topic, ‘Women Community and Seventy Five Years of Independence’ has been organised as part of the event. Dr Nishy George, Lecturer, Sree Sankaracharya Sanskrit University, Payyannur Centre presented the subject.

The Manuscript Magazine named 'The Woman' has been released on occasion

An exhibition of the paintings done by the students in the Name and Signature of the Principal 04
March 2022 has been organised on the day. Dr. Ananthapadmanabha A.L





09 March 2022. Social Engagement Programme

Two women employees of the college have attended the One- day Awareness Programme on Women Security and Laws organised by ICDS, Kasaragod.

10 March 2022. Social Engagement Programme

Women Cell associated with Kudumbasree Kasaragod District to stage ‘Sthree Paksha Nava Keralam Kalaa Jaadha’ in the campus.

31 March 2022. A session for the promotion of 181 (KSWDC helpline no.)

Poster Designing Competition for students

Poster Design Competition for students for the promotion of KSWDC helpline number 181. The winners were given attractive prizes.



The annual programmes of women Cell for the year 2021-22 has been concluded with the event.



[Signature]
Name and Signature of the Principal
Dr. Ananthapadmanabha. A. L.

